



Hunts AC Happenings

July 2026 (Edition 276)

Parkruns, 16 May 2026

Bug Hunter Waters
27th Moses Smith 22:36
Coldham's Common
1st Christopher Smith 16:56
44th Arseniy Suvorov 21:42
Frank's Farm
1st Joshua Ansell 17:05 (PB by 19 secs)
4th Ty Farrer 18:29
5th Sean Barker 18:57 (PB by 31 secs)
8th Steven Church 19:47 (PB by 19 secs)
23rd Finley Calder 21:28 PB
26th Gemma Bedford 21:33 (PB by 33 secs)
55th Bruce Grimley 24:10
82nd Pauline Stocker 26:55 (PB by 25 secs)
115th Diane Bunch 30:32 (PB by 85 secs)
Volunteers
Bruce Grimley - Pre-event Setup
Gair Matthews - Marshal
James Orrell - Barcode Scanner
Joshua Ansell - Barcode Scanner
Steph Ward - Run Director
Ty Farrer - Pre-event Setup, Funnel Manager, Event Day Course Check
Huntingdon
30th Isabelle Hilton 23:22
35th Harrison Evans 23:56
42 Hayden Waller 24:37
Leicester Victoria
1st David Hudson 16:26
Manor Fields
5th Bentley Anthony 20:52
Milton Country
3rd Tom Oliver 18:10
26th Matthew Hiscock 21:26
Tokoinranta
48th Dominic Meagher 25:59

Loughborough International, 17 May 2026

A great win for Brandon in this year's Loughborough International Para 1500m race. Brandon went to the front after 500m and stayed there to finish in a season's best, 4.04.85. Tom Waterworth also ran at this meeting. He ran a 400m in 49.47 and followed that with a leg in a mixed 4x400m relay representing Loughborough University.

Deeping 10k, 17 May 2026

Great running - windy for 10km.
Junior 3km: 2nd Jake Henson 10:29; 3rd Max Beckett 11:28 (1st under 12); 8th Arlo Stone 11:46 (1st 8/9-year-old and 2nd under 12); 16th Georgie Henson 12:57 (3rd female)
10km
4th Natty Clifford 35:13 1st under 18
8th Kendall Adam 36:18 2nd under 18
11th Jack Bone 36:48 1st under 16
TEAM Silver (1 point from gold)!

Cambs County Open Meet, St Ives, 20 May 2026

County 3000m Championships
Amelia Darnell SW GOLD
Jack Bone U16B GOLD
Lewis Cummins U18M GOLD
George Connell U18M SILVER
Steph Ward SW BRONZE
Rupert Allen U18M BRONZE

75m R1
1 Jack Slater U12B 11.12 -1.8 PB, beating 11.2
6 George Jenner U12B 12.05 PB, beating 13.3
75m R2
3 Alexa Brooks U12G 12.14 PB, beating 12.6
100m R1
1 Liam Morris U18M 12.09 - 1.7 PB by 0.12
2 Samuel Woodhall U18M 12.11 PB by 0.07
100m R2
1 Max Carmichael U14B 13.40 -1.8 PB, beating 13.8
3 Isabella Smith U16G 14.57
100m R3
2 Reble Baxendale U14B 14.26
3 Maya Wager U18W 14.44
100m R4
4 Phoebe Huish U14G 14.83
200m R1
3 Samuel Woodhall U18M 24.44
200m R2
2 Max Carmichael U14B 27.88 eq. PB
5 Reble Baxendale U14B 29.24
6 Ellie Newman U14G 32.38 PB, beating 34.5
200m R3
1 Ethan Ward U14B 29.61 -1.4 PB, beating 29.67w
2 Eleanor Stewart U16G 29.84 eq. PB
3 Isabella Smith U16G 30.13 PB by 0.25
4 Maya Wager U18W 30.18
200m R4
1 Phoebe Huish U14G 30.46 - 2.3 PB by 1.02
600m R1
3 George Jenner U12B 1:56.77 PB by 3.73
6 Alexa Brooks U12G 2:03.19

7 Jack Slater U12B 2:06.09
 600m R2
 3 Sebastian Harrison U12B
 2:07.36 PB
 800m R1
 3 Moses Smith U14B 2:16.15
 PB by 5.36
 7 Ethan Ward U14B 2:26.96 PB
 by 6.64
 800m R2
 1 Thomas Burrows U14B
 2:27.52 PB by 7.68
 6 Lucy Hilton U14G 2:45.11
 PB by 7.47
 7 Kavita Patel U14G 2:53.52
 PB by 21.05
 3000m (W)
 3 Amelia Darnell SW 11:03.83
 G PB by 4.38
 8 Izzy Hilton U16G 11:40.14
 PB by 2.46
 11 Steph Ward W45 13:50.46 B
 PB
 3000m (M)
 1 James Orrell SM 9:03.17
 2 Simon Bowman M35 9:25.14
 3 Jack Bone U16B 9:29.28 G
 PB by 59.12
 4 Lewis Cummins U18M
 9:32.69 G PB by 24.32
 7 George Connell U18M
 9:54.17 S PB
 13 Rupert Allen U18M
 12:12.28 B PB by 44.52
 14 Jim Stocker M75 14:01.24
 15 Richard Roberts M70
 14:44.35
 LJ 1
 1 Max Carmichael U14B 4.09
 2 Jack Slater U12B 3.90
 4 Alexa Brooks U12G 3.72 PB
 by 11 cms
 LJ 2
 3 Isabella Smith U16G 4.02
 4 Sophie Bedingfield U16G
 3.89
 SP
 Steve Burke M50 10.10
 Yinka Opaleye M50 8.98
 Thomas Burrows U14B 7.26
 Freya Brunning U16G 6.45 PB
 by 18 cms

Vicky Burke W45 5.72
 Ellie Newman U14G 5.31
 HT
 Steve Burke M50 39.44
 Bob Ellingham M60 36.42
 Eleanor Stewart U16G 33.90

Parkruns, 23 May 2026

Ben's Yard
 2nd Luke Diggs 18:29
 14th Rosie Mead 22:57
 15th Olivia Mead 23:12
 73rd Libby Mead 29:20
 Bug Hunter Waters
 3rd George Connell 18:55
 15th Gemma Bedford 21:26
 Chester
 1st James Orrell 16:56
 Ferry Meadows
 8th Jake Henson 18:22 (PB by
 16 secs; 1st JM11-14; 31st to
 26th in club all-time rankings)
 9th Natty Clifford 18:40
 Franks's Farm
 3rd Moses Smith 18:40 (PB by
 26 secs)
 4th Ty Farrer 18:44
 37th Bruce Grimley 23:39
 41st Ellie Zubrik 24:19
 65th Dominic Meagher 26:14
 74th Pauline Stocker 27:31
 Volunteers
 Bruce Grimley - Pre-event
 Setup
 Dominic Meagher - Pre-event
 Setup
 Gair Matthews - Marshal
 Ty Farrer - First Timers
 Welcome, Event Day Course
 Check
 Huntingdon
 20th Hayden Waller 23:13
 214th Diane Bunch 36:19
 241st Paula Waller 39:40
 242nd Lucy Waller 39:41
 Volunteers
 Sandra Acton - Barcode
 Scanner
 Luton Wardown
 1st David Hudson 16:36
 March
 10th Jason Mumford 21:49
 Milton Country

25th Matthew Hiscock 22:07
 Rutland Water
 7th Bentley Anthony 18:13
 Snowden Field
 4th Finley Calder 21:12
 Woolacombe Dunes
 65th Jake Johnson 28:48

PANVAC Jumps Open, 24 May 2026

HJ: Sophie Bedingfield 1.28
 (PB by 2 cms); Hannah Darwin
 1.28 (PB by 3 cms)
 LJ: Sophie Bedingfield 4.18
 (PB by 6 cms); Hannah Darwin
 3.60 (PB by 10 cms); Bella
 Smith 4.06 (just 3 cms from
 PB)

Watford Open, 27 May 2026

1500m: 1st Iris Purser 4:49.02
 (U14G club record, beating her
 own 4:55.90 2025; 19th U14G
 national rankings)
 1500m: 1st Amelia Darnell
 5:09.45
 1500m: 2nd Noah Scott-Donkin
 3:58.98, 8th Brandon Ballard
 4:00.59

Parkruns, 30 May 2026

Armley
 1st Keelan Duffy 18:24
 Ben's Yard
 1st Luke Diggs 18:35
 Brook Leys
 8th Tom Oliver 17:48
 Frank's Farm
 2nd Joshua Ansell 17:23
 4th Ty Farrer 18:37
 6th Dean Barker 18:57
 7th Steven Church 19:18 (PB by
 29 secs)
 52nd Christopher Parson 23:40
 62nd Ellie Zubrik 24:52
 63rd Shane Hunt 24:55 (PB by
 25 secs)
 65th Bruce Grimley 25:01
 68th Dominic Meagher 25:09
 (PB by 12 secs)
 173rd Lesley Jackson 32:42

