

Hunts AC Happenings

Mar 2025 (Edition 268)

Lee Valley Open, 1 Jan 2025

60m
H7 Benedict Scott - 7.44s
(2) PB by 0.25
H7 Alexander Scott - 7.68s (6)
H10 Yinka Opaleye - 8.06s (7)
H18 Anjola Opaleye - 8.90s
(5) PB by 0.05
200m
H13 Aimee Hays - 28.41s (4)
400m
H4 Benedict Scott - 53.89s (1)
Indoor PB

Cambs County XC Champs, Priory Park, 5 Jan 2025

TWENTY MEDALS
4 GOLD
7 SILVER
9 BRONZE
Under 11 Boys
3rd Moses Smith 7:14 BRONZE
20th Teddy Hamilton 8:26
36th Finn Calder 8:57
Under 13 Boys
2nd Alastair Reddish 10:49
SILVER
5th Jake Henson 11:33
11th Caleb Purser 12:18
Team GOLD (Alastair, Jake,
Caleb)
Under 13 Girls
3rd Izzie Hilton 12:11 BRONZE
6th Iris Purser 12:25
8th Hannah Darwin 12:43
10th Ellie Zubrik 12:55
14th Kitty Kelly 13:48
16th Lucy Hilton 14:05
18th Ellie Newman 14:19
19th Theia Parson 14:24
23rd Eva Purser 16:55
Team SILVER (Izzie, Iris,
Hannah)
Under 15 Boys
6th Frankie Benstead 19:27
7th Leo Howard 19:47
8th Jack Bone 20:23

17th Jake Johnson 25:13
Team SILVER (Frankie, Leo,
Jack)
Under 15 Girls
3rd Esme Lydon 20:30
BRONZE
6th Leah Graham 21:20
10th Imogen Reddish 22:07
12th Immy Wood 22:53
14th Lotti Stockwell 24:03
Team SILVER (Esme, Leah,
Imogen)
Under 17 Men
4th Noah Scott-Donkin 20:07
8th Thomas Richards 20:54
12th Oli Albone 21:04
15th Lewis Cummins 21:53
19th Daniel Brook 23:30
20th Liam Morris 24:02
Team BRONZE (Noah,
Thomas, Oli)
Under 17 Women
5th Ellie Ince 23:26
6th Freya Harris 24:07
9th Izzie Newman 26:23
10th Lily Reindel 26:54
Team SILVER (Ellie, Freya,
Izzie)
Under 20 Men
7th Aaron Hawkins 41:58
8th Dom Pauley 42:09
Under 20 Women
3rd Rosie Mead 24:17 BRONZE
Senior Men
4th Ollie Mills 36:30
5th James Orrell 36:38
24th Daniel Ryder 51:12
M35
1st Dave Hudson 36:50 GOLD
6th Simon Bowman 39:47
16th Chris de Stefano 44:14
17th Chris Parson 44:32
M45
1st Ty Farrer 39:38 GOLD
11th Duane Tomaselli 47:46
18th Alexander Brook 51:42
20th Chris Davies 52:32

M65
4th Jim Stocker 56:03
5th Graham Williams 59:06
Men's Team BRONZE (Ollie
Mills, James Orrell, Dave
Hudson, Ty Farrer, Simon
Bowman, Aaron Hawkins)
Masters Men's Team GOLD
(Dave Hudson, Ty Farrer,
Simon Bowman)
Senior Women
7th Olivia Mead 24:38
9th Jess Williams 25:14
10th Amelia Darnell 25:53
W35
3rd Ieva Klavina 26:58
BRONZE
W45
3rd Alison Stewart 24:57
BRONZE
19th Lesley Jackson 36:49
W55
2nd Pauline Stocker 30:57
SILVER
5th Angela King 43:45
Women's Team BRONZE
(Rosie Mead, Olivia Mead,
Alison Stewart)
Masters Women's Team
SILVER (Alison Stewart, Ieva
Klavina, Pauline Stocker)

Lee Valley Indoor Meet, 5 Jan 2024

60m R3: 2nd Kiyam Medina 7.29
(U15B club record, beating his
own 7.35; 4th U15B national
rankings)
400m R8: 6th Harry Exell 51.85
PB

**County Schools Cross
Country Races, 11 Jan 2025**

Despite the cold, frozen, conditions on Saturday morning the Cambridgeshire races went ahead on a new course, Amherst Field, Ely. Hunts AC provided the winners of 2 categories.

