



Hunts AC Happenings

Sep 2024 (Edition 266)

National Prep Schools Champs, Birmingham, 3 Jul 2024

U12G 200m 2nd Kitty Kelly
29.50 (PB; previous 29.8)
U12G 800m 3rd Kitty Kelly
2:38.02 (PB by 6.54)
U14B 100m 1st Kiyana Medina
11.66 (11.63 PB in heat; 43rd in
U15B national rankings; 10th in
1st year U15B national
rankings)
U14B 200m 1st Kiyana Medina
23.92 (23.76 PB in heat; 39th in
U15B national rankings; 8th in
1st year U15B national
rankings)

Great Bentley 5, 5 Jul 2024

101st Amelia Darnell 33:46 (PB
by 63 secs)
198th Jim Stocker 37:44 (3rd
MV70+; 4th M75 national
rankings)

Beds AAA 10K, Bedford, 5 Jul 2024

2 Martin Amos 33:23 (PB by 56
secs)
6 Simon Bowman 34:26
15 Josh Ansell 36:40 (PB by 22
secs)
47 Ieva Klavina 43:26
51 Nathan Jermy 44:04
80 Steph Ward 49:23
Martin, Simon, Josh and Nathan
combined to claim the men's
team bronze medal.

Ferry Meadows Parkrun, 6 Jul 2024

While Natty Clifford placed 1st
JM15-17 (and 7th overall) with
18:29, Esme Lydon reduced her
best from 19:32 down to 19:19
to finish as 1st female and move

from 3rd to 2nd in the club all-
time rankings.

Club Champs (& relay), St Ives, 7 Jul 2024

4x300m
1 Huntingdonshire AC U15B
2:43.1 U15B Club Record by
James Coleman, Harry Ward,
George Connell, Samuel
Woodhall, beating 2:48.3 Jacob
Preston, James Webb, Tom
Waterworth, Lewis Wing 2020;
10th U15B national rankings
2 Huntingdonshire AC U17W
3:06.4 U17W Club Record by
Isla Wood, Aimee Hays, Molly
Webster, Izzie Newman; 49th
U17W national rankings
3 Huntingdonshire AC U15G
3:07.0 U15G Club Record by
Annabel Lindsell, Esme Lydon,
Jess Waterworth, Chloe Hays,
beating 3:37.4 Caitlan Burke,
Tolu Akinkuolie, Alex Tull,
Elizabeth Scott 2020; 53rd
U15G national rankings
Club Championships 1500m
Race 1
1 Amelia Darnell SW 5:22.8 G
2 Immy Wood U15G 5:32.2 G
PB by 0.2
3 Imogen Reddish U15G 5:40.4
S
4 Kitty Kelly U13G 5:57.2 G
PB
5 Izzy Hilton U13G 6:10.5 S
6 Izzie Newman U17W 6:14.8
G PB by 9.2
7 Ellie Newman U13G 6:22.6 B
PB by 3.3
8 Aimee Hays U17W 6:39.0 S
9 Hilary McConville W70
8:23.8 G PB; 12th W70 national
rankings

Club Championships 1500m
Race 2
1 Simon Bowman SM 4:32.7 G
2 Ethan Locke U15B 4:46.2 G
3 Charlie Irons U15B 5:03.2 S
PB by 29.6
4 Alastair Reddish U13B 5:12.1
G PB by 6.2
5 Boogie Gray U13B 5:16.8 S
6 Jamar Eason U13B 6:19.4 B
PB

Peterborough Grand Prix Series (3k), Werrington, 10 Jul 2024

1st Leo Howard 10:22
3rd Jack Bone 10:46
6th Harry Pateman 11:05
7th Boogie Gray 11:12
9th Freya Harris 11:32 (1st girl)
10th Jake Johnson 11:45
23rd Lottie Stockwell 13:23
(52 finishers)

