



Hunts AC Happenings

Sept 2025 (Edition 271)

Watford Open, 9 Jul 2025

800m 6th George Connell
2:07.58 (PB by 0.72)

National Preparatory Schools Athletics Champs,

Birmingham, 2 Jul 2025

U13G 800m 2nd (4th overall)
Kitty Kelly 2:33.50 (PB by 2.5
secs)

Peterborough Grand Prix Series, Werrington, 9 Jul 2025

5k
2nd James Orrell 16:05.9
7th Joseph Reindel 16:41.5 (1st
U20M)
42nd Steve Church 18:51.5
(2nd M55)
64th Daniel Woolf 19:28.7
66th Ruben Thompson 19:30.5
80th Jason Mumford 19:44.8
(PB by 6 secs)
83rd Nathan Jermy 19:51.9 (PB
by 35 secs)
86th Duane Tomaselli 19:58.1
139th Ryan Bullard 21:51.8
145th Ben Nash 22:01.5
146th Sergio Pelado 22:02.8
156th Lily Reindel 22:45.9 (2nd
U17W)
186th Colette Guinea 23:36.0
188th Jim Stocker 23:41.3 (2nd
M70+)
231st Sunny Bulchandani
25:05.8
239th Pauline Stocker 25:30.6
(3rd W65+)
277th Alan Burgin 26:52.8
339th Lesley Jackson 30:34.2
359th Angela King 32:42.1
367th Hilary McConville
33:17.8
(383 finishers)
Jr Race
2nd Boogie Gray 8:13.7

4th Jake Henson 8:28.9
22nd Finley Calder 10:19.5
29th Georgie Henson 10:48.3
(72 finishers)

English Schools Champs, Birmingham, 11/12 Jul 2025

Well done to the four Hunts
juniors on their performances at
the English Schools
Championships. It's a great
achievement to be selected for
this event. Tom came second in
the Senior Boys 800m to collect
the silver medal in his last
appearance at this
championship. Derek
Representing Cambridgeshire
Schools:
Senior boys 800m.
Tom Waterworth
1st in heat 1 - 1.52.13
2nd in final - 1.53.37
Inter Boys 200m.
Stanley Hurst
7th in heat 1 - 23.20 (w/s +2.2)
Junior Boys 300m.
James Colman
5th in heat 2 - 38.44 PB by 0.53
Representing Norfolk schools:
Kiyam Medina
4th in heat 2 - 11.55
Kiyam also ran in the 4x100m
relay.

Jubilee Junior Parkrun, 13 Jul 2025

2nd Jamar Eason 8:48 (PB by 7
secs; 34th to 32nd in club all-
time rankings)
5th Ellie Newman 9:05 (2nd
JW11-14)
(66 finishers)

Southern Athletics League, Colchester, 13 Jul 2025

Well done to all of our SAL
athletes on finishing 2nd with
357.5 points.
Congrats to our Southern
Athletics League women's relay
team who set an U20W club
record. Molly Webster (age 17),
Arihanna Streete (age 15), Abi
Pudney (age 17) and Sarah-
Renae Hall (age 17) won their
race with 50.3, beating the
previous record of 51.32 set last
year by Izzie Newman, Isla
Wood, Aimee Hays, Abi
Pudney. Their time ranks them
25th in the U20W national
rankings.
Congrats to Bob Ellingham on
setting two club records on
Sunday at Colchester.
M60 Discus (2 kg) 25.79
(beating his own 25.44)
M60 Hammer (7.26 kg) 33.37
(beating his own 32.11)
Congrats to Molly Webster
who, in her third-ever race over
400m, ran 59.8 on Sunday to
qualify for the U20W national
championship. Entries closed
that night.
Congrats to Freya Harris who,
in just her second steeplechase
race, won it with 8:43.6, which
places her 11th in the U17W
national rankings and 94th in
the SW national rankings.
Congrats to Sandra Acton who
threw the discus 9.82m for 3rd
in the SW F37 national rankings
Men
100m A 4th Stanley Hurst 11.6
eq. PB
100m B 6th Sam Woodhall 12.3

200m A 5th Stanley Hurst 23.6
200m B 4th Ryan Bullard 26.8
(PB, previously 27.17)
400m A 2nd Sam Woodhall 55.0
400m B 1st Keelan Duffy 52.8
PB
800m A 3rd Daniel Brook 2:08.8
800m B 1st Keelan Duffy 2:01.2
(PB by 3.3)
800m n/s James Orrell 2:11.6
(PB by 1.4)
800m n/s Ryan Bullard 2:21.7
1500m A 1st Keelan Duffy
4:18.2
1500m B 2nd James Orrell
4:30.5
1500m n/s Ryan Bullard 5:35.8
3000m A 2nd James Orrell
9:17.4
3000m B 2nd Ryan Bullard
11:43.4 PB
4x400m 2nd Stanley Hurst,
Keelan Duffy, Sam Woodhall,
James Orrell 3:51.7
LJ A 5th Yinka Opaleye 4.44
(37th M50 national rankings)
LJ B 4th Steve Burke 2.62 (94th
M50 national rankings)
HJ A 4th Yinka Opaleye 1.44
HJ B 4th Steve Burke 1.00
TJ A 5th Yinka Opaleye 8.73
SP A 4th Steve Burke 9.10
SP B 5th Bob Ellingham 7.20
DT A 4th Steve Burke 29.68
DT B 2nd Bob Ellingham 25.79
(M60 club record, beating his
own 25.44)
JT A 7th Steve Burke 27.94
JT B 6th Yinka Opaleye 23.74
HT A 3rd Steve Burke 34.87
HT B 1st Bob Ellingham 33.37
(M60 club record, beating his
own 32.11)

Women

100m A 3rd Arihanna Streete
13.0
100m B 2nd Isla Wood 13.4
100m n/s Sarah Renae Hall 13.3
200m A 3rd Arihanna Streete
27.1 eq. PB

200m B 1st Sarah-Renae Hall
27.2 (PB by 0.2)
400m A 1st Molly Webster 59.8
(PB by 0.5)
400m B 1st Izzie Newman 63.9
800m A 5th Freya Harris 2:43.5
800m B 2nd Aimee Hays 2:46.1
(PB by 9.6)
100mH A 1st Abi Pudney 18.6
(PB by 1.01)
2000m SC A 1st Freya Harris
8:43.6 (PB; 11th U17W national
rankings; 94th SW national
rankings)
4x100m Molly Webster,
Arihanna Streete, Abi Pudney,
Sarah-Renae Hall 50.3 (U20W
club record)
4x400m 1st Molly Webster,
Anjola Opaleye, Freya Harris,
Izzie Newman
LJ A 1st Abi Pudney 5.13
LJ B 1st Mia Rutherford 4.14
(PB by 3 cms)
HJ A 3rd Abi Pudney 1.45
HJ B 3rd Mia Rutherford 1.30
TJ A 3rd Mia Rutherford 9.12
TJ B 2nd Martha Heylen 8.54
(PB by 39 cms)
SP A 3rd Tamzin Digpal-Race
9.12
SP B 5th Vicky Burke 5.84
SP n/s Sandra Acton 3.22
DT A 3rd Tamzin Digpal-Race
24.29
DT B 4th Anjola Opaleye 18.80
DT n/s Sandra Acton 9.82 (3rd
SW F37 national rankings)
JT A 2nd Tamzin Digpal-Race
29.38
JT B 7th Sandra Acton 5.89
HT A 4th Tamzin Digpal-Race
28.24
HT B 3rd Vicky Burke 13.27