Volunteers

Bruce Grimley - Pre-event

Setup

Dominic Meagher - Pre-event

Setup

Joshua Ansell - Barcode

Scanning

Lesley Jackson - Post-event

Close Down

Ty Farrer - Event Day Course

Check, Post-event Close Down

Holkham

1st James Orrell 16:22

Huntingdon

20th Hayden Waller 23:27

188th Sunny Bulchandani 33:09

Manor Field, Whittlesey

23rd Sasha Suvorov 27:45

24th Arseniy Suvorov 27:47

Milton Country

36th Matthew Hiscock 21:48

203rd Chris Davies 29:59

Rutland Water

105th Ellie Ince 24:33

Thornham Walks

38th James Stocker 24:57

Vicar Water Country Park

32nd Finley Calder 24:12

Eastern Counties Champs, Cambridge, 30 May 2026

Five gold medals, 1 silver medal, 6 bronze medals, 11 PBs
TRACK

400m Finals - SM 1 Zachary

Bowes 49.99 PB by 2.01 GOLD

800m Final - U14B 1 Jake

Henson 2:16.18 GOLD Eastern
Counties Championship Record

200m Heats - U14B 4 Reble

Baxendale 28.59 +0.8

1500m Final - U14B 4 Bentley

Anthony 4:44.93 eq. PB

100m Heats - U14B 5 Reble

Baxendale 13.70 +1.1 PB,
beating 13.9

800m Final - U14B 5 Moses

Smith 2:21.39

100m Heats - U14B 7 Max

Carmichael 17.68 +1.5

800m Final - U14G 3 Isobel

Edwards 2:47.35 PB by 6.75

BRONZE

100m Heats - U14G 6 Lily

Talbot 13.95 +1.7 PB by 0.05

800m Final - U14G 6 Kitty

Kelly 2:29.10 PB by 3.89

800m Final - U14G 7 Lucy

Hilton 2:55.33

300m Heats - U16B 1 Jacksen

Hornagold 37.94 PB, beating
38.2

300m Final - U16B 1 Jacksen

Hornagold 37.76 PB by 0.18

GOLD Eastern Counties

Championship Record

300m Heats - U16B 2 James

Coleman 38.5

100m Heats - U16G 3 Simone

Scott 13.42 +0.9

300m Heats - U16G 5 Isabella

Smith 50.78

800m Final - U16G 6 Izzy

Hilton 2:29.34 PB by 5.19

80m Hurdles Heats - U16G 6

Isabella Smith 16.67 -1.0

200m Final - U18M 3 Samuel

Woodhall 23.80 +0.2 eq. PB

BRONZE

200m Final - U18M 5 Harry

Ward 24.83 +0.2

100m Final - U18M 6 Liam

Morris 12.22 +2.1

400m Final - U18M 6 Samuel

Woodhall 53.54

1500m Final - U18W 5 Sophie

Clark 5:24.28

400m Final - U18W 6 Aimee

Hays 1:07.14

400m Finals - U20M 3 Benedict

Scott 50.37 BRONZE

800m Final - U20W 1 Izzie

Newman 2:24.5 GOLD

400m Finals - U20W 1 Izzie

Newman 1:02.51 GOLD

FIELD

Hammer - SW 2 Willow

Bedding 47.37 SILVER

Discus - SW 3 Willow Bedding

29.79 BRONZE

Shot - U18W 3 Anjola Opaleye

9.31 (PB by 4 cms) BRONZE

Long Jump - U16B 4th Chris

Collins 5.41; 7th Jamar Eason
4.77

Triple Jump - U16B 3rd Chris

Collins 10.23 BRONZE; 5th

Jamar Eason 10.01

Long Jump - U14G 12th Kitty

Kelly 4.03

British Masters Throws Pentathlon, Oxford, 30 May 2026

M50 MEN

Steve Burke

Hammer 39.85m 6kg SB

Shot 9.45m 6kg

Discus 33.27m 1.5kg SB

Javelin 30.71m 700g

Weight throw 12.37m 11.33kg

OVERALL SCORE 2667 (4th)

M60 MEN

Bob Ellingham

Hammer 36.87m 5kg

Shot 8.70m 5kg

Discus 30.51m 1kg

Javelin 19.49m 600g

Weight throw 12.58m 9kg SB

OVERALL SCORE 2424 (5th)

East Anglian League, Peterborough, 31 May 2026

Our Senior Men are now two
for two in team victories.

Four club records set.

- Chris de Stefano ran the 100m
in 11.8 to break the M40 club
records set by Peter Fuller 11.9
1987.

- Derek Darnell ran the 3000m
in 12:16.8 to break the M65
club record set by Jim Stocker
12:28.7 2018.

- Chloe Flynn ran the 600m in
1:56.2 to break the U12G 600m
record of Lexi Flockhart 1:56.7
2016.

- Chris Parson ran 400m in 56.4
to break his own M45 club
record of 57.3 set earlier this
year.

Under 14 Girls

100m A 3rd Lily Talbot 14.6
100m B 4th Theia Parson 14.7
200m A 2nd Phoebe Huish 30.3
PB
200m B 3rd Theia Parson 30.9
PB
800m A 5th Iris McCluskey
2:49.9 PB by 8.4
1500m A 3rd Kavita Patel 5:46.8
PB by 3.1
1500m B 2nd Ellie Newman
5:52.7
75mH A 3rd Theia Parson 13.3
PB, beating 13.97
75mH B 3rd Ellie Newman 18.3
PB by 0.8
LJ A 2nd Kitty Kelly 4.27 PB by
11 cms
LJ B 1st Emily Crisford 4.11 PB
JT A 1st Ellie Newman 15.82
4x100m 3rd Hunts 58.4
Team 3rd 81 points

Under 16 Girls

100m A 4th Caden Engelbrecht
14.5
200m A 3rd Eleanor Stewart
29.8 PB
200m B 4th Caden Engelbrecht
31.6 PB
300m A 3rd Izzy Hilton 47.4 PB
by 1.04
300m B 3rd Caden Engelbrecht
50.3
800m A 1st Izzy Hilton 2:25.7
PB by 3.64
800m B 3rd Hannah Darwin
2:47.4
1500m A 4th Ellie Zubrik 5:48.4
HJ A 2nd Sophie Bedingfield
1.35 PB by 7 cms
HJ B 2nd Hannah Darwin 1.30
PB by 2 cms
LJ A 2nd Sophie Bedingfield
4.27 PB by 15 cms
SP A 4th Freya Brunning 6.28
DT A 4th Freya Brunning 16.69
PB
HT A 1st Eleanor Stewart 38.30
PB by 2.78; 24th U14G National
Rankings

JT A 2nd Eleanor Stewart 25.98
Team 3rd 94 points

Under 18 Women

200m A 2nd Jess Waterworth
29.9
400m A 1st Rebecca Smith 66.1
800m A 1st Freya Harris 2:36.2
SP A 1st Anjola Opaleye 9.45
PB by 14 cms
Team 3rd 30 points

Senior Women

100m A 4th Faye Young 15.6
100m B 2nd Vicky Burke 20.0
200m A 3rd Faye Young 35.5
200m B 2nd Vicky Burke 42.4
400m A 2nd Faye Young 1:41.0
400m B 1st Willow Bedding
1:41.3 PB
3000m 4th Faye Young 17:29.2
PB
100mH A 3rd Faye Young 19.6
HJ A 4th Faye Young 1.10
LJ A 4th Jo Abel 3.71
LJ B 4th Vicky Burke 2.35
TJ A 2nd Jo Abel 7.81
SP A 6th Vicky Burke 5.62
SP B 6th Sandra Acton 3.15
DT A 2nd Willow Bedding
27.31
DT B 3rd Alison Stewart 14.79
HT A 1st Willow Bedding 47.49
JT A 7th Vicky Burke 8.06
JT B 4th Sandra Acton 4.98
4x100m 4th Hunts 70.8
Team 2nd 111 points

Under 14 Boys

100m A 3rd Reble Baxendale
13.9 PB
100m B 3rd Thomas Burrows
14.5 PB by 0.1
200m A 2nd Tobechei Mokah
29.9 PB by 0.8
800m A 2nd Moses Smith 2:20.3
800m B 2nd Thomas Burrows
2:30.4
1500m A 3rd Oscar Clarke
5:15.0 PB
80mH A 2nd Benjamin Botha
16.9 PB

HJ A 1st Moses Smith 1.30 eq.
PB
HJ B 1st Tobechei Mokah 1.10
LJ A 5th Benjamin Botha 3.30
PB
SP A 3rd Thomas Burrows 7.82
SP B 1st Tobechei Mokah 6.89
PB by 12 cms
Team 2nd 79.5 points

Under 16 Boys

100m A 4th David Orekoya 13.7
PB by 0.3
100m B 3rd William Lloyd-
Harvey 12.8 eq. PB
200m A 4th David Orekoya 28.2
PB by 0.6
300m A 2nd Jamar Eason 44.1
800m A 1st Louis Spalding
2:16.6
1500m A 1st Jack Bone 4:27.0
LJ A 2nd Jamar Eason 4.62
SP A 3rd Mark Lawson-Watkins
6.17 PB by 8 cms
DT A 4th Mark Lawson-
Watkins 18.73 PB by 55 cms
HT A 3rd Mark Lawson-
Watkins 13.88
JT A 2nd Noah Austin 32.57
Team 4th 73 points

Under 18 Men

100m 4th Zack Rodriquez 11.9
PB by 0.8
100m B 2nd Kaihann
Abdulkader 12.8 PB by 0.4
200m A 4th Kaihann
Abdulkader 25.9 PB by 0.4
800m A 1st Lewis Cummins
1:58.5 PB by 1.6
3000m A 2nd Rupert Allen
12:10.6 PB by 2.2
LJ A 2nd Zack Rodriquez 4.63
Team 2nd 39 points

Senior Men

100m A 3rd Chris de Stefano
11.8 M40 Club Record
100m B 2nd Lebo Magdala 14.0
200m A 2nd Zachary Bowes
22.6

200m B 2nd Chris de Stefano 24.4
 400m A 1st Kendall Adam 53.4
 400m B 2nd Chris Parson 56.4
 M45 Club Record
 800m A 3rd Chris Parson 2:11.1
 800m B 2nd Daniel Ryder 2:30.6
 3000m A 3rd Simon Bowman 9:34.4
 3000m B 3rd Richard Zubrik 10:47.5 PB
 HJ A 3rd Yinka Opaleye 1.35
 HJ B 1st Philip Bowers 1.35
 LJ A 4th Philip Bowers 4.54
 LJ B 2nd Yinka Opaleye 4.03
 TJ A 1st Yinka Opaleye 9.03
 SP A 4th Toby Carroll 9.53
 SP B 2nd Steve Burke 9.09
 DT A 2nd Toby Carroll 33.42
 PB by 1.38
 DT B 1st Steve Burke 28.36
 HT A 3rd Toby Carroll 30.15
 JT A 4th Steve Burke 30.32
 JT B 2nd Yinka Opaleye 25.32
 PB by 1.25
 Team 1st 146 points