Iris Purser front ran her Minor girls (yr7) race for a comfortable win. Alasdair Reddish did similarly in the Minor boys race.

Esme Lydon come 2nd in the Juniors girls (yrs8&9). Boogie Gray also finished 2nd in the Lincs Schools Minor boys race at Burleigh.

There were a number of other great runs and around 25/26 of our Juniors qualified to progress on to the next round of schools races, the Anglian regionals in Feb.

Cambs Results:

Minor Girls (yr7)

1st Iris Purser, 5th Lucy Hilton.

Minor Boys

1st Alasdair Reddish, 6th Caleb Purser

Junior Girls (yrs8&9)

2nd Esme Lydon, 7th Izzie Hilton, 10th Hannah Darwin, 15th Ellie Zubrik, 18th Immy Wood, 27th Sophie Bedingfield.

Junior Boys

4th Jack Bone, 16th Louis Spalding.

Inter Girls (yrs10&11)

6th Freya Harris, 8th Immy Reddish, 17th Lottie Stockwell, 23rd Maya Wager.

Inter Boys

7th Thomas Richards, 9th Oli Albone, 11th Leo Howard, 12th Frankie Benstead, 14th Lewis Cummins, 19th Liam Morris, 27th George Connell, 34th Harry Pateman.

Senior Girls (yrs12&13)

7th Ellie Ince, 12th Izzie Newman, 13th Lily Reindel.

Senior Boys

5th Noah Scott-Donkin, 12th

Aaron Hawkins

Lincs results:

Minor boys

2nd Boogie Gray

Inter Girls

7th Leah Graham

Inter boys

Milo Gray and Natty Clifford

given byes to next round.

**SEAA Indoor Champs, Lee
Valley, 11-12 Jan 2025**

James Coleman 300m

Heat 3rd 40.31 (Club U15B record, beating Sam Woodhall 41.06 2024)

Final 3rd 40.16 (Indoor PB by 0.15, Club U15B record, beating his own 40.31; Club U17M record, beating Sawyer Preston 40.25 2023)

BRONZE

Sam Woodhall 400m

Heat 3rd 54.74 (indoor PB by 2.01)

**Jubilee Junior Parkrun,
12 Jan 2025**

The Hilton family were out in force in very cold conditions.

1st Izzie Hilton 8:11 (PB by 7 secs; 5th all-time in club rankings, just 7 secs from 3rd)

3rd Lucy Hilton 8:59

4th Charlie Hilton 9:55

County Schools Cross Country Races, 11 Jan 2025

Despite the cold, frozen, conditions on Saturday morning the Cambridgeshire races went ahead on a new course, Amherst Field, Ely. Hunts AC provided the winners of 2 categories.

Iris Purser front ran her Minor girls (yr7) race for a comfortable win. Alasdair Reddish did similarly in the Minor boys race.

Esme Lydon come 2nd in the Juniors girls (yrs8&9).

Boogie Gray also finished 2nd in the Lincs Schools Minor boys race at Burleigh.

There were a number of other great runs and around 25/26 of our Juniors qualified to progress on to the next round of schools races, the Anglian regionals in Feb.

Cambs Results:

Minor Girls (yr7)

1st Iris Purser, 5th Lucy Hilton.

Minor Boys

1st Alasdair Reddish, 6th Caleb Purser

Junior Girls (yrs8&9)

2nd Esme Lydon, 7th Izzie Hilton, 10th Hannah Darwin, 15th Ellie Zubrik, 18th Immy Wood, 27th Sophie Bedingfield.

Junior Boys

4th Jack Bone, 16th Louis Spalding.

Inter Girls (yrs10&11)

6th Freya Harris, 8th Immy Reddish, 17th Lottie Stockwell, 23rd Maya Wager.

Inter Boys

7th Thomas Richards, 9th Oli Albone, 11th Leo Howard, 12th Frankie Benstead, 14th Lewis Cummins, 19th Liam Morris, 27th George Connell, 34th Harry Pateman.

Senior Girls (yrs12&13)

7th Ellie Ince, 12th Izzie Newman, 13th Lily Reindel.

Senior Boys

5th Noah Scott-Donkin, 12th Aaron Hawkins

Lincs results:

Minor boys

2nd Boogie Gray

Inter Girls

7th Leah Graham

Inter boys

Milo Gray and Natty Clifford given byes to next round.