County Open Meet, St Ives, **16 Jul 2025**

County Mile Championship
Medals
Thomas Richards - U17M
GOLD
Alastair Reddish - U15B GOLD

Iris Purser - U13G GOLD
Alison Stewart - SW SILVER
Lucy Hilton - U13G SILVER
Rupert Allen - U17M SILVER
Aimee Hays - U17W SILVER
Izzy Hilton - U15G BRONZE
Gabriel Lindsey - U13B
BRONZE
Jude Lindsey - U15B BRONZE
Club Records
U13G – Iris Purser 5:28.93
(beating Issy Wilkins 5:38.3
2016; 9th U13G national
rankings)
W35/40 – Alison Stewart
5:49.36 (beating her own
5:58.97 2024)
W45 – Alison Stewart 5:49.36
(beating Karen Cameron
6:47.30 2015; 6th W45 national
rankings)
W65 – Pauline Stocker 7:51.28
(beating Hilary McConville
8:37.5 2021; 4th W65 national
rankings)
National Rankings (Top 100) –
20
PBs - 39

Results

100m R1 (w/s +1.7)
4th Sam Woodhall 12.19 (PB by
0.03)
100m R2 (w/s +1.4)
1st Jacksen Hornagold 11.92
(PB by 0.90)
2nd Harry Ward 12.26 (PB,
beating 12.3)
6th Sarah-Renae Hall 13.25
100m R3 (w/s +0.3)
4th Aimee Hays 13.90
100m R4 (w/s +0.9)
1st Alfie Sinclair 12.59 (PB,
beating 12.6)
2nd Arihanna Streete 13.35
5th Jessica Waterworth 14.21
6th Lily Twumasi 14.26
100m R5 (w/s +1.1)
2nd Freya Ambler 14.09
100m R7 (w/s +0.8)
1st Eleanor Stewart 14.33 (PB,
beating 14.9)

3rd Josiah Hall 14.97 (PB, beating 15.15w)
4th Tobechi Mokah 15.17 eq. PB
5th Summer Rooney 15.23
100m R8 (w/s +1.3)
2nd Ella Connell 15.78 PB (first-ever track race)
200m R1 (w/s +1.2)
1st Stanley Hurst 22.93 eq. PB
4th Sam Woodhall 24.45 (PB by 0.06)
200m R2 (w/s +1.3)
1st Jacksen Hornagold 24.34 (PB by 1.21)
2nd Harry Ward 24.87 (PB, beating 25.38/25.2)
5th Alfie Sinclair 25.41 (PB, beating 25.9)
200m R3 (w/s 1.3)
1st Molly Webster 26.37
3rd Sarah-Renae Hall 27.34 (PB, beating 27.4)
200m R4 (w/s +0.6)
1st Aimee Hays 27.89
4th Eleanor Stewart 29.84 (PB by 4.02)
200m R5 (w/s +1.3)
3rd Freya Ambler 29.05 eq. PB
4th Kitty Kelly 29.83
200m R6 (w/s +1.6)
1st Lily Twumasi 29.20 (PB, beating 29.7)
2nd Anjola Opaleye 29.31 (PB by 0.01)
3rd Maya Wager 29.50 eq. PB
200m R7 (w/s +1.9)
1st Isabella Smith 30.56 (PB, beating 30.7)
3rd Sophie Bedingfield 31.50
200m R8 (w/s +0.7)
1st Tobechi Mokah 31.11
800m R1
1st Bill Crowther 2:00.28
4th Daniel Brook 2:007.80 (PB by 0.4)
5th Charlie Irons 2:08.15 (PB by 1.05)
800m R2
1st Daniel Ryder 2:20.79

4th Moses Smith 2:22.07 (PB by 2.83; 58th U13B national rankings)
10th Rebecca Smith 2:34.40
800m R3
6th Kitty Kelly 2:36.17
800m R4
5th Rupert Allen 2:48.91
6th Maya Wager 2:49.02 (PB by 11.48)
8th Sophie Bedingfield 2:54.61
11th Kavita Patel 3:14.57 PB (first-ever track race)
Mile R1
4th James Orrell 4:34.99
6th Simon Bowman 4:44.07 (PB By 1.11; 15th M35 national rankings)
7th Martin Amos 4:45.45 (10th M40 national rankings)
8th Thomas Richards 4:52.42 (PB; 69th U17M national rankings)
11th Dave Connell 5:26.76 (34th M50 national rankings)
Mile R2
1st Alastair Reddish 5:19.58 (PB by 25.04; 20th U13B national rankings)
3rd Iris Purser 5:28.93 (U13G club record; 9th U13G national rankings)
9th Izzy Hilton 5:44.60 (PB; 35th U15G national rankings)
10th Alison Stewart 5:49.36 (W40/45 club records; 6th W45 national rankings)
11th Ellie Zubrik 5:51.12 PB
Mile R3
1st Nathan Jermy 5:44.52 (PB; 80th M35 national rankings)
2nd Gabriel Lindsey 5:55.57 PB
7th Lucy Hilton 6:14.78 PB
8th Alexander Brook 6:18.34 (64th M45 national rankings)
11th Rupert Allen 6:35.40 (PB)
12th Jude Lindsey 6:39.55 PB
14th Jim Stocker 6:49.61 (2nd M75 national rankings)
Mile R4
2nd Ellie Newman 6:50.26 (PB by 15.45)

3rd Aimee Hays 7:03.00
5th Graham Williams 7:20.14 (14th M70 national rankings)
6th Richard Roberts 7:29.14 (15th M70 national rankings)
8th Robins Lindsey 7:35.47 PB
9th Pauline Stocker 7:51.28 (W65 club record; 4th W65 national rankings)
10th Lesley Jackson 8:37.28 (39th W50 national rankings)
11th Hilary McConville 9:53.49 (5th W70 national rankings)
Javelin
Isaac Ebers 32.70 (3rd U15B)
Steve Burke 30.12 (1st M50)
Isabella Smith 9.77 (2nd U15G; PB by 16 cms)
Long Jump
Isabella Smith 3.62 (2nd U15G)
Ellie Newman 3.12 (3rd U13G)

Eye Charity 5M, 17 Jul 2025

1st James Orrell 26:59
5th Simon Bowman 28:47
19th Steve Church 31:46 (2nd M55)
26th Daniel Woolf 32:37
32nd Duane Tomaselli 33:15
51st Rosie Mead 35:41 (1st U20W)
85th Jim Stocker 40:04 (1st M70+)
111th Pauline Stocker 43:53 (3rd W65)
122nd Alan Burgin 45:44
171st Hilary McConville 55:12 (184 finishers)

Eastern Counties Champs, Cambridge, 19 Jul 2025

7 GOLD, 5 SILVER, 4 BRONZE (Last year 2 GOLD, 5 SILVER, 4 BRONZE)
100m ht (U13G) 5 Theia Parson 15.04 (PB, beating 15.1)
100m ht (U13G) 1 Lily Twumasi 14.33
100m F (U13G) 6 Lily Twumasi 14.20
100m ht (U17W) 5 Arihanna Streete 13.07