Non-scoring

HT SM Steve Burke 35.65
 3000 SM Derek Darnell 12:16.8
 M65 Club Record
 200 SM Lebokang Magdala 31.5
 3000 SM Richard Roberts 15:15.2
 DT SW Sandra Acton 9.99
 SP U14B Moses Smith 6.40
 800 U14B Benjamin Botha 2:54.0 PB
 75H U14G Amylia Botha 16.1 PB
 100 U14G Phoebe Huish 14.6 PB
 LJ U14G Amylia Botha 3.25 PB
 1500 U14G Amylia Botha 6:22.9 PB
 100 U14G Emily Crisford 14.7 PB, beating 15.23
 200 U14G Emily Crisford 31.5
 200 U14G Iris McCluskey 33.0 PB

300 U16G Hannah Darwin 51.9 PB by 1.5
 800 U18M Daniel Brook 1:57.6 PB by 3.58
 400 U18W Freya Harris 66.7 PB by 0.2

Under 12s

75m
 George Jenner 12.1
 William Davidson 12.3 PB
 Sebastian Harrison 12.8 PB
 Georgie Henson 12.2 eq. PB
 Chloe Risley-Settle 13.9 PB
 600m
 Chloe Flynn 1:56.2 U12G Club Record
 Grace Kilsby 2:07.3
 Chloe Risley-Settle 2:24.8 PB by 5.9
 William Davidson 2:02.0 PB by 3.2
 Sebastian Harrison 2:06.0 PB by 1.36
 George Jenner 2:07.2
 LJ
 Jack Slater 3.84
 Nikalus Botha 2.98
 Georgie Henson 3.19 PB by 3 cms
 SP
 Jack Slater 6.60 PB by 53 cms
 Nikalus Botha 5.09 PB
 Chloe Risley-Settle 3.52 PB

Thanks to:

Field Judges
 - Charlotte Bruce
 - Quinton Carroll
 - Jo Abel
 - Sarah Newman
 - Uju Mokah
 - Terry Bedding
 - Steve Burke
 - Toby Carroll
 Helpers
 - Yinka Opaleye
 - Simon Newman
 Timekeepers
 - Moji Opaleye
 - Rachel Waterworth
 Track Judges

- Sandra Action
 - Sandra Pedley
 - Carol Darnell

5M TT, 4 Jun 2026

1st Alan Burgin 58:06 (47:03)
 2nd Chris Davies 58:07 (43:07)
 3rd Sam Speariett 59:20 (34:19)
 4th Ben Nash 59:22 (38:40)
 5th Joe Kerins 59:44 (39:44)
 6th Kate Abdee 59:49 (42:18)
 PB by 11 secs; 33rd eq. to 33rd in all-time rankings.
 7th Bruce Grimley 59:52 (40:42)
 8th Ty Farrer 60:17 (31:23)
 Actual times in brackets

Loughborough PB Classic, 6 Jun 2026

Club records by Jake Henson and Iris Purser

800m – 2nd Daniel Brook 1:57.84; 5th Lewis Cummins 1:58.52 eq. PB
 800m – 8th Charlie Irons 2:06.65
 800m – 2nd Jake Henson 2:13.87 U14B Club Record, beating his own 2:14.23 2026; 39th U14B National Rankings)
 800m – 4th Izzie Newman 2:21.06 (PB by 2.64)
 800m – 7th Becca Smith 2:33.83
 1500m – 8th Noah Scott-Donkin 3:59.10
 1500m – 8th Jack Bone 4:21.38 (PB by 4.09)
 1500m – 4th Bentley Anthony 4:38.20 (PB by 6.53)
 1500m – 6th Iris Purser 4:47.63 U14G Club Record, beating her own 4:49.02 2026; 21st U14G National Rankings)

Parkruns, 6 Jun 2026

Boston
 23rd Arseniy Suvorov 23:59
 Brook Leys
 95th Ellie Zubrik 23:00
 Ferry Meadows
 108th Finley Calder 24:53

Frank's Farm
 2nd Ty Farrer 18:28
 18th Gemma Bedford 21:02
 (PB by 72 secs; 1st W40)
 29th Ieva Klavina 21:50 (PB by
 44 secs; 1st W45)
 58th Gair Matthews 25:03 (PB
 by 24:19)
 61st Bruce Grimley 25:24
 63rd Chris Davies 25:28
 65th Steph Ward 25:56
 154th Lesley Jackson 32:52
 Volunteers
 Bruce Grimley - Pre-event
 Setup
 James Stocker - Pre-event Setup
 Lesley Jackson - First Timers
 Briefing
 Steph Ward - Volunteer
 Coordinator
 Ty Farrer - Barcode Scanning,
 Event Day Course Check
 Huntingdon
 1st James Orrell 17:45
 176th Diane Bunch 37:30
 King's Lynn
 5th Tom Oliver 18:14
 Milton Country
 25th Matthew Hiscock 22:51
 Newton
 1st Christopher Smith 17:07
 Rutland Water
 139th Ellie Ince 27:08
 Woodhouse Moor
 42nd Keelan Duffy 20:17
 Manor Field, Whittlesey
 20th Parker Anthony 26:17

Jubilee Junior Parkrun,
7 Jun 2026

1st Oscar Clarke 7:29 (ran 7:21
 last month which places him
 12th on the club all-time
 rankings)

Peterborough Green Wheel
Relay, 7 Jun 2026

Hunts Warriors Team
 Windy, warm and undulating
 terrain. Four juniors from
 Denise's training group ran,
 along with Matthew Bone,

David Johnson and Luke
 Clifford.
 Natty Clifford (U18B) was 1st
 leg 8.8 miles and was 4th fastest
 on his leg with 50:35 (5:45 per
 mile).
 Jake Johnson (U16B) was 2nd
 leg 16th overall in 34:32 (4.2
 miles)
 Jack Bone (U16B) was on the
 5th leg the FASTEST runner on
 that leg overall with a time of
 29:17 over the 4.7-mile course
 Ethan Locke (U18M) was 13th
 overall on leg 6 over 7.6 miles
 distance 51:10.
 The team finished 9th overall
 out of 47 finishing teams.

Hunting the Baton – Race
 Report (A Tale of Grit, Glory &
 Questionable Pacing Decisions)
 – by Ben Nash

The sun rose over the Green
 Wheel Relay with optimism,
 excitement... and at least one
 team member quietly
 wondering why they'd signed
 up for this in the first place.
 Enter Hunting the Baton (Hunts
 AC Road Running Section)
 armed with determination,
 teamwork, and just a hint of
 regret.

Stage 1 (8.8 miles) – Colette
 Guinea (1:05:09) led the charge
 with a solid opener, setting a
 steady tone while the rest of the
 team nervously checked their
 watches and questioned their
 life choices. Stage 2 (4.2 miles)
 – Richard Roberts (37:24)
 wasted no time injecting some
 serious pace into proceedings,
 dragging the team firmly into
 positive territory. Spirits lifted.
 WhatsApp messages started
 flying. Suddenly, this felt real.
 Stage 3 (6.4 miles) – Ross
 Griggs (48:35) delivered a
 strong, controlled run to keep
 the team right in the hunt;

despite a surprise mid-race
 cameo from a herd of cows,
 proving once and for all that
 cross-country hazards are alive
 and well.
 Stage 4 (8.8 miles) – Steven
 Lewis (1:35:34) Then came that
 leg. The long one with added
 mileage. The one that turns legs
 to jelly and smiles into
 grimaces. Steven took it on with
 grit and determination in what
 can only be described as a
 heroic effort (enjoyment not
 guaranteed). Stage 5 (4.9 miles)
 – Pauline Stocker (44:31)
 responded perfectly, bringing
 composure and strength after
 the big leg. A steady,
 determined run that kept the
 team firmly competitive.
 Stage 6 (7.61 miles) – Ben Nash
 (59:07) By this point it was less
 “running” and more “forward
 survival,” but Ben dug deep to
 hold everything together
 heading into the finale. Stage 7
 (5.7 miles) – Ellie Smith
 (47:59) brought it home in style
 with a composed final leg,
 sealing the team's effort with
 pride—and almost certainly an
 immediate need to sit down.
 With a total time of 6:18:40, the
 team finished joint 20th out of
 54 teams; a strong showing in a
 competitive field and a result
 built on consistency, teamwork,
 and plenty of resilience.
 Of course, no relay effort is
 complete without the people
 behind the scenes: Joe Kirens,
 who cycled the entire 50-mile
 route providing invaluable
 support (and probably
 questioning his life choices
 too). Hilary, Matt, and Mary,
 who expertly handled the
 logistics, transport, and general
 chaos of moving runners around
 all day. Without them, the team
 might still be standing at the

start line wondering what to do next.

“Hunting the Baton” didn’t just take part, they chased the race down with determination, humour, and a healthy tolerance for discomfort. A brilliant team effort, a great day out, and plenty of stories to tell. Next year? Well... let’s just say there’s definitely time to find a few minutes.