SEAA Indoor Champs, Lee Valley, 11-12 Jan 2025

James Coleman 300m
Heat 3rd 40.31 (Club U15B record, beating Sam Woodhall 41.06 2024)
Final 3rd 40.16 (Indoor PB by 0.15, Club U15B record, beating his own 40.31; Club U17M record, beating Sawyer Preston 40.25 2023) BRONZE
Sam Woodhall 400m
Heat 3rd 54.74 (indoor PB by 2.01)

Ferry Meadows Parkrun, 18 Jan 2025

1st James Orrell 16:04 (PB by 5 secs; consolidates 4th in club all-time rankings)

Rutland Waters Parkrun, 18 Jan 2025

10th Jake Henson (age 12) 18:52 (PB by 29 secs; 1st JM11-14)

Indoor Open Meet, King's Lynn, 18 Jan 2025

Ellie Newman:
Long jump 3.07m (2nd) - indoor PB (previous indoor 2.81)
Shot (2.72kg) 5.22m (1st) - indoor PB (previous indoor 4.24)
Steve Burke :
Shot (6kg) - 10.04m (1st) – just 7 cms from club M50 record

Jubilee Junior Parkrun, 19 Jan 2025

1st Izzy Hilton 8:08 (PB by 3 secs; 5th in club all-time rankings, 2 secs from 4th, 4 secs from 3rd)
5th Ellie Newman 9:41 (PB by 21 secs; 18th to 14th in club all-time rankings)

Folksworth 15M, 19 Jan 2025

Dave Hudson, Ty Farrer, Jess Williams and Rosie Mead combined the win the mixed team event.
1st Dave Hudson 1:24:15.5
4th Ty Farrer 1:28:43.9 (1st M50)
64th Jess Williams 1:45:31.6
77th Nathan Jermy 1:46:48.5
78th Rosie Mead 1:46:58.9
79th Simon Mead 1:46:59.7
87th Derek Darnell 1:47:50.3 (2nd M65)
89th Duane Tomaselli 1:48:14.6
90th Hannah Brickell 1:48:28.8 (3rd W35)
142nd Ruben Thompson 1:55:55.4
270th Steph Ward 2:13:17.4
296th Pauline Stocker 2:18:56.1 (3rd W60)

Lee Valley Open, 18/19 Jan 2025

800m 4th (1st U20M) Tom Waterworth 1:51.40 (Club records, beating his own U20M record of 1:53.00 set in 2024 and SM record of 1:52.77 set by Joey Croft in 2023).
60m: 6th Sarah-Renae Hall 8.73 (PB by 0.70)
400m: 4th Zachary Bowes 55.44 (Indoor PB)
LJ: 4th Sophie Bambridge 5.21 (just 3 cm from U20W club record)

SEAA XC Champs, Beckenham, 25 Jan 2025

The SEAA XC championship was held at a surprisingly, sunny, Beckenham Place Park. Disappointing that only 10 Hunts athletes turned out on the day but there were good performances from those that finished!
We had two top 50 finishers.

Noah Sott-Donkin finished 26th in the U17M race and Iris Purser 50th U13G.
Our best place finisher taking into account the size of race entry was James Orrell by finishing in a creditable 81st out of 633 in the senior men's race. Well done to all.
U13G Iris Purser 50th / 166
U15G Esme Lydon 96th, Immy Reddish 136th / 170.
U15B Frankie Benstead 96th / 202
U17M Noah Scott- Donkin 26th, Bill Crowther 132nd / 165
SnrW Amelia Darnell 136th, Steph Ward 254th / 312
SnrM James Orrell 81st / 633

Open Indoor Meet, Sheffield, 26 Jan 2025

800m 3rd Geoff Brewster 2:48.32 (M65 Club Record, beating his own 2:55.81 2024)

London Indoor Games, Lee Valley, 26 Jan 2025

Thirteen-year-old Chloe Hays was clocked at 44.15 in the indoor 300m to become the fastest-ever Hunts AC female runner over this distance indoors for all age groups from U15G up to Senior Women. Previously:
U15G – Aleta Fraylich 46.22 (2014), Moria Howard 46.22 (2020)
U17W – SW – Christy Smith 44.7 (2005)
Results
Ellie Newman (U13G)
SP - 5.90m (PB by 68 cms)
LJ - 3.09m (PB by 2 cms)
Chloe Hays (U15G)
60m Round 1 (Heat 4) - 8.70s (7) PB
60m Round 2 (Heat 6) - 8.78s (5)
300m (Heat 2) - 44.15s (3) Club Records

Jess Waterworth (U17W)
200m (Heat 6) - 29.97s (6) PB
Jess did well to complete the race following a trip just after the 3rd bend.