100m ht (U17M) 6 Alfie Sinclair 12.76
100m ht (U17M) 4 Liam Morris 12.21 (PB by 0.02)
100m F (U17M) 7 Liam Morris 12.30
800m F (U13G) 7 Ellie Newman 3:01.39
800m F (U20W) 1 Izzie Newman 2:30.30 (PB by 13 secs) GOLD
800m F (U13B) 1 Jake Henson 2:22.22 (PB, beating 2:22.4) GOLD
800m F (U17M) 1 Lewis Cummins 2:04.41 GOLD
4 Charlie Irons 2:12.16
400m F (U20W) 1 Izzie Newman 64.11 GOLD
400m F (U17M) 3 Harry Ward 57.62 BRONZE
400m F (U20M) 3 Harry Exell 51.11 (eq. PB) BRONZE
300m F (U17W) 4 Freya Ambler 46.01 (PB, beating 46.9)
200m ht (U13G) 4 Lily Twumasi 30.38
5 Theia Parson 31.35 (PB, beating 31.7)
200m F (U17W) 6 Arihanna Streete 26.92 (PB, beating 27.1)
200m ht (U17M) 4 Liam Morris 25.49
200m ht (U17M) 4 Alfie Sinclair 25.73
200m F (U17M) 6 Liam Morris 25.46
7 Alfie Sinclair 25.75
1500m F (U15G) 9 Ellie Zubrik 5:22.30
Hammer (SM) 1 Steve Burke 35.91 GOLD
Hammer (U20M) 3 Toby Carroll 33.91 BRONZE
Hammer (SW) 5 Tamzin Digpal-Race 31.54
Hammer (U20W) 1 Willow Bedding 45.84 GOLD
Discus (SM) 2 Steve Burke 29.09 SILVER
Discus (U20M) 1 Toby Carroll

25.25 GOLD
Discus (U20W) 4 Willow Bedding 24.14
Discus (U17W) 5 Anjola Opaleye 22.66
Shot (SM) 6 Steve Burke 9.07
Shot (U20M) 2 Toby Carroll 10.75 (PB by 66 cms; 73rd U20M national rankings) SILVER
Shot (SW) 3 Tamzin Digpal-Race 9.09 BRONZE
Shot (U17W) 4 Anjola Opaleye 8.54
Javelin (U15B) 7 Isaac Ebers 29.29
Javelin (SW) 2 Tamzin Digpal-Race 26.05 SILVER
Long Jump (U15B) 5 Jamar Eason 4.07
Triple Jump (U15B) 6 Jamar Eason 8.39
Triple Jump (SW) 2 Mia Rutherford 8.76 SILVER
High Jump (SW) 2 Mia Rutherford 1.25 SILVER

**Peterborough Grand Prix,
Stamford, 23 Jul 2025**

5k
1st James Orrell 15:52.2
4th Joseph Reindel 16:13.1 (1st U20M)
10th Natty Clifford 16:50.9 (1st U17M; PB by 14 secs)
15th Simon Mead 17:08.5 (1st M50)
16th Oli Albone 17:13.1 (2nd U17M)
46th Steve Church 18:26.4 (2nd M55)
57th Ruben Thompson 18:39.4
65th Daniel Woolf 18:51.4
80th Duane Tomaselli 19:22.3
90th Sergio Pelado 19:40.6
102nd Rosie Mead 20:02.9
104th Freya Harris 20:06.0 (2nd U17W; PB by 64 secs)
137th Lily Reindel 21:29.1
140th Ben Nash 21:34.0
169th Graham Williams 23:07.9 (2nd M70+)

221st Pauline Stocker 24:43.8 (2nd W65+)
228th Richard Roberts 25:00.4
265th Alan Burgin 26:34.6
302nd Lesley Jackson 28:49.0
341st Angela King 31:20.8
345th Hilary McConville 31:53.3 (365 finishers)

3k
3rd Jake Henson 10:29.9
35th Georgie Henson 13:22.3 (71 finishers)

Watford Open, 23 Jul 2025

Iris Purser ran ahead of the field for most of her race and improved her 1500m PB by another 4+secs to finish in 4.55.90 to break her own U13G club record and place her 10th in the U13G national rankings. Lewis Cummins and George Connell both reduced their PBs by ~8secs with 4.19.80 and 4.25.04 respectively. George ran very even pace, Lewis not so even 61s first lap! Olivia ran a season's best, 4.54.57, Amelia had a decent run (5:10.78) despite being unwell leading up to this, and it was good to see other club members, Dave Connell (4:48.16 – 55th M50 national rankings) and Brandon Ballard (3:56.03) have good runs.

**England Athletics Senior &
U20 Championships,
Birmingham, 25/26 Jul 2025**

Molly Webster U20W 400 ht - 6th 60.73
Willow Bedding U20W Hammer Final - 6th 48.09m (4th England)
Tom Waterworth U20M 800m heat - 1st 1:50.66; Final 3rd 1:49.07 BRONZE
Joey Croft SM 3000mSC - 6th 9:11.12

Huntingdon Parkrun,

26 Jul 2025

As Dave Hudson led all in 16:18, Nathan Jermy placed 12th with 19:40 to knock 18 seconds off his course best while Rosie Mead set a course PB (by 13 seconds) of 21:00 in 25th place, to move up one place to 16th in the club all-time rankings.

Corby AC Open, 29 Jul 2025

400m 2nd Sam Woodhall 54.69 PB

Brighton Track Night,

30 Jul 2025

800m R8 – 8th Izzie Newman 2:29.33 PB

Parkrun PBs, 2/3 Aug 2025

Liam Morris placed 4th (1st JM15-17) in the Huntingdon parkrun with 19:13 (PB by 1:42), just 6 seconds from entering the club all-time top 50. In the same event, Izzy Newman improved her best by 1:11 in 40th (2nd JW15-17) and enters the club all-time rankings in 37th place. At the Jubilee Junior Parkrun, 10-year-old Orla Setchell finished 8th (2nd JW10) with 10:06 (25-sec PB) to go 19th in the club all-time rankings.

5M Monthly Time Trial,

5 Aug 2025

While Bruce Grimley led all this race with 40:50 actual, Tim Jones improved his best from 32:44 down to 31:28 to move from 34th to 23rd in the club all-time rankings.

Charnwood Open,

Loughborough, 6 Aug 2025

400m – Izzie Newman 62.29 (PB by 0.1)

400m – Sam Woodhall 54.22 (PB by 0.47)

BMC Races, Loughborough,

6 Aug 2025

1500m – Brandon Ballard 4:05.85

Watford Open, 6 Aug 2025

800m – Bill Crowther 1:58.39 (first time under 2 minutes)

800m – Lewis Cummins 2:01.76

Peterborough Grand Prix,

Ferry Meadows, 6 Aug 2025

5k

5th Dave Hudson 15:52.0 (1st M40; 69th M40 national rankings)

7th Simon Bowman 15:58.0 (PB by 30 secs)

8th James Orrell 16:01.9

11th Joseph Reindel 16:20.6 (2nd U20M)

15th Natty Clifford 16:49.7 (1st U17M; PB by 1 sec)

22nd Simon Mead 17:07.7 (2nd M50; 71st M50 national rankings)

32nd Ty Farrer 17:32.1

35th Chris Parson 17:35.6

44th Dave Connell 17:57.7

60th Steve Church 18:30.1 (1st M55)

63rd Ruben Thompson 18:34.2 (PB by 5 secs)

78th Daniel Woolf 18:50.5

107th Sergio Pelado 19:32.9

126th Rosie Mead 19:51.5

142nd Jason Mumford 20:16.4

144th Freya Harris 20:18.8 (2nd U17W)

145th Ryan Bullard 20:18.8

176th Lily Reindel 21:23.7 (3rd U17W; PB by 4 secs)

195th Ieva Klavina 21:57.3 (3rd W40)

219th Jim Stocker 22:44.4 (1st M70+; 5th M75 national rankings)

256th Graham Williams 23:45.7 (2nd M70+)

275th Sunny Bulchandani 24:28.6

295th Pauline Stocker 25:01.6 (2nd W65+)

339th Alan Burgin 26:55.3

381st Lesley Jackson 29:00.8

400th Diane Bunch 29:54.6

422nd Angela King 31:35.2

428th Hilary McConville 32:22.1

(453 finishers)

3k

3rd George Connell 10:11.9 (2nd U15B)

4th Jake Henson 10:14.8 (2nd U13B)

15th Finley Calder 12:06.5

19th Kitty Kelly 12:14.4 (2nd U13G)

33rd Georgie Henson 13:52.5

37th Ellie Newman 14:15.1

42nd Theia Parson 15:09.9 (66 finishers)

England U15/U17 Champs,

Birmingham, 8 Aug 2025

300m Ht 5 – 3rd Jacksen

Hornagold 38.59 (PB, beating 38.9; 68th U15B national rankings) - Qualified for semi-final but hip pain prevented him from competing.