Peterborough 5k Grand Prix **Series, Eve, 10 Jun 2026**

2nd James Orrell 15:44.9
3rd Kendall Adam 16:26.3 PB,
1st U18M
5th Natty Clifford 16:30.1 PB by
20 secs; 2nd U18M
6th Jack Bone 16:48 PB by 1:45;
1st U16B
10th Bentley Anthony 16:58 PB;
2nd U16B
42nd Ty Farrer 18:14.5 2nd M50
55th Steve Church 18:47.8 (1st
M55)
61st Marcela Gracova 18:59.6
3rd Female
99th Freya Harris 19:59.5 1st
U18W
123rd Sophie Clark 20:17.2 PB;
2nd U16G
131st Derek Darnell 20:52.8 2nd
M65
166th Ben Nash 21:33.8 PB
188th Shane Hunt 22:06.7
202nd Colette Guinea 22:31.3
PB by 30 secs
234th Chris Davies 23:41.6
265th Jim Stocker 24:27.3 1st
M75
277th Richard Roberts 25:02.3
(3rd M70)
313th Sunny Bulchandani
26:09.4
339th Alan Burgin 27:23.8
408th Lesley Jackson 30:24.8
433rd Christina Cowles 32:42.6
446th Angela King 34:20.8
(458 finishers)

Peterborough 3k Grand Prix **Series, Eve, 10 Jun 2026**

6th Max Beckett 11:30.8 2nd
U12B
8th Arlo Stone 11:35.0 1st U10B
25th Georgie Henson 13:13.4 1st
U10G
26th Ellie Newman 13:13.8 2nd
U14G
34th Parker Anthony 13:54.1
38th Florence Stevenson 14:17.4
(68 finishers)

Parkruns, 13 Jun 2026

Brook Leys
25th Henry Waller 19:23
190th Chris Davies 26:00
Bug Hunter Waters
22nd Gemma Bedford 21:07
50th Sebastian Harrison 22:46
PB by 2:24
166th Lucy Waller 28:56 PB
Eastbourne
142nd Sasha Suvorov 28:25
Ferry Meadows
38th Finley Calder 20:35
102nd Iris McCluskey 23:30 PB
20th all-time club rankings
171th Sunny Bulchandani 25:38
Frank's Farm
1st James Orrell 15:59 PB by 8
secs
3rd Moses Smith 18:12 PB by
28 secs
4th Ty Farrer 18:13 PB by 14
secs
5th Lucy Mapp 18:19 PB by 19
secs
24th Ellie Zubrik 21:51
34th Hannah Brickell 22:39
38th Bruce Grimley 22:45 PB by
43 secs
288th Andrew Richardson 53:12
PB
289th Lesley Jackson 53:13
Great Dunmow
1st Tom Oliver 18:24
Milton Country
26th Matthew Hiscock 21:50
187th Vicky Burke 29:11
193rd Steve Burke 29:22
Queensway

1st David Hudson 16:59
Rutland Water
24th Jake Henson 21:16
Stamford Park
44th Arseniy Suvorov 26:04
Woodlands, Scarborough
131st Diane Bunch 29:58

Cambridgeshire Schools **Champs, Peterborough,** **13 Jun 2026**

Club record for Kitty Kelly and
Bentley Anthony.
Junior Boys
200m 5th Jediah Rickett 25.9 PB
1500m 2nd Bentley Anthony
4:32.0 PB by 6.2; U14B Club
Record, beating Dylan Griffiths
4:37.5 1984; 4th Alastair
Reddish 4:35.3 PB by 11.9;
Also, under the old record; 6th
Joey Phillips 5:18.7 PB
LJ 4th Jamar Eason 4.92
TJ 2nd Jamar Eason 10.58 PB by
50 cms
Inter Boys
100m 2nd Chris Collins 12.1
200m 3rd James Coleman 23.5
PB, beating indoor 24.21
400m 1st Sam Woodhall 52.5;
3rd Jacksen Hornagold 54.7 PB;
5th Louis Spalding 60.3 PB
800m 1st Charlie Irons 2:04.0;
3rd Louis Spalding 2:08.0 PB by
3.64
1500m 1st Jack Bone 4:21.9; 2nd
George Connell 4:25.4
LJ 5th Chris Collins 5.05
JT 3rd Isaac Ebers 36.86 PB by
3.91
Junior Girls
100m 2nd Simone Scott 13.4; 6th
Clemency Antwi 13.6
300m 1st Kitty Kelly 44.3 PB,
beating indoor 46.18; U14G
Club Record, beating Daisy
Coulson-Bascombe 46.25 2017
800m 1st Iris Purser 2:23.2 PB
by 4.04; 7th Hannah Darwin
2:42.6 PB by 3.4
1500m 3rd Izzy Hilton 5:17.9;
6th Lucy Hilton 5:42.5

80mH 3rd Bella Smith 15.0 PB
 LJ 3rd Simone Scott 4.26 PB by
 16 cms; 5th Bella Smith 4.08
 SP 8th Clemency Antwi 7.19
 DT 7th Ellie Newman 12.95
 HT 2nd Ellie Newman 11.67 PB
 Inter Girls
 100m 3rd Emily Bryan 13.5
 300m 1st Chloe Hays 45.6
 SP (guest) Anjola Opaleye 9.38
 HT 2nd Eleanor Stewart 39.25
 21st U16G National Rankings
 JT 1st Eleanor Stewart 29.15

Cambs AA Open, St Ives, 17 Jun 2026

County medals won by James
 Orrell, Simon Bowman, Martin
 Amos and Ty Farrer.
 Club records for Ty Farrer and
 Jim Stocker.
 75
 1 Florence Stevenson U12G
 11.76 -1.0 eq. PB
 4 Alexa Brooks U12G 12.21
 100
 2 Brandon Alves SM 11.54
 5 Jacksen Hornagold U16B
 11.92
 6 James Coleman U16B 12.09
 eq. PB
 100
 1 Liam Morris U18M 11.97 -
 1.4
 2 Sam Woodhall U18M 12.04
 PB by 0.07
 4 Chris Collins U16B 12.16
 100
 2 Harry Ward U18M 12.45
 3 Alfie Sinclair U18M 12.52 PB
 by 0.07
 100
 1 Chris Parson M45 13.00 -1.6
 PB
 3 Maya Wager U18W 14.32
 5 Theia Parson U14G 14.52
 6 Izzy Wilde U16G 14.76 PB
 100
 1 Ethan Ward U14B 14.23 -0.7
 PB, beating 14.6
 2 Emily Crisford U14G 14.55
 PB, beating 14.7

4 Phoebe Huish U14G 14.68
 PB
 300
 1 Jacksen Hornagold U16B
 37.44 PB by 0.32
 2 James Coleman U16B 38.61
 4 Savana Ferra U16G 51.11 PB
 400
 2 Sam Woodhall U18M 52.4
 eq. PB
 3 Bill Crowther U20M 53.1
 400
 5 Maya Wager U18W 69.36
 600
 3 Alexa Brooks U12G 2:00.97
 5 Sebastian Harrison U12B
 2:02.06 PB by 5.30
 9 Florence Stevenson U12G
 2:10.33
 800
 3 Daniel Brook U18M 1:58.61
 10 Chris Parson M45 2:17.27
 800
 2 Alastair Reddish U14B
 2:16.52 PB by 6.77
 3 Moses Smith U14B 2:17.43
 800
 4 Ethan Ward U14B 2:25.85 PB
 by 1.11
 5 Thomas Burrows U14B
 2:26.17 PB by 1.35
 6 Becca Smith U18W 2:27.84
 8 Freya Harris U18W 2:31.56
 PB by 1.14
 800
 4 Isobel Edwards U14G 2:40.87
 PB by 6.48
 5 Rupert Allen U18M 2:43.71
 PB by 4.79
 7 Ellie Newman U14G 2:55.11
 9 Theia Parson U14G 3:03.09
 Outdoor PB by 0.11
 5000 County Champs
 2 James Orrell SM 15:34.9
 Silver SM
 4 Simon Bowman M35 16:38.9
 Gold M35
 5 Martin Amos M40 16:49.1
 Silver M35
 9 Ty Farrer M50 17:56.1
 Bronze M35; M50 Club
 Record, beating Simon Mead

18:01.6 2025
 15 Jim Stocker M75 24:05.5
 Club M75 Record
 SP
 Steve Burke M50 9.94 6k
 Ellie Newman U14G 7.18 2.72k
 PB by 1.26
 Thomas Burrows U14B 7.15 3k
 PB by 0.71
 Vicky Burke W45 5.57 4k
 JT
 Steve Burke M50 31.95 700g

Frank's Farm 5M, 19 Jun 2026

Many months ago, Jim Stocker
 came up with the idea of the
 club hosting a race and after
 much investigation hit upon
 Frank's Farm, site of a weekly
 parkrun, as the ideal venue.
 With Ty Farrer as Race
 Director, and with an excellent
 turnout of 197 finishers, the
 race took place this past Friday
 evening. This Hunts AC-
 organised 5-mile race went well
 with a lot of positive feedback
 on the night. This was in no
 small part due to Frank's Farm
 folks being so welcoming and
 accommodating.
 Thanks to the following for all
 of their help in making this race
 a success: Sarah Newman,
 Diane Bunch, Gair Matthews,
 Chris Smith, Andy Richardson,
 Dom Meagher, Bruce Grimley,
 Kelly Crawford, Lesley
 Jackson, Ellie Smith, Sandra
 Acton, Caroline Brooks, Ben
 Nash, Matt Crawford, Colette
 Guinea, Steph Reeve, Pauline
 and James Stocker, Daley
 Stocker and family, Olly Mead,
 Keelan Duffy, Sunny
 Bulchandani, Raj Gandhi and
 Callum Crawford. Who else?
 RESULTS
 James wins; Lucy wins and sets
 club record. Lots of age group
 1st to 3rd place finishes.