Aimee Hays (U17W)
200m (Heat 5) - 28.06s (2) (PB by 0.12)

Anjola Opaleye (U17W)
60m Round 1 (Heat 9) - 8.85s (6) PB by 0.05

60m Round 2 (Heat 8) - 9.37s (7)

SP - 8.40m

Anjola had a hamstring issue just before the finish line in the 60m round 2 race.

Oliver Albone (U17M)
800m (Heat 3) - 2:06.30 (3) PB

Anglian Schools XC Champs, Woodbridge, 1 Feb 2025

Some great runs by our juniors at the Anglian Schools races which were held in the grounds of Woodbridge School, Suffolk, on Saturday. Our highest placed finisher was Alastair Reddish with 3rd place in the minor boys race. Boogie Gray and Iris Purser were other top 10 finishers.

Well done to all on reaching this level of the schools racing.
Derek

All running for Cambs schools (except where mentioned otherwise)

Minor Boys

3rd Alastair Reddish, 7th Boogie Gray (Lincs)

Minor Girls

6th Iris Purser, 46th Lucy Hilton

Junior Boys

31st Jack Bone

Junior Girls

32nd Esme Lydon, 34th Izzy Hilton, 46th Ellie Zubrik, 49th Hannah Darwin

Inter Boys

18th Oli Albone, 29th Thomas Richards, 33rd Frankie Benstead, 53rd Natty Clifford (Lincs)

Inter Girls

22nd Leah Graham (Lincs), 40th Freya Harris, 55th Immy Reddish

Senior Boys

15th Noah Scott-Donkin, 45th Aaron Hawkins

Senior Girls

25th Ellie Ince, 42nd Izzie Newman, 44th Lily Reindel

Regional Sportshall, 1 Feb 2025

Hunts AC Sportshall

Coordinator Sarah Newman reports: An amazing day at Sportshall Regional Final for our athletes who proudly represented their County. Some fantastic performances and great team spirit. Huge congratulations to the Under 15 Boys' team who came first overall and are heading to the National Final in Stoke on 12th April. Our very own Joshua Dawe is part of this team and also placed as 3rd U15 boy overall in his first year in the U15 age category. Well done to Max Carmichael, James Peak, Jamar Eason, Kitty Kelly, Bella Smith, Clemency Antwi, Eleanor Stewart, Jess Waterworth, and Joshua Dawe. Thank you to our officials today - Sandra Pedley on track and myself in the field events ably assisted by our youngest trainee field official Ellie Newman. P.S. from Wayne: As far as I'm aware, Joshua will be the first-ever Hunts AC athlete to take part in the National Sportshall Final.

British Universities XC Champs, Cardiff, 1 Feb 2025

Women's Short Course 5.6K

Rosie Mead 263rd/632

Men's Short Course 8.2K

Joseph Reindel 74th/ 763

Men's Long Course 10.9K

Ollie Mills 114th/283

Frostbite League, Bawsey Park, 2 Feb 2025

Only eight of our juniors ran at Bawsey Park for the Frostbite league race this morning which is disappointing but what a great performance from them. A super 8 ! Well done to them all and their parents/carers for taking them today. Another race win for Daniel and Iris was first girl again. They were backed up by the others meaning the team won again. A fantastic effort from them all. Iris, Freya, and Immy had all run at the Anglian Schools races on Saturday too. A big well done to the super 8!
Derek

JUNIORS

1 Daniel Brook 08:38 (2nd Frostbite win)

2 Liam Morris 08:41

6 Charlie Irons 09:17

11 Iris Purser 09:48 (1st girl – 2nd Frostbite win)

17 Freya Harris 10:22 (3rd girl)

21 Imogen Reddish 10:26

32 Rupert Allen 10:48

51 Ellie Newman 12:04

Hunts Juniors team

(77 finishers)

Team results

1st Hunts AC 37

2nd Ely 62

3rd March 91

League Standings (after 4 races)

1st Hunts AC 56

2nd Ely 52

3rd March 46

(14 clubs)