Peterborough Grand Prix Series (5k), Werrington, 10 Jul 2024

1st James Orrell 15:33
4th Martin Amos 16:12 (1st
M40)
18th Ty Farrer 17:43 (2nd M50)
21st Natty Clifford 18:02 (3rd
U17M)
28th Marcela Gracova 18:29 (1st
woman)
53rd Ryan Bullard 19:18
55th Jess Williams 19:22
73rd Hanna Brickell 20:00
102nd Lola Fletcher 20:46 (3rd
U17W)
103rd Ieva Klavina 20:48
105th Gemma Bedford 20:53
(PB by 7 secs)
109th Nathan Jermy 20:58
140th Christina Cowles 22:36

142nd Jim Stocker 22:49 (1st M70)
165th Steph Ward 23:48 PB
167th Iain Fletcher 23:53
178th Yvonne Nelson 24:27 (3rd W55)
184th Graham Williams 24:37 (2nd M70)
200th Pauline Stocker 25:30 (3rd W60)
247th Jo Chatwood 27:36
257th Lesley Jackson 28:36
278th Hilary McConville 30:26 (314 finishers)

**English Schools Champs,
Birmingham, 12/13 Jul 2024**

Congratulations to our English Schools representatives and, in particular, to Willow who won bronze to add to her silver from two years ago.

Willow Bedding U20W
Hammer Throw – 3rd 46.06
Kiyana Medina U15B 100m ht 2 – 5th 11.48w (w/s +2.6) PB
Noah Scott Donkin 1500m U17M 1500m ht 2 – 8th 4:05.54 (PB by 0.47)
Sam Woodhall U15B 300m ht 3 – 6th 38.70 (PB by 0.09)
Dom Pauley U20M 2000m steeplechase – 11th 6:29.87 (fell)
Moria Howard U20W Triple Jump – 12th 9.92
Esme Lydon U15W 1500m ht 1 – 14th 5:14.90

**Ferry Meadows Parkrun,
13 Jul 2024**

Fifteen-year-old Natty Clifford completed his 160th Ferry Meadows-specific parkrun with a new personal best. Having started off with 40:44 nine years ago, Natty placed 5th overall on this occasion with 18:08, a PB by 9 seconds which sees him at 21st in the club all-time rankings over this course.

**Southern Athletics League,
Mile End, 14 Jul 2024**

Men
100m A (-2.3w)
Benedict Scott - 12.21s (5)
100m B (-2.5w)
Alexander Scott - 12.47s (5)
200m A (-1.3w)
Alexander Scott - 24.58s (5)
200m B (+1.4w)
Finnley Williams - 28.15s (6)
400m
A Benedict Scott - 53.54s (3)
PB
B Liam Morris - 60.45 (5)
800m
A William Crowther - 2:02.60s (4) PB by 0.5
B Finnley Williams - 2:21.77s (6)
1500m
A Christopher Smith - 4:08.87s (1)
B Mark Sampson - 4:17.42s (2)
5000m
A James Orrell - 15:47.31s (4)
HJ
A Philip Bowers - 1.45m (3)
10th M55 national rankings
B Yinka Opaleye - 1.40m (2)
18th M50 national rankings
PV
A Richard Phelan - 2.60m (2)
LJ
A William Eason - 5.39m (2) 5th M45 national rankings
B Philip Bowers - 4.92m (3) 4th M55 national rankings
TJ
A Philip Bowers - 10.11m (3)
4th M55 national rankings
B Yinka Opaleye - 9.52m (3)
15th M50 national rankings
SP
A Steve Burke - 9.65m (4)
B Daniel Steel - 9.28m (3)
DT
A Steve Burke - 29.78m (3)
B Robert Ellingham - 24.95m (3)
NS Dan Steel - 26.71m
HT

A Steve Burke - 35.99m (4)
NS Dan Steel - 20.50m
JT
A Dan Steel - 41.03m (1)
B Steve Burke - 29.87m (3)
4 x 100m - 47.97s (5)
Yinka Opaleye, Alexander Scott, Liam Morris, Ayo Opaleye
4 x 400m - 4:00.34 (5)
James Orrell, Liam Morris, Finnley Williams, Christopher Smith