Parkruns, 9 Aug 2025

At Hinchingbrooke Park, Dave Hudson (17:22) and Seb Darnell (18:24) finished 1-2, while in 5th place, Steve Church ran 18:58, improving on his 2025 parkrun best by 2:34 and he wasn't that far from his all-time best of 18:08 set 11 years ago. Steve not only finished as 1st M55, but also placed ahead of all M45s and M50s. Hannah Darwin finished 39th overall, and 1st JW11-14, with 22:37, entering the all-time club rankings in 32nd position. In 51st place, Izzie Newman improved her best by 9 seconds with 23:05 to move from 37th to 36th equal in the club rankings

and to finish as 1st JW15-17. Congratulations to Sandra Acton who finished her 100th parkrun in 72:45, her fastest over this course for six years. At Ferry Meadows, James Orrell placed 1st with 16:28, while Natty Clifford finished as 1st JM15-17 with 18:17.

**European U18 Athletics
Champs, Tampere, Finland,
7/9 Aug 2025**

Tom Waterworth came within a hairbreadth of winning the 800m gold medal at the European Athletics Under 20 Championships in Tampere, Finland at the weekend. After winning his heat in 1:47.93, the fastest heat time in the 55-year history at these championships, Tom knew that he would have to contend with two other Britons in the final who had also won their heats. William Rabjohns was the fastest Under 20 800m runner in Europe while Tom had lost twice this year to Rafferty Mirfin. The final started at a relatively slow pace before Tom took up the running after 200m. He held the lead until the back straight on the last lap when he was overtaken by Mirfin.

Meanwhile, Rabjohns, who found himself boxed in behind Tom, pushed through a gap on the inside which wasn't there. Rabjohns bumped Tom out of the way and went into second place, causing a knock-on effect which saw a Spanish runner being tripped and crashing to the track. With 100m to go, the three Brits seemed sure of a clean sweep. Rabjohns went past Mirfin with 50m to go and crossed the line in first place. Mirfin claimed the silver medal with Tom taking bronze.

However, the Spanish team immediately put in a protest which was upheld with Rabjohns being disqualified. Tom was elevated to the silver medal position, just 0.11 seconds behind Mirfin (1:48.09 to 1:48.20). They both have another year to go in the Under 20 age group.

**Peterborough Grand Prix
Series Top 3 Places (Final)**

5k
SM (and overall) – 1st James Orrell
U20M – 1st Joseph Reindel
U17M – 1st Natty Clifford; 2nd Oli Albone
M50 – 2nd Simon Mead
M55 – 2nd Steve Church
M70+ - 2nd Jim Stocker; 3rd Graham Williams
U17W – 2nd Freya Harris; 3rd Lily Reindel
W65+ - 2nd Pauline Stocker (791 runners across all age groups took part)
3k
U13B – 3rd Jake Henson

**Birchfield Field Fest,
Birmingham, 17 Aug 2025**
LJ – Jamar Eason 4.26 (PB by 17 cms)

**Newark Half Marathon,
17 Aug 2025**
11th Dave Hudson 72:45 (2nd M40)

**Watford AC Open,
20 Aug 2025**
Olivia Mead ran a PB 4:53.59, beating her previous best of 4:54.44 set in 2019. Over the same distance, Aaron Hawkins and Amelia Darnell ran 4:29.45 and 5:14.70, respectively.

Parkruns, 23 Aug 2025
At Storey's Field parkrun,

6th Josh Ansell 16:49 (PB by 7 secs; 17th to 14th in club all-time rankings)
53rd Hayden Waller 19:54 (PB by 26 secs; consolidates 36th place in club all-time rankings)
93rd Lucy Waller 21:40 (PB by 57 secs; 17th to 16th in club all-time rankings)
At Huntingdon parkrun, Simon Mead placed first with 17:05 (just 3 secs from his best) while Dave Hudson led all runners at Jubilee parkrun, Bedford with 15:59.

**Biggleswade Summer Throws,
23 Aug 2025**

Steve Burke
Shot Put 10.28m (6kg) SB
Discus 34.82m (1.5kg)
Javelin 31.05m (700g) SB
Hammer 38.42m (6kg)
Vicky Burke
Shot Put 5.66m (4kg)

**BMAF Open & Pentathlon,
Nuneaton, 24 Aug 2025**

Steve Burke
Weight Throw 13.79m (11.34kg) 2nd M50
Shot Put 10.20m (6kg) 2nd M50

**Charnwood Open,
24 Aug 2025**

Despite a leg infection leading up to this meet, Jake Henson won the mile race in 5:19.35 to go 23rd in the U13B national rankings and just 1.15 secs from the U13B club record. For his achievement, Jake picked up the Star of the Future award.

U15B 100m ht – 2nd Chris Collins 12.11
U15B 100m F – 3rd Chris Collins 12.18
U17M 100m ht – 5th Liam Morris 12.31

U20M+ 100m – 5th Sam Woodhall 12.41
 300m
 1st Sam Woodhall 39.37
 2nd James Coleman 39.75
 3rd Liam Morris 40.02 (PB by 1.56)
 600m – 5th Georgie Henson 2:10.90 (PB by 1.7)

Parkruns, 30 Aug 2025

At Hinchbrook Park, Dave Hudson led all with 16:18 while Henry Waller placed 3rd with 19:04 to improve his best by 25 seconds and enter the club all-time rankings in 50th place. Henry's dad Hayden finished in 11th with 19:59, reducing his best by 9 seconds. In 49th, Matthew Hilton ran a PB 22:34, improving his best by 81 seconds.