SENIORS

4 James Orrell 28:29
8 Simon Bowman 30:01
12 Ty Farrer 30:25
20 Simon Mead 31:17
23 Dom Pauley 31:42
45 William Crowther 33:57
79 Amelia Darnell 36:46
89 Ruben Thompson 37:12
107 Ieva Klavina 38:46
109 Jason Mumford 38:52
119 Shane Hunt 39:34
123 Claire Webster 39:51
124 Gair Matthews 39:52
131 Chris Davies 40:20
157 Tilly Sayer 42:04
163 Lucy Waller 42:31
164 Hayden Waller 42:31
170 Steph Ward 42:43
220 Pauline Stocker 46:51
245 Alan Burgin 49:03
298 Lesley Jackson 56:38
321 Sarah Smith 1:07:50
(328 finishers)
Team results
1st Cambridge & Coleridge 264
points
2nd Yaxley 451
3rd Hunts AC 510
League Standings (after 4 races)
1st Cambridge & Coleridge 60
2nd Hunts AC 59
3rd Yaxley 58
(16 clubs)

5M TT, 4 Feb 2025

1st Jason Mumford 54:37
(36:52)
2nd Phil Deves 58:43 (40:46)
3rd Steph Ward 58:57 (41:00)
4th Sunny Bulchandani 60:10
(48:10)
5th Colette Guinea 60:53
(41:05)
6th Chris Davies 60:59 (38:16)
7th Joe Kerins 62:28 (42:19)
(Actual times in brackets)

England Athletics U20M Indoor Champs, Sheffield, 8/9 Feb 2025

800m h1: 1st Tom Waterworth
1:53.34
800m Final – 3rd Tom
Waterworth 1:52.44
NATIONAL BRONZE
MEDAL – one more year in this
age group
400m h6: 5th Harry Exell 51.94

Eastern Masters Indoor Championships, Lee Valley, 9 Feb 2025

Yinka Opaleye (M50)
SP6K - 9.59m (4th)
60m - 8.06s (SILVER)
Geoff Brewster (M65)
800m - 2:55.61 (GOLD) – Club
M65 record, beating his own
2:55.81 2024

Frostbite League, Hinchbrook Park, 9 Feb 2025

Thanks to all 23 seniors and 19
Juniors who ran. Thanks to
Lesley and her crew for
organising. Without this race,
our Seniors wouldn't still be in
the hunt. Thanks to Carol, as
always, for registering our
runners. Thanks to Lucy Mapp
for travelling from Colchester.
Lucy isn't available for the final
Frostbite race. If she had not
been able to make this past
weekend's Frostbite race, the
team scores would have been
C&C – 333, Hunts AC 333.
Out of Hunts and C&C,
whoever wins at Jubilee Park
next month, wins the league
title. Mark Sunday, 2nd March
on your calendar. Your
participation is paramount.

Club Participation (Seniors)
Riverside – 59
Yaxley – 44
BRJ – 39

Eye – 38
C&C – 36
Hunts – 23
Seniors
2 James Orrell 29:18
5 Joey Croft 29:39
6 Noah Scott-Donkin 30:19
11 Ty Farrer 31:43
12 Martin Amos 31:46
14 Darren Matthews 31:52
18 Dom Pauley 32:39
27 David Riley 33:57
29 Simon Mead 34:10
30 Lucy Mapp 34:18 (1st
woman; 14th win)
34 William Crowther 34:39
43 Seb Darnell 35:35
57 Alison Stewart 36:27 (5th
woman)
59 Sean Barker 36:31
97 Hayden Waller 39:12
103 Ieva Klavina 39:30 (9th
woman)
108 Amelia Darnell 39:41 (11th
woman)
112 Harrison Evans 39:43
132 Alex Brook 40:36
147 Shane Hunt 42:04
162 Chris Davies 42:37
175 Lucy Waller 43:45 (29th
woman)
227 Pauline Stocker 47:48 (47th
woman)
(353 finishers)

Team Result

1st Hunts 256 points
2nd C&C 336
3rd Yaxley 493
League Standings
1st C&C 75 league points (1869
race points)
2nd Hunts 75 (2030)
3rd Yaxley 72 (2291)
(16 teams)

Juniors

1 Daniel Brook 10:21 (3rd win)
6 Liam Morris 10:58
8 Moses Smith 11:19
9 Alastair Reddish 11:20
15 Caleb Purser 11:38

17 Iris Purser 11:42 (1st girl; 4th win)
20 Charlie Irons 11:53
26 Freya Harris 12:06 (4th girl)
27 Kitty Kelly 12:07 (5th girl)
32 Ellie Zubrik 12:26 (8th girl)
42 Izzy Hilton 12:56 (11th girl)
43 George Connell 13:03
44 Imogen Reddish 13:05 (12th girl)
46 Immy Wood 13:11 (13th girl)
48 Hannah Darwin 13:19 (14th girl)
55 Ellie Newman 13:38 (16th girl)
60 Finley Calder 13:51
65 Lucy Hilton 14:09 (23rd girl)
67 Eva Purser 14:44 (24th girl)
(114 finishers)