1 James Orrell 27:40.9 1st M20-35
 2 Simon Bowman 29:08.2 1st M36-40
 4 Joshua Ansell 29:51.3 3rd M20-35
 9 Lucy Mapp 31:08.6 1st Female; SW Club Record, beating Marcela Gracova 31:13 2024
 10 Sean Barker 31:58.6 1st M56-60
 11 Christopher Parson 32:00.3 2nd M41-45
 14 Steven Church 33:42.0 2nd M56-60
 19 Sam Speariett 35:31.9
 20 Derek Darnell 36:00.4 1st M66-70
 27 Jason Mumford 36:56.4
 35 Hayden Waller 38:45.6 1st M61-65
 37 Matt Hilton 39:08.0
 38 Ieva Klavina 39:08.3 2nd W41-45
 39 Gemma Bedford 39:08.7 3rd W41-45
 55 Eleanor Smith 40:49.4
 61 Ross Griggs 41:21.9
 63 Bruce Grimley 41:48.9 1st M71-75
 68 Colette Guinea 42:13.1
 72 Steph Ward 43:35.0 3rd W46-50
 73 Kate Abdee 43:35.9
 97 Christina Cowles 46:33.1
 127 Pauline Stocker 50:05.9 1st W66-70

Parkruns, 20 Jun 2026

Brixworth
 1st Keelan Duffy 17:46
 26th James Stocker 24:47
 Bug Hunter Waters
 4th Martin Amos 18:25
 26th David Conell 21:42 PB; 2nd VM50-54
 36th Isabelle Hilton 22:35
 44th Matthew Hilton 23:15
 142nd Diane Bunch 29:47
 Ferry Meadows

90th Iris McCluskey 23:21 PB by 9 secs; 1st JW11-14
 Frank's Farm
 2nd Moses Smith 18:22
 3rd Lucy Mapp 18:58
 25th Ellie Zubrik 21:32 PB by 9 secs; 1st JW11-14
 72nd Bruce Grimley 25:37
 254th Steph Ward 54:49
 Volunteers
 Bruce Grimley - Pre-event Setup
 Sandra Acton - Barcode Scanner
 Steph Ward - Pre-event Setup, Other, Tail Walker, Event Day Course Check
 Ty Farrer - Run Director
 Milton Country
 24th Matthew Hiscock 22:13
 Pocket
 1st David Hudson 17:08
 Queensway
 205 Dominic Meagher 28:48
 Sizewell
 23rd Shane Hunt 25:57

Anglian Schools Champs,

Kings Lynn, 20 Jun 2026

Club record and win by Kitty Kelly.
 Junior Girls
 100m 6th Simone Scott 13.6
 300m 1st Kitty Kelly 43.1 (PB by 1.2; U14G Club Record, beating her own 44.3; U16G Club Record, beating Daisy Coulson-Bascombe 43.42 2018)
 800m 2nd Iris Purser 2:21.6 (PB by 1.6)
 HT 4th Ellie Newman 7.76
 Junior Boys
 1500m 6th Bentley Anthony 4:43.2
 TJ 5th Jamar Eason 10.33
 Inter Girls
 300m 5th Chloe Hays 44.9
 80mH 6th Bella Smith 15.0 PB
 SP 4th Anjola Opaleye 9.24
 HT 2nd Eleanor Stewart 41.41 PB by 3.11; 19th U16G National Rankings

JT 2nd Eleanor Stewart 30.99 (PB by 99 cms)
 Inter Girls
 100m 7th Chris Collins 12.2
 400m 2nd Sam Woodhall 52.5
 1500m 3rd Jack Bone 4:20.2 (PB by 1.19)
 LJ 4th Chris Collins 5.41
 JT 4th Isaac Ebers 33.58

Castle Bytham 5k Trail Run,

20 Jun 2026

Hilly, tough terrain
 U11G – 2nd Georgie Henson 27:30
 Ages 11-18 – 1st Jake Henson 19:53, 4th Finley Calder 22:39

Southern Athletics League,

Watford, 21 Jun 2026

Club records for Kuldip Diggpal, Sandra Pedley and Jo Abel.
 Men
 100m A 3rd Zachary Bowes 11.16
 100m B 6th Dan Steel 12.74
 200m A 2nd Zachary Bowes 21.99 PB by 0.33
 200m B 3rd Keelan Duffy 24.93 PB
 400m A 2nd Benedict Scott 50.24
 800m A 2nd Bill Crowther 1:57.77 PB by 0.46
 800m B 1st Keelan Duffy 2:00.52
 800m n/s George Connell 2:07.45 PB by 0.13
 1500m A 3rd Keelan Duffy 4:18.07
 1500m B 2nd James Orrell 4:19.04
 3000m A 1st James Orrell 9:08.00
 3000m B 4th Dave Connell 11:02.47
 110mH A 2nd Dan Steel 20.21
 400mH A 5th Dan Steel 75.65
 2000mSC 2nd Keelan Duffy 7:15.95 PB
 4x400m 5th Hunts 4:11.88
 HJ A 4th Dan Steel 1.63

HJ B 5th Phil Bowers 1.28
 PV A 2nd Dan Steel 3.00
 PV B 3rd Alvaro Drake 1.25 PB
 by 5 cms
 LJ A 3rd Dan Steel 5.76
 LJ B 2nd Phil Bowers 4.62
 TJ A 5th Phil Bowers 9.53
 TJ B 3rd Yinka Opaleye 8.84
 SP A 3rd Steve Burke 8.70
 SP B 3rd Yinka Opaleye 8.07
 DT A 3rd Steve Burke 28.45
 DT B 2nd Bob Ellingham 25.32
 HT A 2nd Steve Burke 34.41
 HT B 2nd Bob Ellingham 32.70
 JT A 6th Steve Burke 30.86
 JT B 2nd Kuldeep Digpal 30.25
 M60 Club Record
 Women
 100m A 4th Anjola Opaleye
 14.10
 100m B 5th Sandra Pedley 19.50
 W60 Club Record, beating her
 own 19.71 2025
 200m A 6th Eleanor Phipps
 33.61
 800m A 5th Amelia Darnell
 2:41.78
 800m B 4th Faridah Kaddu
 3:36.48 PB
 1500m A 5th Freya Harris
 5:15.2 PB by 1.16
 1500m B 5th Leah Graham
 5:25.48
 3000m A 5th Faridah Kaddu
 16:43.10 PB
 HJ A 6th Jo Abel 1.13
 PV A 2nd Eleanor Phipps 2.15
 PV B 2nd Sandra Pedley 1.95
 LJ A 5th Jo Abel 3.69
 LJ B 5th Vicky Burke 2.62
 TJ A 6th Jo Abel 8.51 W50 Club
 Record, beating her own 8.36
 2023
 SP A 2nd Tamzin Digpal-Race
 9.35
 SP B 2nd Anjola Opaleye 7.66
 PB by 58 cms
 DT A 3rd Anjola Opaleye 25.58
 PB by 1.20
 DT B 2nd Tamzin Digpal-Race
 23.18

HT A 4th Tamzin Digpal-Race
 34.00 PB by 62 cms
 HT B 5th Jo Abel 10.72
 JT A 2nd Tamzin Digpal-Race
 30.88
 JT B 6th Sandra Acton 5.19
 Team 6th 162 points

Thanks to:
 Team Manager Yinka Opaleye
 Field Judges
 Charlotte Bruce
 Andy P
 Jo Abel
 Steve Burke
 Helpers - Bill Crowther and his
 dad, Yinka, Kuldeep Digpal-Race
 Timekeepers
 Moji Opaleye
 Ellie Smith
 Track Judges
 Sandra Pedley
 Sandra Acton
 Carol Darnell
 And to Bob Ellingham for
 driving the minibus.

Peterborough Grand Prix, Nene Park, 24 Jun 2026

Club record for Bentley and 19
 top-3 age group finishes.
 5k
 2nd James Orrell 15:45.4
 4th Natty Clifford 16:36.0 1st
 U18M
 5th Jack Bone 16:42.6 1st U16M
 PB by 5 secs
 6th Bentley Anthony 16:52.1 2nd
 U16B (age 13) U14B Club
 Record, beating his own 16:59
 2026
 8th Kendall Adam 16:59.3 2nd
 U18M
 20th Jake Henson 17:42.9 3rd
 U16B (age 13) PB
 24th Lucy Mapp 17:57.1 2nd
 Female
 25th Ty Farrer 18:01.5 1st M50
 32nd Christopher Parson 18:26.7
 2nd M45
 86th Sophie Clark 20:23.0 2nd
 U16G

97th Freya Harris 20:57.9 1st
 U18W
 118th Ben Nash 22:01.7
 166th Jim Stocker 24:09.4 1st
 M75
 203rd Richard Roberts 25:46.3
 2nd M70
 223rd Pauline Stocker 26:54.4
 1st W65
 237th Chris Davies 27:45.3
 242nd Sunny Bulchandani
 28:19.0
 (319 finishers)

3k
 7th Max Beckett 11:33.1 2nd
 U12B
 9th Arlo Stone 11:43.4 1st U10B
 18th Iris McCluskey 12:46.3 2nd
 U12G
 26th Georgie Henson 13:27.2 1st
 U10G
 32nd Parker Anthony 14:02.8
 34th Theia Parson 14:25.3 2nd
 U14G
 (45 finishers)

PANVAC Open, 25 Jun 2026

100m Zac Bowes won
 convincingly 11.06 (adjusted
 from 11.03) PB by 0.07
 100m Bella Smith 14.43
 300m Bella Smith 50.08
 600m Max Beckett 1:52.65 PB,
 beating 1:53.1
 800m Izzy Hilton 2:32.10

Parkruns, 27 Jun 2026

Brook Leys
 73th Christopher Parson 23:56
 Bug Hunter Waters
 2nd Martin Amos 17:56
 110th Diane Bunch 31:23
 Ferry Meadows
 64th Iris McCluskey 23:02 (PB
 by 19 secs)
 Frank's Farm
 1st James Orrell 16:07
 2nd Lucy Mapp 18:09 PB by 10
 secs
 4th Ty Farrer 18:30
 47th Bruce Grimley 24:52