Northstowe Half Marathon, 30 Aug 2025

142nd Pauline Stocker 2:10:30 (1st W65)

Southern Athletics League, Sandy, 30 Aug 2025

Subject to confirmation:
 Won the meet
 Division Champions
 13 PBs
 3 club records
 8 national rankings

Final Standings

1	Huntingdonshire	1401.5	29
2	COBRA	1534	28
3	Bedford	1279.5	23
4	Southend	1078.5	21
5	Biggleswade	1044	18
6	Ryston	669	12
7	West Norfolk	550.5	9
8	West Suffolk	370	4

Men
 100m A 4th Zach Bowes 11.85
 100m B 4th Daniel Butterworth 12.15 PB
 200m A 3rd Zach Bowes 23.36
 200m B 5th Sam Woodhall 25.58
 400m A 4th Keelan Duffy 55.97
 400m B 2nd Samuel Woodhall 55.39
 800m A 1st Joey Croft 1:55.60
 800m B 1st Bill Crowther 1:59.85
 800m n/s Keelan Duffy 2:03.97, Daniel Brooks 2:09.00, Charlie Irons 2:11.15, Daniel Ryder 2:22.85, Andy Stowe 2:15.36 (22nd M50 national rankings), Jim Stocker 3:11.69
 1500m A 3rd Keelan Duffy 4:31.16
 1500m B 2nd James Orrell 4:35.09
 1500m n/s Jim Stocker 6:35.96 (M75 Club Record, beating his own 6:38.4 and consolidating his 7th place in the M75 national rankings)
 5000m A 3rd James Orrell 16:30.9
 5000m B 2nd Simon Mead 18:01.6 (M50 Club Record, beating Steve Wellman 19:51.2 2010; 42nd M50 national rankings)
 110mH A 3rd Dan Steel 21.15
 400m H 3rd Dan Steel 69.29
 4x100m 1st Sam Woodhall, Daniel Butterworth, Zach Bowes, Dan Steel 46.7
 LJ A 4th Dan Steel 6.26
 LJ B 2nd Phil Bowers 4.85 (Consolidates 8th in M55 national rankings)
 HJ A 3rd Dan Steel 1.68
 HJ B 3rd Phil Bowers 1.43 (13th M55 national rankings)
 TJ A 5th Phil Bowers 9.60
 TJ B 4th Richard Phelan 8.48
 PV A 3rd Richard Phelan 2.55
 PV B 3rd Dan Steel 2.05
 SP A 5th Steve Burke 8.97

SP B 3rd Toby Carroll 8.88 (PB by 1 cm)
 DT A 5th Steve Burke 28.83
 DT B 3rd Toby Carroll 25.75 (PB by 3.11)
 DT n/s Bob Ellingham 24.19
 JT A 6th Daniel Butterworth 32.44 (U17M Club Record – throwing 800gm javelin, beating Jonathan Edwards 31.93 2008)
 JT B 5th Eddie Lawrence 29.10 (PB by 2.01)
 JT n/s Kuldip Diggall 29.10
 HT A 4th Steve Burke 34.13
 HT B 2nd Toby Carroll 25.07 (PB by 2.43)
 Women
 100m A 3rd Isla Wood 13.46
 100m B 3rd Anjola Opaleye 14.46
 100m n/s Faye Young 15.71
 200m A 3rd Izzie Newman 29.28
 200m B 2nd Aimee Hays 29.48
 400m A 1st Molly Webster 61.40
 400m B 1st Aimee Hays 65.12 PB
 800m A 2nd Olivia Mead 2:24.74
 800m B 1st Izzie Newman 2:28.47 (PB by 0.86)
 800m n/s Rebecca Smith 2:38.16
 1500m A 3rd Amelia Darnell 5:31.17
 5000m A 2nd Rosie Mead 20:38.7 PB
 100mH A 1st Abi Pudney 19.9
 100mH A 1st Faye Young 20.2
 400mH A 1st Faye Young 88.71
 1500m SC A 2nd Freya Harris 6:16.17 (PB by 17.53, 81st U17W national rankings)
 1500m SC B Rosie Mead 6:26.74 (PB; 63rd U20W national rankings)
 4x100m 1st Anjola, Isla, Aimee, Abi 53.1
 LJ A 1st Abi Pudney 5.01
 LJ n/s Mia Rutherford 3.82

HJ A 5th Abi Pudney 1.43
HJ B 3rd Mia Rutherford 1.28
TJ A 4th Mia Rutherford 8.58
TJ B 3rd Jo Abel 7.98
PV A 2nd Sandra Pedley 2.05
(W60 Club Record; 2nd W60
national rankings; 6th W60 all-
time rankings)
SP A 2nd Tamzin Diggall-Race
9.56 (PB by 7 cms; 57th U23W
national rankings)
SP B 3rd Sandra Acton 3.18
DT A 3rd Tamzin Diggall-Race
25.16 (PB by 82 cms)
DT B 3rd Anjola Opaleye 19.79
DT n/s Sandra Acton 9.90
JT A 3rd Tamzin Diggall-Race
29.73
JT B 7th Sandra Acton 5.22
HT A 2nd Tamzin Diggall-Race
33.38 (PB by 61 cms; 35th
U23W national rankings)
HT B 2nd Caitlan Burke 27.59
Mixed
4x400m 1st Sam Woodhall,
Molly Webster, Izzie Newman,
Zach Bowes 4:00.19

Parkruns, 6 Sep 2025

For the 159th time, Dave
Hudson led all over the
Hinchingsbrooke Park parkrun
course with 17:50. In 2nd place,
Henry Waller brought this best
down from 19:04 (last week) to
17:51 to move from 50th to 23rd
equal on the club all-time
rankings.

Jubilee Junior Parkrun, 7 Sep 2025

2nd Jamar Eason 8:36 (PB by 12
secs; 32nd equal to 32nd in the
club all-time rankings)
7th Ellie Newman 9:07 (1st girl)

Sawtry 10M, 7 Sep 2025

Dave, Simon and Josh
combined to take the team title.
1 David Hudson 55:47.8
7 Simon Mead 1:00:47.6 (1st
M50)

11 Josh Ansell 1:01:51.2 (PB
by 69 secs)
36 Nathan Jermy 1:10:10.9
44 Sean Barker 1:11:42.6
66 Rosie Mead 1:16:26.1
69 Duane Tomaselli 1:16:35.6
87 Bruce Grimley 1:19:32.4 (1st
M70+)
101 Martin Quinn 1:22:43.8 PB
125 Ben Nash 1:26:48.6 PB
161 Colette Guinea 1:32:56.8
174 Pauline Stocker 1:34:21.4
(3rd W65)
178 Richard Roberts 1:34:30.2
(3rd M70+; PB)

Monthly 5M TT, 2 Sep 2025

Not only did Alastair Falconer
win the race, he also entered the
club all-time rankings in 32nd
place. Similarly, Marie Ivanova
now sits in 37th in the women's
all-time rankings.
1st Alastair Falconer 58:03
(32:24)
2nd Joe Kerins 58:32 (41:34)
3rd Marie Ivanova 60:05 (43:35)
4th Sam Speariett 61:00 (37:20)
5th Richard Roberts 64:09
(47:15)
6th Chris Davies 66:32 (47:07)

Surrey Combined Events, Carshalton, 6/7 Sep 2025

Dan Steel
Day 1
100m - 12.24s (-0.4)
LJ - 6.01m (+1.1)
SP - 9.44m
HJ - 1.77m - Best result since
2018
400m - 56.47s
Day 2
110mH - 20.11 (-2.8)
DT - 27.63m
PV - 3.11m
JT - 39.95m
1500m - 5:52.60
Total Score - 4668 - 4th best
ever result.

Mile Races, Sandy, 10 Sep 2025

Lewis Cummins finished 2nd in
his mile race with 4:47.6 to
knock 3.2 seconds off his best
and go 87th in the U17M
national rankings. Running in
the same race, Mark Sampson
placed 3rd with 4:51.0 for 35th in
the M35 national rankings.
Other mile results: Izzy Hilton
5:57.4, Jim Stocker 6:57.3.