Team Result

1st Hunts 58 points (16th consecutive team win. Last time out of the top 3 – Dec 2014)
2nd Ely 88
3rd March 113
League Standings
1st Hunts 70 league points (242 race points)
2nd Ely 65 (445)
3rd Yaxley 58 (743)
(14 teams)

Lee Valley Indoor Open, 12 Feb 2025

U15G 800m: 5th Esme Lydon 2:26.14 (Indoor PB by 4.66; U15G Club Record, beating Katie Wright 2:27.19 2016; 29th U15G National Rankings)
SM Mile: 4th Noah Scott-Donkin 4:27.65 (Indoor PB by 8.69; 14th U20M National Rankings)
SM Mile: 4th Simon Bowman 4:53.24 (Indoor PB; 3rd M35 National Rankings)
SW Mile: 9th Amelia Darnell 5:34.04 (SW Club Record, beating her own 5:42.29 2023; 88th SW National Rankings)

Parkruns, 15 Feb 2025

At Ferry Meadows parkrun, Seb Darnell led all runners with 18:17 while sister Amelia ran a 7-sec PB in 32nd place with 20:59 to finish as 1st W25 and move from 11th to 10th in the club all-time rankings and while Dad Derek placed 49th with 22:06 to finish as 1st M65. At Storey's Field, Lucy Waller finished in 124th place with 22:37 to improve her best by 2:59 and go from 24th to 17th in the club all-time rankings.

Jubilee Junior Parkrun, 16 Feb 2025

2nd Ellie Newman 9:38 (PB by 3 secs; 14th in all-time rankings)

England Masters Indoor Inter-Area Challenge, Lee Valley, 16 Feb 2025

Yinka Opaleye (M50)
TJ - 9.02m (7th M50 national rankings)
60m - 7.95s (15th M50 national rankings)
HJ - 1.40m (5th M50 national rankings)
Sandra Pedley
PV - 1.81 (1st W55 national rankings)

Middle Distance Open, Lee Valley, 19 Feb 2025

800m: 6th Derek Darnell 2:42.26 (M65 Club Record, beating Geoff Brewster 2:55.61 2025)
800m: 6th Bruce Grimley 3:33.70 (M70 Club Record)
800m: 3rd Lewis Cummins 2:04.54 (indoor PB by 7.58)
800m: 6th Theia Parson 2:58.14 (Indoor PB)
1500m: 5th Brandon Ballard 4:09.48 (Indoor PB by 0.8)
1500m: 2nd Noah Scott-Donkin 4:08.52 (indoor PB by 5.46), 5th

Oli Albone 4:22.10 (indoor PB by 3.34)
1500m: 3rd Chris Parson 4:47.59 (faster than outdoor PB by 3.21); 8th Esme Lydon 5:03.38
1500m: 3rd Amelia Darnell 5:12.74 (indoor PB by 5.61)
1500m: 8th Bruce Grimley 7:27.30 (M70 Club Record)

National Senior Indoor Champs, Birmingham, 22 Feb 2025

Amelia reports: After a 90-minute delay to the schedule due to a kitchen fire at the Utilita Arena, we had no idea what the day was going to bring... but it definitely didn't disappoint!! With only the 800m heat winner and one non-auto qualifier advancing to Sunday's final, Tom's heat, being the last one, was going to be QUICK! Tom ran his socks off. Finished a highly creditable 3rd place in his heat and took almost a second off his indoor 800m PB. His time of 1:50.64s was 10th fastest on the day (out of 26) and puts him back in the top spot!! (U20M National rankings). Also:
- U20M/SM Club Records, breaking his own 1:51.40
- 24th in SM national rankings
- Another year to go in U20M age group
A great experience for all, especially Tom and Coach Dezza. Hungry for more.
Brandon at last year's outdoor champs and Tom at this year's indoor champs... Hunts AC athletes in every British championship from now on, guys!! 🍌

National XC Champs<
Parliament Hill, 22 Feb 2025

Derek reports: Only 5 members decided to tackle the infamous Parliament Hill course at the National XC Championship this year. Based on Oli and Olivia's comments it was clearly tough going in the mud 🌧️ and so credit to those that that did. Iris Purser not only had a fine run in her first experience at this level finishing 79th in her first year as an U13 girl but was still smiling at the finish!