64th Ellie Zubrik 26:14
 108th Sunny Bulchandani 30:16
 Volunteers
 Bruce Grimley - Pre-event
 Setup
 Steph Ward - Run Director,
 Equipment Storage and
 Delivery
 Ty Farrer - Pre-event Setup,
 Other, Barcode Scanner, Event
 Day Course Check
 Great Denham
 2nd Joshua Ansell 17:15
 Hampstead Heath
 5th Moses Smith 19:34
 Linford Wood
 36th James Stocker 24:43
 Markeaton
 103 Arseniy Suvorov 25:51
 Millhouses
 240th Dominic Meagher 30:11
 Milton Country
 2nd Keelan Duffy 17:29
 53rd Matthew Hiscock 22:38
 99th Chris Davies 25:33
 Pocket
 1st David Hudson 17:39m
 4th Andrew Stowe 19:04
 61st Gair Matthews 25:20
 115th Charlie Evans 30:49
 Rutland
 3rd Jake Henson 18:25
 54th Ellie Ince 24:05
 55th Isobelle Newman 24:05
 Wimpole
 2nd Tom Oliver 18:49
 26th Isobelle Hilton 22:51
 44th Matthew Hilton 24:39

Club Champs, St Ives,
28 Jun 2026

Club Records for Alison
 Stewart and Jim Stocker.
 In her first-ever triple jump
 competition, Eleanor Stewart
 leapt out to 9.76. What was very
 interesting were the distances
 that she covered from her take-
 off points. The best was
 measured at 10.34m which
 would place her 32nd in the
 U16G national rankings. In the

150m/200m races, strong
 headwinds of, on average, 3 m/s
 slowed times. Thanks to Paula
 Waller, Lucy Waller, Sandra
 Acton, Caroline Brooks, James
 Waterworth, Rachel
 Waterworth, Dave Connell,
 Moji Opaleye, Jo Abel, James
 Wood, Yinka Opaleye, John
 Jenkins, Will Eason, Kate
 Abdee, Alison Stewart for
 officiating.

150m
 1 Georgie Henson U12G 25.0
 PB by 0.3 G
 2 Alexa Brooks U12G 25.3 PB
 by 0.3 S
 3 Ellie Bedingfield U12G 26.3
 B
 150
 1 Jack Slater U12B 22.7 PB by
 0.4 G
 2 George Jenner U12B 23.5 PB
 S
 3 William Davidson U12B 24.4
 PB by 0.9 B
 200m
 1 Leigha-Rae Carter U14G 28.7
 PB G
 2 Eleanor Stewart U16G 29.3
 PB by 0.54 G
 3 Phoebe Huish U14G 30.4 S
 200m
 1 Evan Naidoo U14B 27.6 PB
 G
 2 Thomas Burrows U14B 29.2
 PB S
 3 Moses Smith U14B 29.6 PB
 B
 200m
 1 Jacksen Hornagold U16B
 24.6 G
 2 James Coleman U16B 25.0 S
 3 Chris Collins U16B 25.5 B
 4 George Smith U16B 26.7 PB
 5 Jamar Eason U16B 27.2 PB
 by 2.6
 6 Mark Lawson-Watkins U16B
 34.0 PB
 200m
 1 Anjola Opaleye U18W 29.3

PB G
 2 Maya Wager U18W 30.2 S
 3 Faith Mensah U14G 33.0 PB
 B
 4 Alison Stewart W45 33.9 G;
 M45 Club Record, beating
 Penny Butcher 34.31/34.18w
 2015
 200m
 1 Sam Woodhall U18M 24.3 G
 2 Liam Morris U18M 24.9 S
 3 Daniel Brook U18M 25.1 PB
 by 4.8 B
 4 Alfie Sinclair U18M 25.7
 5 George Connell U18M 27.0
 200m
 1 Zachary Bowes SM 24.0 G
 2 Keelan Duffy SM 26.2 S
 3 Simon Bowman SM 26.7 PB
 by 0.5 B
 4 Chris Parson M45 26.9 G
 5 Steve Burke M50 34.0 S
 6 Jim Stocker M75 42.6 M75
 Club Record B
 600m
 1 George Jenner U12B 1:53.2
 PB by 3.57 G
 2 Max Beckett U12B 1:53.7 S
 3 Alexa Brooks U12G 2:06.6 G
 4 William Davidson U12B
 2:08.0 B
 5 Georgie Henson U12G 2:14.7
 S
 800m
 1 Alastair Reddish U14B 2:17.0
 G
 2 Moses Smith U14B 2:20.6 S
 3 Thomas Burrows U14B
 2:31.7 B
 4 Izzy Hilton U16G 2:32.3 G
 5 Mark Lawson-Watkins U16B
 2:57.2 PB G
 6 Evan Naidoo U14B 2:59.4 PB
 7 Eleanor Stewart U16G 3:08.1
 PB S
 800m
 1 Lewis Cummins U18M 2:00.8
 G
 2 Rebecca Smith U18W 2:35.5
 G
 3 George Connell U18M 2:57.6
 S

4 Anjola Opaleye U18W 2:59.6
PB by 1.3 S
5 Maya Wager U18W 3:10.5 B
800m
1 Simon Bowman SM 2:19.4 G
2 Chris Parson M45 2:21.3 G
3 Alison Stewart W45 2:55.6 G
4 Jim Stocker M75 3:16.8 S
5 Steve Burke M50 3:34.0 B
Triple Jump
1 Daniel Steel SM 11.87 G
2 Jamar Eason U16B 9.96 G
3 Eleanor Stewart U16G 9.76
PB G
4 Steve Burke M50 7.08 G

**ESAA East Anglia Pentathlon
Champs, Bedford, 28 Jun 2026**

Junior Girls
9th Kitty Kelly 2265 points
(U14G Club Record)
75mH 12.8 PB by 0.9
SP (3kg) 5.22 PB
HJ 1.35 eq. PB
LJ 4.07
18th Bella Smith 1491 points
75mH 15.2
SP 5.09 (3kg)
HJ 1.05
LJ 3.76
800m 2:55.1
19th Ellie Newman 1290 points
75mH 16.9 PB by 1.4
SP 6.62 PB, bettering 6.11
(indoors)
HJ 1.14 PB By 14 cms
LJ 3.31
800m 3:00.3

**SEAA Championships,
Chelmsford, 28 Jun 2026**

After a comfortable
qualification from her heat on
Saturday afternoon, 3rd in 4.52,
Iris Purser went up a gear in the
final to win the bronze medal
with 4:43.92 to beat her own
U14G Club Record by 3.71
secs.

**National Prep Schools Champs,
Birmingham, 1 Jul 2026**

Kitty Kelly ran in the Under 14
Girls 200m final, storming from
4th to 2nd in the last few strides
to capture the silver medal with
27.36 (w/s -0.6). This beat her
previous PB of 27.40 (w/s +0.9)
set earlier in the heats.

Parkruns, 4 Jul 2026

Ben's Yard
2nd Luke Diggs 18:46
Boston
3rd Xavier Mathieu 19:50
Bug Hunter Waters
5th Martin Amos 17:57
50th Gemma Bedford 21:55
Ferry Meadows
1st James Orrell 15:54 1-sec PB
11th Natty Clifford 18:41
35th Derek Darnell 20:40
Fountains Abbey
423rd Diane Bunch 37:35
Frank's Farm
2nd Ty Farrer 18:32
37th Bruce Grimley 23:22
58th William Davidson 24:51
PB
68th Steph Ward 25:55
108th Sunny Bulchandani 28:11
176th Lesley Jackson 33:18
Volunteers
Bruce Grimley - Pre-event
Setup
Chris Davies - Marshal
Sandra Acton - Barcode Scanner
Steph Ward - Equipment
Storage and Delivery, Volunteer
Coordinator
Ty Farrer - Barcode Scanner.
Event Day Course Check
Highbury
1st Keelan Duffy 16:39
Keswick
90th Gair Matthews 24:06
Milton
28th Matthew Hiscock 21:56
Rutland Water
33rd Jake Henson 22:02
Zonnestraal
25th Dominic Meagher 27:37

**Whitemoor Fun Run,
5 Jul 2026**

2nd Max Beckett 8:52.4 (1st
U11B)
3rd Arlo 3rd 9:18.7 (2nd U11B)
Club Champs, 5 Jul 2026
1500m
1 Ellie Zubrik U16G 5:37.5 G
2 Alison Stewart W45 5:53.8 G
3 Ellie Newman U14G 6:02.8 G
4 Eleanor Stewart U16G 6:29.5
S PB
5 Theia Parson U14G 6:42.1 S
6 Freya Brunning U16G 8:32.9
B PB
1500m
1 Simon Bowman SM 4:17.4 G
PB by 6.08
2 Lewis Cummins U18M 4:26.1
G
3 Alastair Reddish U14B 4:40.7
G
4 Chris Parson M45 4:48.2 G
5 Derek Darnell M65 5:39.7 S
M65 Club Record, beating Jim
Stocker 5:53.5 2019
Discus
1 Steve Burke M50 32.92 1.5
kg G
2 Bob Ellingham M60 32.58 1
kg S
3 Toby Carroll SM 29.94 2 kg
G
4 Willow Bedding SW 26.96 1
kg G
5 Tamzin Digpal-Race SW
25.13 1 kg S
6 Kuldip Digpal M60 24.31 1
kg B PB
7 Eleanor Stewart U16G 23.18
1 kg G PB, beating 11.77
(0.75kg)
8 Mark Lawson-Watkins U16B
19.56 1.25 kg G PB by 83 cms
9 Chris Parson M45 17.64 2 kg
PB
10 Yinka Opaleye M50 17.62
1.5 kg PB by 94 cms
11 Alastair Reddish U14B
16.95 1 kg G PB by 77 cms
12 Alison Stewart W45 16.89 1
kg G PB by 1.62
13 Anjola Opaleye U18W 16.71
1 kg G