Intra-Club Meet, St Ives, 11 Sep 2025

Club Records (details below)
600m Kitty Kelly - U13G club
record
600m Dave Connell – M50 club
record
600m Alison Stewart W35 –
W45 club records
600m Pauline Stocker W60 –
W65 club records
300m Pauline Stocker W45 –
W65 club records

300m Race 1

1 Sam Woodhall U17M 38.4
(PB)
2 Liam Morris U17M 38.8 (PB,
beating 40.02)
3 James Coleman U15B 39.8
4 Jamar Eason U15B 46.0 (PB,
beating 46.27)

300m Race 2

1 Isabella Smith U15G 49.9
2 Tilly Sayer U20W 52.1 PB
3 Hannah Darwin U15G 55.0
4 Pauline Stocker W65 68.2
(club records W45 – W65)
5 Keira Loop U15G 70.6

(waiting list)

300m Race 3

1 Freya Ambler U17W 47.1
2 Maya Wager U17W 48.4
3 Annabel Lindsell U17W 49.7
600m Race 1 (waiting list)
1 George Jenner U11B 2:00.5
2 Sebastian Harrison U11B
2:07.6
3 William Davidson U11B

2:08.1
4 Harrison Powell U11B 2:12.2
PB
5 Austin Cartwright U11B
2:18.7
6 Seb Lacey U11B 2:18.9
7 Jack Tod U11B 2:21.9
8 Max Edwards U11B 2:31.6
600m Race 2 (waiting list)
1 Ataiah Adams U11G 2:02.1
2 Cameron Cartwright U13B
2:04.8
3 Poppy Witt U11G 2:07.6
4 Nathanael Howell U13B
2:10.5
5 Isobel Edwards U13G 2:10.6
6 Jessica Barry U13G 2:13.5
7 William Tod U13B 2:18.7
8 Orla Setchell U11G 2:23.1
600m Race 3
1 Moses Smith U13B 1:48.8
(PB by 12.3; 67th U13B national
rankings)
2 Caleb Purser U13B 2:00.0 PB
3 Charlie Fowler U11B 2:03.5
PB
4 Finley Calder U11B 2:04.5
(PB by 1.8)
5 Jack Slater U11B 2:09.9
6 Alexa Brooks U11G 2:10.6
PB
7 Grace Kilsby U11G 2:16.3 PB
8 Ellie Bedingfield U11G
2:21.6
9 Chloe Risley-Settle U11G
2:30.7 PB
600m Race 4
1 Kitty Kelly U13G 1:49.0
(U13G club record, beating
Lexi Flockhart 1:53.0 2017; 19th
U13G national rankings)
2 Iris Purser U13G 1:50.0 (PB
by 16.6; also inside previous
U13G club record; 26th U13G
national rankings)
3 Lucy Hilton U13G 2:04.1 (PB
by 10.4)
4 Lenni Williams U13B 2:05.1
PB
5 Ella Connell U13G 2:10.8 PB
6 Eva Purser U13G 2:11.6 PB
7 Ellie Newman U13G 2:11.9

(PB, beating outdoor PB by
11.48)
8 Phoebe Huish U13G 2:15.3
PB
9 Kavita Patel U13G 2:23.3 PB
600m Race 5
1 Izzy Hilton U15G 1:51.0 (PB
by 26.1)
2 Ellie Zubrik U15G 1:56.6 PB
3 Summer Rooney U15G 2:00.8
(PB by 14.6)
4 Immy Wood U15G 2:02.2 PB
5 Isabella Smith U15G 2:04.4
PB
6 Sophie Bedingfield U15G
2:06.0 (PB by 21.4)
7 Hannah Darwin U15G 2:18.0
PB
600m Race 6
1 Dan Steel SM 1:40.8 PB
2 Olivia Mead SW 1:44.8 PB
3 Dave Connell M50 1:46.6 (PB
by 7.8; M50 club record; 4th
M50 national rankings)
4 Rebecca Smith U17W 1:50.6
PB
5 Freya Harris U17W 1:55.3 PB
6 Amelia Darnell SW 1:56.3
7 Alison Stewart W45 1:58.4
(W35-W45 club records,
beating Penny Butcher 2:11.6
2013
8 Pauline Stocker W65 2:35.5
(W60-W65 club records)
600m Race 7
1 William Crowther U20M
1:25.8 (PB by 6.26; 14th U20M
national rankings)
2 Benedict Scott U20M 1:27.2
PB
3 Lewis Cummins U17M 1:28.4
(PB; 17th U17M national
rankings)
4 Noah Scott-Donkin U20M
1:29.6 (PB by 20.6)
5 Aaron Hawkins U20M 1:30.4
(PB by 19.8)
6 Daniel Brook U17M 1:31.1
(PB by 35.69)
7 Charlie Irons U17M 1:31.2
PB
8 George Connell U17M 1:32.0

(PB by 8.92)
4x200m Race 1
1 Kitty Kelly U13G 2:09.1 (16th
U13G national rankings)
Ellie Newman U13G
Lucy Hilton U13G
Lily Twumasi U13G
2 Moses Smith U13B 2:12.6
Tobechi Mokah U13B
Theo Bennett U13B
Jamar Eason U15B
3 Hannah Darwin U15G 2:13.8
Isabella Smith U15G
Sophie Bedingfield U15G
Izzy Hilton U15G
4 Alexa Brooks U11G 2:33.4
Grace Kilsby U11G
Ellie Bedingfield U11G
Orla Setchell U11G
5 Phoebe Huish U13G 2:34.2
Chloe Risley-Settle U11G
Kavita Patel U13G
Ella Connell U13G
4x200m Race 2
1 Annabel Lindsell U17W
2:03.3
Maya Wager U17W
Freya Ambler U17W
Rebecca Smith U17W
DISQ. Izzie Newman U20W
1:50.9
Sarah-Renae Hall U20W
Abi Pudney U20W
Molly Webster U20W

Thanks to our officials for
making this meet happen –
Charlotte Bruce, Ellie Smith,
Rach Waterworth, Jess
Waterworth, Sandra Action,
Sandra Pedley, Matt Hays,
Yinka Opaleye, Lucy Waller,
Wayne DuBose

Ferry Meadows Parkrun,
13 Sep 2025

Storey's Field parkrun gone due
to a new road going through it.
Huntingdon parkrun cancelled
due to no defibrillator.
At Ferry Meadows, Ruben
Thompson placed 8th with 18:25

to knock 10 seconds off his best and move up from 27th to 24th in the club all-time rankings. In 20th, Duane Tomaselli finished as 2nd M45 with 19:53 while 10-year-old Finley Caulder ran 20:53 to improve his best by 66 seconds, finish as 1st JM 10 (out of 14) and move up from 46th to 42nd in the club all-time rankings.

Cambourne Junior Parkrun,

14 Sep 2025

Hunts AC went 1st & 2nd with Ellie Zubrik & William Davidson both recording 7:55, an improvement by William of 20 seconds.