Results:

U13G - Iris Purser 79th/275

U17M - Oli Albone 176th/319

U20W - Rosie Mead 87th/121

SnrW - Olivia Mead 429th/830

SnrM - Simon Mead

557th/1781

All earn 50pts in the Golden 10 competition.

Well done all.

British Masters Indoor
Champs, Lee Valley,
22/23 Feb 2025

200m 5th Bruce Grimley 46.65
(M70 Club Record)

400m 6th Bruce Grimley 94.98
(M70 Club Record)

Tarpley 10M/20M,
23 Feb 2025

10M

195th Pauline Stocker 90:09

245th Alan Burgin 97:40
(351 finishers)

20M

55th Jess Williams 2:21:49 (1st
SW, 2nd female overall)

(328 finishers)

UK Winter Long Throws
Champs, Loughborough,
1 Mar 2025

Hammer 3rd Willow Bedding
46.12m

Eastern Indoor Champs, Lee
Valley, 1 Mar 2025

Day 1

60m (Heats)

Simone Scott (U15G) - 8.70s
(3) – PB by 0.29

Sara-Renae Hall (U20W) -
8.60s (4) – PB by 0.13

Benedict Scott (U20M) - 7.39s
(4) – PB By 0.05

60m (Semi-finals)

Simone Scott (U15G) - 8.63s
(7) – PB by 0.07

60m (Finals)

Yinka Opaleye (VM) - 7.98s (3)
(Guest runner so no medals

LJ

Simone Scott (U15G) - 3.96m –
Indoor PB

Ellie Newman (U13G) - 3.06m
SP

Anjola Opaleye (U17W) -
8.52m (4)

Ellie Newman (U13G) - 5.12m

Day 2

3 Gold, 1 Silver, 3 Bronze

4 club records

Kitty Kelly (U13G)

200m Heat 4 - 29.91s (1) –

Indoor PB by 2.21, 40th U13G
national rankings), SF1 - 30.20s

(4)

800m Heat 3 - 2:49.15 (2),

Overall 10th – Indoor PB

Ellie Newman (U13G) - 800m

Heat 3 - 3:02.59 (6), Overall

14th – Indoor PB; beat outdoor
PB by 6.01

Jake Henson (U13B) - 800m

Final - 2:27.82 (2) – Indoor PB;
beat outdoor PB by 7.56; 15th

U13B national rankings; U13G
Club Record, beating Sawyer

Preston 2:30.19 2020

Chloe Hays (U15G)

300m Heat 3 - 45.44s (3), Final
- 46.82s (5)

200m Heat 4 - 28.72s (3) –
Indoor PB, SF2 - DNS

Esme Lydon (U15G)

300m Heat 2 - 48.45s (4) –
Indoor PB

800m Heat 2 - 2:30.47 (1),
Overall 4th

Isabella Smith (U15G)

200m Heat 6 - 30.83s (6) – beat
outdoor PB 32.60

800m Heat 2 - 2:52.29 (4),

Overall 23rd – Indoor PB

Immy Wood (U15G) - 800m

Heat 2 - 2:46.16 (3), Overall
18th – Indoor PB

Izzie Newman (U20W) - 200m
Heat 1 - 27.82s (3) – Indoor PB

by 1.72, Final - 28.33s (6)

James Coleman (U15B) - 300m
Final - 39.79s (1) - Beat his own

club record of 40.16; 10th U15B
national rankings

Jacksen Hornagold (U15B) -
300m

Final - 40.09s (2) - Beat old

club record (40.16) and outdoor
PB of 41.2; 12th eq. U15B

national rankings

Rob Fuller (U17M) - 200m

Heat 2 - 24.98s (6) - Beat

outdoor PB by 4.08

George Connell (U17M) - 400m

Heat 2 - 57.99 (2) – Indoor PB

Lewis Cummins (U17M) -
800m

Heat 2 - 2:05.88 (2), Final -

2:03.72 (3) – Indoor PB by

0.82; 37th U17M national

rankings

Oliver Albone (U17M) - 1500m

Final - 4:21.82 (1) – Indoor PB

by 0.28; 24th U17M national

rankings

Harry Exell (U20M) - 200m

Heat 4 - 23.58 (3) – Indoor PB,

beat outdoor PB by 0.04

Benedict Scott (U20M) - 400m

Final - 53.40 (3) – Indoor PB by

0.49; beat outdoor PB by 0.14

Noah Scott-Donkin (U20M)