Women
100m A (+1.7w)
Abigail Pudney - 12.86s (4) PB by 0.10
100m B (-0.1w)
Isla Wood - 13.43s (2)
200m A (2.3w)
Aimee Hays - 26.86s (4) PB by 0.28
200m B (+2.0w)
Isla Wood - 27.48s (2) PB by 0.23
400m
A Lola Fletcher - 65.12s (6) PB by 1.88
B Izzie Newman - 67.25s (2)
800m
A Lola Fletcher - 2:31.93s (2)
B Izzie Newman - 2:47.63s (2)
1500m
A Ieva Klavina - 6:00.93s (6)
3000m
A Amelia Darnell - 11:37.29s (4)
B Ieva Klavina - 12:24.53s (2)
100mH
A Faye Young - 20.13s (1)
400mH
A Faye Young – 1:31.63s (3)
HJ
A Caitlan Burke - 1.30m (5)
B Faye Young - 1.10m (1)
PV
A Sandra Pedley – 2.00m (2)
LJ
A Muna Mokah - 3.71m (5)
B Vicky Burke - 2.60m (4)
TJ

A Jo Abel - 8.25m (3)
B Muna Mokah - 7.98m (2)
SP
A Caitlan Burke - 6.50m (5) PB
by 1 cm
B Vicky Burke - 5.84m (4)
DT
A Faye Young - 9.90m (6)
B Sandra Acton - 8.90m (6)
HT
A Caitlan Burke - 19.26m (5)
B Jo Abel - 13.96m (6)
JT
A Caitlan Burke - 17.69m (5)
B Vicky Burke - 10.23m (5)
NS Sandra Acton - 5.35m
4 x 100m - 51.32s (2)
Izzie Newman, Isla Wood,
Aimee Hays, Abigail Pudney –
U17W Club Record, beating
51.5 set by Sophie Forbes-
Laird, Lizzy Harrison, Faith
Harrison and Allison Lee in
2020 and equalling U20W
record.
4 x 400m - 4:52.09 (4)
Amelia Darnell, Lola Fletcher,
Ieva Klavina, Izzie Newman

Wellingborough 5M,
14 Jul 2024

123rd Yvonne Nelson 40:52 PB
129th Pauline Stocker 42:00 (3rd
W60)
176th Hilary McConville 49:54
(3rd W70)
(208 finishers)

County Development Meet,
St Ives, 17 Jul 2024

County Mile Championship
Medallists
Dominic Pauley - U20M
County Gold
Noah Scott-Donkin - U17M
County Gold
Imogen Reddish - U15G
County Gold
Alison Stewart - SW County
Silver; Club VW Record
Mark Sampson - SM County
Silver

Aaron Hawkins - U20M County
Silver
Lewis Cummins - U17M
County Silver
Ethan Locke - U15B County
Bronze
Yvonne Nelson – SW County
Bronze

U11's 80m
2 Moses Smith U11B 12.97 -1.1
PB, previously 13.6
100m R1
4 Harry Exell U17M 11.68 -0.3
PB by 0.28
5 Benedict Scott U17M 11.74 -
0.3 PB
100m R2
1 Zachary Bowes SM 11.82 0.2
PB, previously 11.9
3 Alexander Scott U17M 12.06
0.2 PB
4 Samuel Woodhall U15B
12.43 0.2 PB
5 Yinka Opaleye M50 12.71 0.2
6 Jacksen Hornagold U15B
12.82 0.2 PB, previously 12.9
100m R3
1 Nathaniel Norman U20M
12.42 0 PB, previously 13.2
2 James Coleman U15B 12.56 0
3 Harry Ward U15B 12.64 0 PB
100m R4
5 Emily Bryan U15G 13.65 0.1
6 Chloe Hays U15G 13.84 0.1
100m R5
4 Anjola Opaleye U15G 14.39 -
0.4
6 Simone Scott U13G 14.67 -
0.4 PB
100m R6
1 Kitty Kelly U13G 14.73 -0.7
PB by 0.14
2 Jamar Eason U13B 14.86 -0.7
PB, previously 14.9
3 Rupert Allen U15B 15.18 -0.7
PB
4 Tobeche Mokah U13B 15.41 -
0.7
5 Izzy Hilton U13G 16.00 -0.7
PB
100m R7