South of England U15/17 Inter-Counties Championships,

Horspath,

14 Sep 2025

Well done to our athletes who were selected to represent Cambridgeshire County AA. U15B 100m ht – 2nd Joshua Dawe 11.84 (w/s -0.7) PB by 0.05
U15B 100m Final – 3rd Joshua Dawe 11.82 (w/s -2.2) PB by 0.02
U15B HJ – 5th Joshua Dawe 1.60
U15G HT – 5th Eleanor Stewart 31.98
U15B 300m – 7th James Coleman 39.75 (39.42 heats)
U15G 1500m – 9th Izzy Hilton 5:19.81
U17W DT – 9th Anjola Opaleye 23.39
U15B 200m ht – 5th Jacksen Hornagold 25.64

Intra-Club Meet, St Ives,

16 Sep 2025

Twelve 2000m club records
James Orrell SM
Martin Amos M40
Dave Connell M45/50
Alison Stewart W35/40/45
Pauline Stocker W55/60/65
Richard Roberts M65/70

Thanks to our officials and helpers Yinka, Matt, Sandra A., Andy, Amelia, Jess W., Ellie, James, Moji

2000m R1

1 Sam Parker U15B 6:48.1
2 Robert Schroeder U15B 7:09.0
3 Theo Wrathall U17M 7:09.6 PB
4 Daniel Woolf M50 7:27.5 PB
5 Izzy Hilton U15G 7:28.2 PB
6 Alison Stewart W45 7:33.4 (W35/40/45 Club Records, beating Karen Cameron 8:56.2 2015)
7 Freya Harris U17W 7:39.5 PB
8 Pauline Stocker W65 9:35.5 (W55/60/65 Club Records)
9 Richard Roberts M70 9:37.5 (M65/70 Club Records)

2000m R2

1 James Orrell SM 5:53.4 (SM Club Record, beating Joey Croft 5:58.80 2017)
2 Simon Bowman SM 5:55.0 PB
3 Mark Sampson SM 5:55.5 PB
4 Martin Amos M40 5:59.3 (M40 Club Record, beating Peter Downhill 6:51.6 2015)
5 William Crowther U20M 6:09.6 PB
6 George Connell U17M 6:24.7 PB
7 Daniel Brook U17M 6:28.1 PB
8 Charlie Irons U17M 6:40.6 PB
9 Dave Connell M50 6:43.8 (M45/50 Club Records, beating Peter Downhill 6:51.6 2015 and Derek Darnell 7:18.2 2021)
10 Louis Spalding U15B 6:46.8 PB
150m R1
1 Eleanor Stewart U15G 21.9 (PB by 3.6)
2 Maya Wager U17W 22.1 PB
3 Isabella Smith U15G 22.2 PB
4 Sophie Bedingfield U15G 22.8 (PB by 5.03)
5 Summer Rooney U15G 23.1 (PB by 2.5)
150m R2
1 Blëek Kidze U11B 25.3
2 Isaac Schofield U11B 25.8

3 Edward McCrea U11B 25.9
150m R3
1 Jack Slater U11B 23.1 (eq. PB)
2 Harrison Loop U11B 24.6
3 Doeian McDuffie U11B 26.3
4 Logan Pendell U11B 27.4
150m R4
1 Kaihaan Abdulkader U17M 21.2
2 David Orekoya U15B 22.4
3 Reb Baxendale U13B 22.6
4 Albert Watts U13B 23.1
5 Thomas Hunt U13B 24.6
150m R5
1 Enid Watts U11G 24.5
2 Erin Dowling U11G 25.2
3 Marcey Ellis U11G 28.7
4 Ella Trippett U11G 29.9
150m R6
1 Caden Engelbrecht U15G 23.2
2 Chloé Pritchard-Bossé U11G 25.9
3 Irina Georgieva U11G 27.0
150m R7
1 Jessica Stevens U13G 23.2
2 Charlotte Allen U13G 23.7
3 Hannah Jablonski U13G 24.3
4 Ela Muratli U13G 24.6
5 Poppy-May Cattle U13G 25.3
150m R8
1 Hannah Darwin U15G 23.6
2 Ellie Bedingfield U11G 26.0
3 Kavita Patel U13G 27.5
6 Chloe Risley-Settle U11G 28.2
150m R9
1 Lily Twumasi U13G 21.7
2 Phoebe Huish U13G 23.4
3 Emily Crisford U13G 24.0
4 Izzy Wilde U15G 24.2
5 Ella Connell U13G 24.7
6 Eva Purser U13G 25.2
150m R10
1 Dan Steel SM 18.5 (PB by 0.1)
2 Abi Pudney U20W 19.6 PB
3 Jamar Eason U15B 21.5 (PB by 3.9)
4 Stanford Mazise U13B 25.1 PB
150m R11
1 Joshua Dawe U15B 17.7 (PB by 6.4)
2 Sam Woodhall U17M 18.3 (PB by 6.55)
3 James Coleman U15M 18.4 PB
4 Harry Ward U17M 18.8 PB

5 George Connell U17M 19.9
(PB by 1.3)

Huntingdon Parkrun,
20 Sep 2025

Dave Hudson completed his 408th parkrun with a first-place finish in 16:19. In 63rd, Sunny Bulchandani knocked a huge 6:09 off his previous best with 24:27.

East Anglian League Final,
Bury St Edmunds, 21 Sep 2025

Our women's team became the first-ever from Hunts AC to win the team title in the final (last year, our U17W won the regular season title). This was a huge improvement from finishing 12th last year during the regular season. Well done to Faye and her team as they managed to fill every event. The Under 13 Boys, who finished 2nd for the season, also placed a magnificent 2nd in the final behind Norwich.

Overall,

36 personal bests

6 national rankings

20 A & B string wins

1 club record

Adding all team scores together, Hunts AC placed 4th behind Norwich, Ipswich and Colchester but ahead of Cambridge, Peterborough and Great Yarmouth.

Thanks to all of our team managers and officials for making this a super EAL season and only the second time that all age groups made it to the final.

Under 13 Girls

100m A 4th Lily Twumasi 14.1

200m A 2nd Lily Twumasi 29.2

800m A 2nd Kitty Kelly 2:38.4

800m B 6th Lucy Hilton 3:04.8

1500m A 1st Iris Purser 5:14.0

1500m B 4th Ellie Newman

6:10.5

70mH A 6th Kitty Kelly 13.5 (PB by 0.1)

70mH B 4th Lucy Hilton 14.9 PB

LJ A 7th Kitty Kelly 3.60

LJ B 7th Ellie Newman 2.92

JT A 6th Ellie Newman 15.00 (PB by 2.74)

4x100m 5th 61.2

Team 8th 54 points

Under 15 Girls

100m A 5th Clemency Antwi 14.0

100m B 4th Simone Scott 13.8

200m A 5th Simone Scott 28.4

(PB by 0.8)

200m B Clemency Antwi 28.8

300m A 5th Isabella Smith 47.3

(PB by 1.0)

800m A 6th Hannah Darwin

3:04.8

1500m A 2nd Izzy Hilton 5:09.4

(PB by 1.1)

1500m B 2nd Ellie Zubrik 5:26.6

75mH A 4th Isabella Smith 14.7

(PB by 0.2)

75mH B 2nd Hannah Darwin 16.5

LJ A 4th Eleanor Stewart 4.32

LJ B 1st Isabella Smith 4.07 (PB

by 3 cms)

SP A 5th Clemency Antwi 7.80

(PB by 62 cms)

HT A 2nd Eleanor Stewart 27.49

JT A 3rd Eleanor Stewart 24.15

(PB by 4.70)

4x100m 5th 57.7

Team 4th 87 points

Under 17 Women

100m A 6th Isla Wood 13.4

100m B 6th Maya Wager 14.3

(PB by 0.2)

200m A 5th Isla Wood 27.5

200m B 2nd Aimee Hays 27.6

300m A 5th Aimee Hays 44.9

800m A 3rd Rebecca Smith

2:32.1

1500m A 3rd Freya Harris 5:23.6

80mH A 6th Freya Harris 18.7 PB

LJ A 7th Annabel Lindsell 3.85

LJ B 6th Maya Wager 3.50

TJ A 5th Anjola Opaleye 8.39

SP A 1st Anjola Opaleye 9.07

(PB by 14 cms)