1500m

Final - 4:05.82 (5) – Indoor PB

by 2.70; 35th U20M national

rankings

Brandon Ballard (SM) - 1500m Final - 4:05.14 (1) – Indoor PB by 5.14 – 47th U23M national rankings; SM Club Record
David Connell (SM) - 1500m Final - 5:01.16 (7) – 18th M50 national rankings
Yinka Opaleye (SM) - 200m Heat 2 - 27.04s (4) – M50 Club Record, beating William Bradley 29.80 2010; 14th M50 national rankings
SW TJ Mia Rutherford 8.37 (3) (Indoor PB by 59 cms)

Frostbite League, Jubilee Park, 2 Mar 2025

Seniors

Finished as runners-up for the season.
13th year in a row in the top two places.
Christopher Smith won his first Frostbite race.
34 Hunts AC runners – largest turnout this season.
Hunts AC has never previously lost a team race with such numbers as our 7 men scorers in the first 14 finishers, our 3 scoring women in the top 92 and an overall score of 267 points. It was a valiant effort.

Juniors

League Champions for the 9th year in a row which is a league record. Next best is Riverside Runners with six titles in succession (1997 – 2003).
Daniel Brook won his 5th Frostbite race.

Iris Purser won her 5th Frostbite race.

Seniors

1 Christopher Smith M 28:51
3 Joey Croft M 29:44
5 Tom Waterworth M 30:44
9 Ty Farrer M 31:37
10 Simon Bowman M 31:48
12 Dom Pauley M 31:52

14 Martin Amos M 31:57
20 Paul Begley M 32:58
21 Seb Darnell M 33:31
28 David Riley M 34:26
31 Nick Osborn M 34:33
56 Robyn Seabright F 36:44 (5th F)
65 Alison Stewart F 37:20 (8th F)
68 Steve Church M 37:29
86 Jason Mumford M 38:58
88 Hayden Waller M 39:02
92 Jess Williams F 39:15 (15th F)
93 Harrison Evans M 39:16
100 Nathan Jermy M 39:40
122 Shelly Uff F 40:52 (21st F)
127 Lucy Waller F 41:11 (23rd F)
132 Gair Matthews M 41:33
139 Ieva Klavina F 41:53 (28th F)
145 Amelia Darnell F 42:35 (32nd F – stopped to assist a distressed runner)
166 Jim Stocker M 44:35
179 Chris Davies M 45:34
191 Colette Guinea F 46:39 (45th F)
213 Pauline Stocker F 48:22 (54th F)
220 Graham Williams M 48:46
231 Bruce Grimley M 49:25
237 Alan Burgin M 49:46
264 Jo Chatwood F 53:53 (86th F)
293 Lesley Jackson F 58:33 (106th F)
323 Sarah Smith F 1:11:29 (130th F)
(331 finishers)

Team results

1st Cambridge & Coleridge 188 points
2nd Hunts AC 267
3rd Yaxley 404
League Standings (FINAL)
1st Cambridge & Coleridge 91
2nd Hunts AC 90
3rd Yaxley 86

(16 clubs)

Juniors

1 Daniel Brook M 09:59
2 Liam Morris M 10:06
5 Moses Smith M 10:24
6 Alastair Reddish M 10:25
12 Charlie Irons M 10:59
14 Iris Purser F 11:06 (1st G)
15 Louis Spalding M 11:08
25 Freya Harris F 11:38 (4th G)
28 Izzy Hilton F 11:49 (6th G)
35 Imogen Reddish F 12:10 (8th G)
39 Ellie Zubrik F 12:14 (10th G)
40 Hannah Darwin F 12:15 (11th G)
46 Lucy Hilton F 12:28 (13th G)
57 James Peak M 13:06
64 Rupert Allen M 13:26
81 Ellie Newman F 14:04 (26th G)
87 Eva Purser F 14:21 (32nd G)
97 Theia Parson F 14:37 (37th G)
(142 finishers)

Team results

1st Hunts AC 47 points
2nd Ely 102
3rd March 139
League Standings (FINAL)
1st Hunts AC 84
2nd Ely 78
3rd March 70
(14 clubs)

Parkrun PBs, 8 Mar 2025

Ferry Meadows
2nd Natty Clifford 17:25 (PB by 43 secs; 21st to 17th in club all-time rankings)
Storey's Field
5th Harrison Evans 18:14 (PB by 1:44; 32nd to 23rd in club all-time rankings)