14 Freya Brunning U16G 14.93
1 kg S
15 Thomas Burrows U14B
14.88 1 kg S PB
16 Ellie Newman U14G 14.23
0.75 kg G PB by 1.28
17 Ellie Zubrik U16G 10.64 1
kg S PB
18 William Davidson U12B
10.18 0.75 kg G PB
19 Sandra Acton W45 9.59 1 kg
S
20 Theia Parson U14G 9.50
0.75 kg S PB
Hammer
1 Willow Bedding SW 44.22 4
kg G
2 Eleanor Stewart U16G 38.78
3 kg G
3 Steve Burke M50 37.43 6 kg
G
4 Bob Ellingham M60 37.26 5
kg S
5 Toby Carroll SM 33.14 7.26
kg G
6 Tamzin Digpal-Race SW
32.27 4 kg S
7 Mark Lawson-Watkins U16B
17.28 4 kg G
8 Ellie Newman U14G 16.37 2
kg G PB by 3.90; U14G (2 kg)
Club Record, beating her own
12.47
9 Freya Brunning U16G 16.03 3
kg S PB
10 Alison Stewart W45 10.98 4
kg G PB
Thanks to
Terry Bedding
Toby Carroll
Uju Mokah
Sarah Newman
Quinton Carroll
Adeyinka Opaleye
Eleanor Smith
Moji Opaleye
Carol Darnell
Sandra Acton
Steve Burke
Ginni Carroll

Fen Gallop, 5 Jul 2026

4M: 1st Moses Smith 24:58

10k: 6th Ty Farrer 37:57 (1st
M50)

5M TT, 7 Jul 2026

1st Tasha Van Uden 59:18
(42:39)
2nd Steph Ward 59:36 (42:57)
3rd Bruce Grimley 60:10 (40:52)
4th Kate Abdee 61:35 (43:53)
5th Jason Mumford 62:24
(36:23)
6th Ben Nash 62:32 (41:12)
7th Sam Speariett 63:51 (38:10)
8th Joe Kerins 66:17 (46:01)
Actual times in brackets.

Peterborough Grand Prix Series, Werrington, 8 Jul 2026

Wins for James and Lucy.
Club record for Lucy.
13 age group top 3 placings,
including 9 1st place finishes.
Hot conditions.
5k
1st James Orrell 16:12.2
12th Lucy Mapp 17:39.5 1st
Female; VW Club Record,
beating Marcela Gracova 18:23
2023/2024
13th Jack Bone 17:42.6 1st
U16B
19th Jake Henson 18:14.4 2nd
U16B
52nd Molly Speechley 19:28.2
1st U18W; 3rd Female
131st Izzie Newman 22:04.0 2nd
U18W
144th Leah Graham 22:31.2 1st
U16G
146th Ben Nash 22:39.5
176th Jim Stocker 23:53.3 1st
M75
239th Pauline Stocker 27:08.3
1st W65
270th Alan Burgin 28:08.8
272nd Sunny Bulchandani
28:15.2
304th Simon Newman 30:21.1
(372 finishers)

3k

6th Max Beckett 11:12.3 1st
U12B
8th Finley Calder 11:36.4 3rd
U12B
9th Arlo Stone 11:52.2 1st U10B
25th Georgie Henson 13:12.8 1st
U10G
28th Ellie Newman 14:40.6 3rd
U14G
36th Parker Anthony 14:40.6
(59 finishers)

Watford Open, 8 Jul 2026

800m: George Connell 2:04.95
PB by 2.5 secs
800m: Lewis Cummins 1:58.74
800m: Bill Crowther 1:56.27
PB by 1.5 secs

Parkruns, 11 Jul 2026

Bug Hunter Waters
1st Martin Amos 17:22 PB by 5
secs
25th Alison Stewart 21:57
29th Isobelle Newman 22:32 PB
38th Diane Bunch 30:13
Donauradweg
29th Dominic Meagher 25:08
Ferry Meadows
148th Finley Calder 26:13
Frank's Farm
20th Ieva Klavina 22:13
48th Jim Stocker 24:05
62nd Ellie Zubrik 25:38
79th Pauline Stocker 27:43
151st Lesley Jackson 33:13
Volunteers
Ieva Klavina - Token Sorting,
Car park Marshal
Lesley Jackson - Car Park
Marshal
Steph Ward - Timekeeper
Ty Farrer - Event Day Course
Check, Barcode Scanner
Henlow Bridge Lakes
41st Harrison Evans 25:52
Huntingdon
2nd David Hudson 18:34
29th Olivia Mead 23:16
121st Libby Mead 30:11
Milton Country
4th Moses Smith 18:51

31st Matthew Hiscock 22:01
Queensway
1st James Orrell 16:19
2nd Keelan Duffy
6th John Uff 18:57
59th Shelly Uff 24:42
Rutland Water
36th Ellie Ince 22:02
Sloughbottom
192nd Sasha Suvorov 30:11

Thurlby Fun Run, 12 Jul 2026

1st Jake Henson 9:31
8th Arlo Stone 11:04 1st U10B
9th Finley Calder 11:04 1st
U12B
18th Georgie Henson 11:53 1st
U10G/beat 3rd U12G
40th Parker Anthony 13:46
(113 finishers)

English Schools Champs, Birmingham, 9/10 Jul 2026

Denise reports: A very hot and humid few days in Birmingham with some wonderful competitions on both the track and in the field.

All Hunts athletes representing Cambs were a credit to themselves, the county and the club with all but Noah competing in these champs for the first time with Kitty Kelly, Iris Purser and Daniel Brook all in the lower end of their age groups.

Benedict Scott put together the race of his life, smashing 50 secs in the 400m for the first time with a well-measured race. He beat his PB by 0.84 with 49.29 and missed out on making the final by just 0.09.

Iris, still only Year 8, was in a high-quality field and, with what has been an outstanding season so far, dug deep when the pace picked up. Although she didn't make the final, she raced well. Iris has learnt a lot and will be back next year.

Daniel must have run a PB over the first 600m. He tired towards the end of race but ran well (1:59.02) and great to see an athlete commit to a race; lots learnt.

Noah Scott-Donkin is a veteran of English Schools in his last year which is an achievement in itself, with exams, etc. He dug deep in a strong race and although not a PB has completed his English Schools journey and will continue on with greater things.

Kitty, like Iris – only Year 8, ran a superb race with yet another personal best (43.07) and club record yet again. Sam Woodhall also ran strongly in the 400m again another personal best (52.25, bettering his 52.47). He really is getting to grips with the tactics of 400m and has continually improved his times this season.

A great season by all - well done; Hunts are proud!!

East Anglian League, Cambridge, 12 Jul 2026

Club Records for Derek Darnell and Kuldeep Diggall.
Team wins by Under 16 Girls and Senior Women.

Under 14 Girls
100m A 1st Leigha-Rae Carter 14.1 PB
100m B 2nd Theia Parson 14.4
200m A 1st Leigha-Rae Carter 28.1 PB by 0.6
200m B 2nd Phoebe Huish 31.4
800m A 5th Isobel Edwards 2:46.6
800m B 2nd Ella Connell 3:03.2 PB by 2.7
1500m A 2nd Ellie Newman 6:01.8
75mH A 3rd Theia Parson 13.2 PB by 0.1

HJ A 4th Ellie Newman 1.15 PB by 1 cm
LJ A 4th Emily Crisford 3.92
SP A 1st Ellie Newman 6.54
4x100m 1st HAC 56.9
Team 3rd 79.5 points
Under 16 Girls
100m A 2nd Simone Scott 13.5
200m A 2nd Simone Scott 27.6 PB by 1.0
200m B 2nd Clemency Antwi 28.4
300m A 3rd Izzy Hilton 50.9
800m A 5th Izzy Hilton 2:37.3
800m B 3rd Hannah Darwin 2:50.1
1500m A 2nd Ellie Zubrik 5:41.5
80mH A 1st Bella Smith 15.3
HJ A 4th Hannah Darwin 1.30 eq. PB
HJ B 1st Sophie Bedingfield 1.25
LJ A 3rd Bella Smith 3.92
LJ B 2nd Sophie Bedingfield 3.86
SP A 2nd Clemency Antwi 7.88 PB by 8 cms
SP B 2nd Freya Brunning 6.09
DT A 2nd Eleanor Stewart 18.76
DT B 1st Freya Brunning 17.85 PB by 1.16
HT A 1st Eleanor Stewart 39.54
JT A 2nd Eleanor Stewart 30.23
4x100m 1st HAC 54.2
Team 1st 130 points
Under 18 Women
100m A 4th Jess Waterworth 15.3
400m A 2nd Freya Harris 74.6
1500m A 1st Freya Harris 5:40.8
SP A 1st Anjola Opaleye 9.29
DT A 1st Anjola Opaleye 23.20
Team 2nd 36 points
Women
100m A 2nd Abi Pudney 13.5
100m B 1st Faye Young 15.6
200m A 3rd Izzie Newman 28.3
200m B 1st Alison Stewart 34.3
400m A 1st Izzie Newman 63.0
400m B 2nd Faye Young 86.2