DT A 3rd Anjola Opaleye 21.92

JT A 4th Maya Wager 11.75

4x100m 2nd 54.2

Team 5th 71 points

Women

100m A 2nd Abi Pudney 12.8

100m B 2nd Faye Young 15.3

200m A 1st Izzy Newman 27.8

200m B 1st Molly Webster 26.8

400m A 1st Molly Webster 60.9

400m B 3rd Faye Young 84.8

800m A 5th Olivia Mead 2:29.3

800m B 1st Izzy Newman 2:33.8

1500m A 4th Alison Stewart

5:27.9 (PB by 6.5; W45 club

record, beating her own 5:34.4

2025; 35th W45 national

rankings)

1500m B 1st Rosie Mead 5:29.2

(PB by 24.8)

100mH A 2nd Faye Young 19.8

HJ A 1st Abi Pudney 1.45

HJ B 1st Mia Rutherford 1.20

LJ A 1st Abi Pudney 5.06

LJ B 1st Muna Mokah 3.74

TJ A 2nd Mia Rutherford 8.70

SP A 8th Vicky Burke 5.71

SP B 7th Sandra Acton 3.07

DT A 3rd Willow Bedding 25.87

DT B 6th Sandra Acton 8.65

HT A 1st Willow Bedding 43.62

JT A 7th Vicky Burke 11.68 (78th

W45 national rankings)

JT B 6th Sandra Acton 6.12 (1st

F37 national rankings)

4x100m 2nd 55.1

Team 1st 146.5 points

Under 13 Boys

100m A 5th Max Carmichael 14.7

100m B 2nd Ethan Ward 14.6

200m A 4th Jake Henson 28.7 eq.

PB

200m B 3rd Tobechi Mokah 31.2

800m A 2nd Jake Henson 2:26.8

800m B 2nd Moses Smith 2:26.8

1500m A 1st Boogie Gray 4:42.5

(PB by 3.05; 36th U13B national

rankings)

1500m B 1st Alastair Reddish

4:47.2 (PB by 4.64; 52nd U13B

national rankings)

75mH A 5th Ethan Ward 15.6

(PB by 0.2)

HJ A 3rd Moses Smith 1.30 (PB

by 5 cms)

HJ B 2nd eq. Tobechi Mokah 1.10

LJ A 3rd Alastair Reddish 3.70

LJ B 2nd Max Carmichael 3.67

SP A 4th Tobechi Mokah 6.77

(PB by 40 cms)

SP B 3rd Moses Smith 5.65 (PB by 1 cm)
DT A 5th Alastair Reddish 16.18 (PB by 1.45)
4x100m 2nd 59.5
Team 2nd 103.5 points
Under 15 Boys
100m A 4th James Coleman 12.2
100m B 3rd William Lloyd-Harvey 13.2
200m A 2nd Joshua Dawe 23.6 (PB by 1.9; 50th U15B national rankings)
300m A 1st James Coleman 39.2
300m B 1st Jacksen Hornagold 39.9
800m A 4th Louis Spalding 2:21.1
HJ A 3rd Joshua Dawe 1.60
HJ B 3rd Owain Evans 1.30
LJ A 6th Jamar Eason 4.29 (PB by 3 cms)
LJ B 6th Owain Evans 4.01
TJ A 4th Jamar Eason 8.95
SP A 7th Jamar Eason 7.12 (PB by 1.35)
SP B 4th Mark Lawson-Watkins 5.86 (PB by 70 cms)
DT A 7th Mark Lawson-Watkins 16.24
DT B 4th Louis Spalding 14.83 PB
HT A 6th Mark Lawson-Watkins 13.91
JT A 4th Isaac Ebers 32.72
Team 7th 84 points
Under 17 Men
200m A 7th Sam Woodhall 24.4 PB
400m A 1st Sam Woodhall 54.7
800m A 2nd Lewis Cummins 2:04.3
1500m A 2nd Charlie Irons 4:34.4 (PB by 14.6)
SP A 5th Liam Morris 7.37 (PB by 80 cms)
DT A 7th Liam Morris 15.14 PB
JT A 6th Liam Morris 15.50 PB
Team 8th 33 points
Men
100m A 4th Benedict Scott 11.6
100m B 4th Daniel Steel 12.3
200m A 2nd Benedict Scott 23.2 (PB by 0.4)

400m A 5th Ryan Bullard 59.3 (PB by 0.3)
400m B 1st William Crowther 52.4 PB
800m A 1st William Crowther 1:58.4
800m B 2nd Ryan Bullard 2:16.9
1500m A 8th Ryan Bullard 4:57.0
110mH A 4th Daniel Steel 19.2
HJ A 2nd Daniel Steel 1.70
LJ A 3rd Daniel Steel 5.74
SP A 5th Toby Carroll 9.51 (6kg)
SP B 3rd Steve Burke 9.04
DT A 4th Toby Carroll 30.57 (1.75kg)
DT B 2nd Steve Burke 29.81
HT A 2nd Steve Burke 34.01
JT A 4th Daniel Steel 38.03
JT B 2nd Steve Burke 29.85
Team 4th 104 points

Peterborough Open,
25 Sep 2025

300m 1st Zachary Bowes 36.6 (PB by 3.78)
800m 2nd Ellie Zubrik 2:41.3 (PB by 2.4); 7th Ellie Newman 3:01.5
800m 3rd Izzie Newman 2:26.3 (PB by 2.17); 5th Rebecca Smith 2:30.7; 8th Izzy Hilton 2:37.6
800m 2nd Andy Stowe 2:14.9; 6th Daniel Ryder 2:24.7
800m 1st Lewis Cummins 2:02.4; 6th Daniel Brook 2:08.5
1500m 4th Jake Henson 4:49.4

Biggleswade Open, Sandy,
27 Sep 2025

PV – Sandra Pedley 1.90 (1st W60)
HT – Steve Burke 38.61 (1st M50)
LJ – 1st Jamar Eason 4.25
SP – 1st Anjola Opaleye 9.14 (PB by 21 cms)
70mH – 1st Theia Parson 14.26
DT – Steve Burke 34.05 (1st M50)
100m ht – 1st Jamar Eason 14.44 (PB, beating 14.5)
100m ht – 3rd Richard Phelan 16.47
SP – Steve Burle 9.93 (1st M50)
TJ – Jamar Eason 8.88

JT – Steve Burke 29.10 (1st M50)
200m – Tobechi Mokah 32.7
DT – Anjola Opaleye 23.33 (1st U17W)

Jubilee Junior Parkrun,
28 Sep 2025

2nd Izzy Hilton 7:51 (PB by 3 secs; consolidates 4th place in club all-time rankings)

Eastern Counties &
Cambridgeshire County
Pentathlon Championships,
Peterborough, 28 Sep 2025

Under 13 Girls
Kitty Kelly (COUNTY GOLD; EASTERN SILVER)
HJ – 1.35 (PB by 30 cms)
70mH – 13.22 (PB, beating 13.6)
SP – 4.61 (eq. PB)
LJ – 3.65
800m – 2:37.03 (won race)
1st Cambs County; 2nd Easterns
1944 points (PB; 23rd U13G national rankings)
Under 15 Girls
Sophie Bedingfield
LJ – 3.66
75mH – 16.68 PB
SP – 5.85 (PB by 84 cms)
HJ – 1.26 (PB by 6 cms)
800m – 2:50.01
4th Cambs County; 9th Easterns
1607 points PB
Isabella Smith
LJ – 3.82
75mH – 14.86 (PB, beating 14.9)
SP – 5.35
HJ – 0.99
800m – 2:52.15
6th Cambs County; 11th Easterns
1476 points PB
Hannah Darwin
LJ – 3.47 (PB by 6 cms)
75mH – 18.14
SP – 5.13 PB
HJ – 1.20
800m – 2:56.43
8th Cambs County; 13th Easterns
1318 points PB