4 Tayani Tikare U17W 16.11 -
0.7 PB
7 Vicky Burke W45 19.02 -0.7
U11 150m
2 Moses Smith U11B 24.86 -0.8
PB
800m R1
2 William Crowther U17M
2:01.41 PB by 0.1.19
5 Thomas Richards U17M
2:09.45 PB by 19 secs
6 Daniel Brook U17M 2:11.59
7 Ryan Bullard SM 2:14.99 PB
by 0.11
8 George Connell U15B
2:17.34
9 Charlie Irons U15B 2:18.91
PB by 0.08
800m R2
5 Freya Harris U17W 2:34.08
8 Iris Purser U13G 2:43.13
800m R3
5 Kitty Kelly U13G 2:44.93
6 Summer Rooney U15G
2:45.53 PB by 6.87
8 Izzy Hilton U13G 2:54.70
9 Sophie Bedingfield U13G
2:59.42
10 Lucy Hilton U13G 3:03.69
12 Rupert Allen U15B 3:07.09
PB by 0.87
200m R1
3 Zachary Bowes SM 23.43 -
0.3 PB by 0.17
4 Harry Exell U17M 23.64 -0.3
PB by 0.44
200m R2
2 Samuel Woodhall U15B
24.51 -0.3 PB by 0.31
3 James Coleman U15B 25.31 -
0.3 PB by 0.14
4 Harry Ward U15B 25.38 -0.3
PB, previously 26.3
200m R3 .
1 Jacksen Hornagold U15B
25.55 0 PB, previously 26.6
3 Aimee Hays U17W 27.01 0
200m R4
4 Chloe Hays U15G 28.26 -0.5
PB by 0.27
200m R5 .
3 Anjola Opaleye U15G 29.66

0.2 PB, beating 29.8
4 Kitty Kelly U13G 31.95 0.2
200m R6 .
2 Summer Rooney U15G 30.76
-0.2 PB, previously 31.4
3 Jamar Eason U13B 31.01 -0.2
PB, previously 31.2
4 Tobechei Mokah U13B 31.85 -
0.2 PB, previously 31.9
200m R7 .
1 Isabella Smith U13G 32.60
eq. PB
2 Sophie Bedingfield U13G
33.09 eq. PB
Mile R1 .
3 Noah Scott-Donkin U17M
4:27.20 U17M County Gold;
Outdoor PB by 24.64; 14th
U17M national rankings
6 Mark Sampson M35 4:33.55
SM County Silver; PB; 9th M35
national rankings
7 Dominic Pauley U20M
4:34.41 U20M County Gold;
PB by 13.89; 58th U20M
national rankings
8 James Orrell SM 4:34.58 PB
by 7.16
11 Martin Amos M40 4:38.74
14 Simon Bowman M35
4:45.18 PB by 13.42
Mile R2
2 Lewis Cummins U17M
4:50.08 U17M County Silver;
PB; 56th U17M national
rankings
3 Aaron Hawkins U20M
4:57.62 U20M County Silver;
PB by 9.95
4 Chris Parson M40 5:00.66
PB; 35th M40 national rankings
7 Ethan Locke U15B 5:08.50
U15B County Bronze; PB; 41st
U15B national rankings
8 Ryan Bullard SM 5:12.55 PB
11 Finnley Williams U17M
5;18.72 PB by 1.16
13 Callum Dickson SM 5:32.53
PB
15 Alastair Reddish U13B
5:44.62 PB; 37th U13B national
rankings