800m A 2nd Alison Stewart
 2:54.1
 800m B 2nd Faridah Kaddu
 3:35.9 PB by 1.58
 1500m A 2nd Alison Stewart
 5:56.8
 1500m B 3rd Faridah Kaddu
 8:24.0 PB
 100mH A 3rd Faye Young 19.3
 HJ A 2nd Abi Pudney 1.50
 HJ B 4th Faye Young 1.10
 LJ A 3rd Abi Pudney 4.79
 LJ B 5th Vicky Burke 2.48
 TJ A 4th Muna Mokah 8.06
 SP A 2nd Tamzin Digpal-Race
 9.10
 SP B 4th Muna Mokah 5.93
 DT A 2nd Willow Bedding
 25.40
 DT B 2nd Tamzin Digpal-Race
 20.71
 HT A 1st Willow Bedding 47.70
 JT A 2nd Tamzin Digpal-Race
 27.38
 JT B 4th Alison Stewart 13.11
 PB by 2.51
 4x100m 1st HAC 57.4
 Team 1st 158 points
 Under 14 Boys
 100m A 4th Reble Baxendale
 13.9
 100m B 1st Evan Naidoo 13.5
 200m A 4th Reble Baxendale
 28.4
 200m B 1st Evan Naidoo 26.8
 PB by 0.8
 800m A 3rd Moses Smith 2:22.7
 800m B 2nd Thomas Burrows
 2:31.7
 1500m A 1st Alastair Reddish
 4:40.2
 1500m B 4th Oscar Clarke
 5:35.4
 HJ A 2nd Moses Smith 1.35 PB
 by 5 cms
 HJ B 1st Kamil Dalphinis 1.35
 PB
 LJ A 2nd Alex Tod 4.69 PB
 SP A 2nd Thomas Burrows 7.60
 SP B 1st Tobechei Mokah 5.99
 JT A 5th Alastair Reddish 6.62
 PB

4x100m 2nd HAC 55.1
 Team 2nd 100 points
 Under 16 Boys
 100m A 2nd James Coleman
 12.7
 100m B 1st Chris Collins 12.5
 200m A 2nd James Coleman
 24.8
 200m B 2nd Isaac Lam 26.4
 300m A 1st Jacksen Hornagold
 38.3
 800m A 3rd Louis Spalding
 2:19.4
 LJ A 2nd Chris Collins 5.18
 LJ B 2nd Jamar Eason 4.76
 TJ A 2nd Jamar Eason 10.41
 SP A 2nd Mark Lawson-Watkins
 6.75 PB by 58 cms
 DT A 2nd Mark Lawson-
 Watkins 20.18 PB by 62 cms
 HT A 1st Mark Lawson-Watkins
 19.41 PB by 1.95
 JT A 1st Isaac Ebers 41.53 PB
 by 8.58
 JT B 1st Noah Austin 34.74 PB
 by 1.30
 4x100m 1st HAC 48.2
 Team 3rd 110 points
 Under 18 Men
 100m A 2nd Liam Morris 12.2
 100m B 2nd Zack Rodriquez
 12.6
 200m A 3rd Liam Morris 24.9
 200m B 2nd Alfie Sinclair 25.7
 800m A 5th Rupert Allen 2:41.2
 PB by 2.51
 LJ A 4th Zack Rodriquez 4.78
 PB by 9 cms
 Team 3rd 36 points
 Men
 100m A 6th Lebokang Magdala
 14.6
 200m A 5th Chris Parson 26.2
 200m B 5th Lebokang Magdala
 34.3
 400m A 2nd Bill Crowther 53.5
 400m B 4th Simon Newman
 79.3
 800m A 1st Bill Crowther 2:02.2
 800m B 2nd Chris Parson 2:11.4
 1500m A 2nd Simon Bowman
 4:33.2

1500m B 2nd Richard Zubrik
 5:17.1
 110mH A 1st Dan Steel 19.7
 HJ A 1st Dan Steel 1.65
 LJ A 1st Dan Steel 5.98
 LJ B 2nd Yinka Opaleye 4.10
 TJ A 2nd Dan Steel 11.96
 SP A 3rd Toby Carroll 9.39
 SP B 1st Steve Burke 9.01
 DT A 4th Steve Burke 29.13
 DT B 1st Toby Carroll 28.99
 HT A 3rd Steve Burke 33.05
 JT A 3rd Kuldip Digpal 31.40
 M60 Club Record, beating his
 own 30.25 2026
 JT B 2nd Steve Burke 27.49
 Team 2nd 136 points
 Non-Scoring
 100 U14G Phoebe Huish 15.3
 100 U14G Emily Crisford 15.2
 100 U14G Faith Mensah 15.3
 PB
 100 U14B Alex Tod 13.0 PB
 100 U14B Thomas Burrows
 14.9
 100 U14B Charlie Fowler 15.1
 PB
 100 U14B Tobechei Mokah 15.5
 100 U16B Isaac Lam 13.0 PB
 100 U16B Jamar Eason 13.4 PB
 by 0.8
 100 U16B Owain Evans 14.1
 100 U18M Alfie Sinclair 12.7
 200 U14G Theia Parson 30.2
 PB by 0.7
 200 U14G Emily Crisford 32.9
 N
 200 U14B Moses Smith 29.6
 eq. PB
 200 U14B Kamil Dalphinis
 30.6 PB
 200 U14B Charlie Fowler 31.4
 PB
 200 SM Simon Bowman 26.4
 PB by 0.3
 400 SM Derek Darnell 74.8
 M65 Club Record, beating Jim
 Stocker 80.1 2019
 HJ U16G Ellie Zubrik 1.05 PB
 LJ U16B Owain Evans 4.41 N
 SP U16G Isabella Smith 5.72
 PB by 15 cms

DT SM Daniel Steel 27.16 N
 DT SW Sandra Acton 8.29 N
 Relay U14B 56.9
 Under 12s
 75 U12G Florence Stevenson
 12.2
 75 U12G Alice Chesterfield
 12.9
 75 U12B William Davidson
 13.2
 600 U12G Chloe Flynn 1:58.4
 600 U12G Florence Stevenson
 2:10.1
 600 U12G Ellie Bedingfield
 2:19.4
 600 U12B William Davidson
 2:07.6
 LJ U12G Ellie Bedingfield 3.18
 PB by 9 cms
 LJ U12B William Davidson
 3.32 PB by 39 cms
 Thanks to the following for
 making this meet happen:
 Anna Bruce
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 Toby Carroll
 Harri Bruce
 Uju Mokah
 Terry Bedding
 Jo Abel
 Sarah Newman
 Steve Burke
 Sandra Acton
 Carol Darnell
 Sandra Pedley
 Moji Opaleye
 Rachel Waterworth
 Yinka Opaleye
 Matt Hays

Cambs County Open, St Ives,
15 Jul 2026

County Mile Championships
 Keelan Duffy SM County
 Champion
 George Connell U18M County
 Champion
 Alastair Reddish U14B County
 Champion; U14B Club Record
 Steph Ward SW County
 Champion

James Orrell SM County Silver
 Medallist
 Lesley Jackson SW County
 Silver Medallist
 Ellie Newman U14G County
 Bronze Medallist

100m R1 1 Zachary Bowes SM
 11.00 w/s +3.7
 3 Benedict Scott U20M 11.39
 100m R2 2 Liam Morris U18M
 11.74
 100m R3 3 Alexander Tod
 U14B 12.22
 100m R4 1 Kitty Kelly U14G
 13.20 w/s +3.5
 3 David Orekoya U16B 13.32
 5 Bella Smith U16G 13.87
 6 Savana Ferra U16G 14.82
 100m R5 2 Eleanor Stewart
 U16G 13.83
 3 Emily Crisford U14G 14.76
 4 Tobechi Mokah U14B 14.99
 200m R1 2 Benedict Scott
 U20M 22.91 w/s +2.9
 200m R2 2 Liam Morris U18M
 23.92 w/s +2.6
 200m R3 1 Jamar Eason U16B
 25.95 w/s +3.5
 5 Bella Smith U16G 29.66
 200m R4 1 Kitty Kelly U14G
 27.79 w/s +3.0
 3 Eleanor Stewart U16G 28.74
 4 Thomas Burrows U14B 29.32
 5 Tobechi Mokah U14B 30.61
 800m 3 Thomas Burrows U14B
 2:30.95
 7 Rupert Allen U18M 2:39.52
 PB by 1.68
 9 Ellie Zubrik U16G 2:43.09
 10 Bella Smith U16G 2:51.40
 Mile R1 1 Keelan Duffy SM
 4:32.14 SM County Champion;
 PB by 1.06
 2 James Orrell SM 4:32.33 2nd
 SM County Silver Medallist;
 PB by 2.25
 5 George Connell U18M
 4:44.00 U18M County
 Champion; PB
 6 Alastair Reddish U14B
 4:56.71 U14B County

Champion; PB by 22.87 U14B
 Club Record, beating James
 Downing 4:57.7 2009
 7 Chris Parson M45 5:03.63
 Mile R2 7 Ellie Newman U14G
 6:22.76 U14G County Bronze
 Medallist; PB by 27.50
 8 Phil Deaves M65 7:03.30 PB
 9 Jim Stocker M75 7:07.50
 10 Steph Ward M45 7:22.70
 SW County Champion; PB
 11 Richard Roberts M70
 7:34.70
 12 Lesley Jackson W50 8:43.02
 SW County Silver Medallist
 LJ Jamar Eason U16B 4.81
 Emily Crisford U14G 3.86
 JT Isaac Ebers U16B 38.90
 Kuldip Digpal M60 32.77 M60
 Club Record
 Tamzin Digpal-Race SW 31.61
 PB by 1.89
 Steve Burke M50 30.36
 Eleanor Stewart U16G 29.36
 Ellie Newman U14G 14.23

Eye Charity 5M, 16 Jul 2026

1st James Orrell 26:24
 5th Lucy Mapp 29:22 1st
 Female; Club SW Record,
 beating her own 31:09 2026 and
 Club VW Record, beating
 Marcela Gracova 31:13 2024
 16th Sean Barker 31:49 1st M55
 69th Jim Stocker 39:38 1st M75
 121st Pauline Stocker 45:40 2nd
 W65
 (186 finishers)

Ipswich Twilight 10k,
17 Jul 2026

53rd Lucy Mapp 36:04 3rd
 Female; Club SW Record,
 beating her own 36:15 2023 and
 Club VW Record, beating Ieva
 Klavina 38:46 2022