16 Alison Stewart W40 5:58.97
SW County Silver; Club VW
Record, beating Kelly Crawford
5:59.21 2019; 9th W40 national
rankings
Mile R3
7 Imogen Reddish U15G
6:04.32 U15G County Gold; PB
11 Izzie Newman U17W
6:38.94 PB
12 Jim Stocker M75 6:42.41 1st
M75 national rankings
13 Aimee Hays U17W 6:58.80
PB
14 Ellie Newman U13G 7:05.71
PB
15 Yvonne Nelson W55 7:17.73
SW County Bronze; PB; 14th
W55 national rankings
16 Graham Williams M70
7:22.28 PB; 12th M70 national
rankings
17 Pauline Stocker W60
7:43.03 Outdoor PB by 5.47;
12th W60 national rankings
18 Lesley Jackson W50 8:12.42
PB; 32nd W50 national
rankings
19 Hilary McConville W70
9:04.38 2nd W70 national
rankings
Long Jump
1 Muna Mokah U17W 3.72
1 Isabella Smith U13G 3.41 PB
by 20 cms
1 Moses Smith U11B 3.12
Javelin
1 Kuldip Diggpal M55 34.55 3rd
M55 national rankings
3 Steve Burke M50 28.95
4 Yinka Opaleye M50 21.92
1 Tamzin Diggpal-Race U20W
27.24
2 Noah Austin U15B 21.32 PB
by 2.61
3 Ellie Newman U13G 10.02
PB by 8 cms
4 Isabella Smith U13G 8.53

BMC Regional Races,
Loughborough, 17 Jul 2024
Fifteen-year-old Oli Albone
took three seconds off his
1500m PB with a 4:11.68
clocking. Oli started the season
with 4:25.84

Eye Charity 5M, 18 Jul 2024
1st James Orrell 27:01
4th Simon Bowman 28:14 PB
6th Martin Amos 28:42 (1st
M40)
7th Simon Mead 29:10 (1st M50;
51st M50 national rankings)
9th Ty Farrer 30:01 (2nd M50;
79th M50 national rankings)
26th Rosie Mead 33:50 (1st
U20W; Club U20W record,
beating sister Olivia Mead
36:05 2019; 8th U20W national
rankings)
65th Graham Williams 42:14 (1st
M70; 93rd M70 national
rankings)
74th Yvonne Nelson 43:45 (PB;
2nd W55)
80th Pauline Stocker 45:54 (1st
W60)
(150 finishers)

European Athletics Under 18
Championships, Banska
Bystrica, Slovakia,
19-21 Jul 2024

It's not often that Hunts AC gets
to cheer one of its own
competing at European level.
Thank you, Tom, for giving us
this opportunity. We're proud of
you. Happy 17th!
Ht: 1st 1:52.61; SF: 1st 1:52.73;
F: 5th 1:53.68

England Athletics U20
National Champs,
Birmingham, 20/21 Jul 2024
U20W LJ - Sophie Bambridge -
5.44m (5)
U20W HT4k - Willow Bedding
- 40.52m (11)

Jubilee Junior Parkrun,

21 Jul 2024

2nd Jamar Eason 8:59 (PB by 3 secs; 33rd in club all-time rankings)

Corby Open Meet,

23 Jul 2024

Oliver Albone stepped down a distance and set another huge PB knocking 5 and half secs off previous best running 2.05.33 (previous best 2.10.91) winning the race comfortably. Ethan Locke another consistent run of 10.17.07 in the 3000m

Peterborough Grand Prix

(5k), Stamford, 24 Jul 2024

5th James Orrell 15:46
6th Martin Amos 16:21 (1st M40)
14th Simon Mead 17:32 (1st M50)
16th Ty Farrer 17:35 (2nd M50)
17th Lewis Cummins 17:42 (2nd U17M)
20th Josh Ansell 17:55
28th Marcela Gracova 18:23 (1st W; eq. her own VW Club Record)
44th Ryan Bullard 19:04
69th Rosie Mead 19:39
108th Ieva Klavina 20:49 (2nd W40)
148th Jim Stocker 22:15 (1st M70)
166th Christina Cowles 23:21
173rd Chris Davies 23:36
189th Graham Williams 24:01 (3rd M70)
191st Lily Reindel 24:05 (3rd U17W)
199th Yvonne Nelson 24:31 (3rd W55)
209th Pauline Stocker 25:02 (3rd W60)
268th Jo Chatwood 27:46
283rd Lesley Jackson 28:15
303rd Hilary McConville 29:45 (361 finishers)

Peterborough Grand Prix

(3k), Stamford, 24 Jul 2024

1st Milo Gray 9:49
2nd Jack Bone 10:49
5th Jake Johnson 11:25
6th Boogie Gray 11:26
22nd Lotti Stockwell 13:23 (45 finishers)

England Athletics U15 & U17

Open Championships,

Birmingham, 27 Jul 2024

Sam Woodhall
300m Heat - 4th 38.54 (PB by 0.16; 55th U15B national rankings)
300m SF - 7th 39.67 7th James Coleman
300m Heat - 7th 40.17

British Masters National

Champs, Derby, 27 Jul 2024

Congratulations to defending champion Will Eason and coach Jo Abel as Will snatched victory (by 2 cms), and the gold medal, in the M45 British Masters national championships at Derby with his final jump of the meet. Will leapt out to 5.66m which places him 3rd in the M45 national rankings, just 8 cms from top spot. Sandra Pedley won silver in the W55 pole vault with 2.10m which puts her 3rd in the W55 national rankings. Jim Stocker won bronze in the M75 800m with 3:03.76, a time which places him 3rd in the M75 national rankings this year and 29th all-time. Steve Burke performed with distinction in the M50 throws – DT 4th 35.19m; SP 5th 9.64; HT 6th 41.82m; WT 11.34K 5th 14.55m Richard Phelan M60 PV 4th 2.60m Jo Abel W50 TJ 4th 7.54m

Bedford Autodrome Races,

4 Aug 2024

HM: 4th Dave Hudson 71:05 (32nd M40 national rankings)
MAR: 118th Graham Williams 4:39:20

Kettering Open, 6 Aug 2024

100m (w/s -1.1) – 2nd Sam Woodhall 12.70, 3rd James Coleman 12.81
100m (w/s +0.8) – 5th Emily Bryan 13.77
100m (w/s +0.3) – 5th Martha Woodhall 15.81 PB
200m (w/s +0.8) – 4th James Coleman 25.20 (PB by 0.11), 4th Jackson Hornagold 27.27
200m (w/s +0.8) – 1st Emily Bryan 28.83 PB, 6th Martha Woodhall 35.29
400m – 3rd Sam Woodhall 54.71 (PB; 8th U15B national rankings), 4th Harry Ward 58.78 (PB; 35th U15B national rankings)
800m – 5th Louis Spalding 2:27.53

5M H'Cap Race, 6 Aug 2024

David Riley 30:35
Sam Speariett 34:06

Loughborough Open/BMC,

7 Aug 2024

Brandon Ballard after returning from Covid ran a PB of 4.01.13 (2nd). This was off a very slow first lap and lots of jostling. 3rd in T20 national rankings. Harry Exell ran 2 new PBs of 11.57 and 23.62 in the sprints. Leah Graham ran a consistent race in the 800 running 2.29.62 (just outside her PB) Milo Grays first race in 6 weeks returning from illness ran a new pb of 4.13.53 in the 1500m 23rd in U15B national rankings. Lotti Stockwell 1500 6.02.78 Joseph Reindel 4.11.81

Watford Open, 7 Aug 2024

At Watford Oliver Albone took another pb of 2.04.75 in the 800m in his less familiar event - some super progress this year. George Connell also had a great run in the 800m, recording 2:08.30, a PB by 1.95, which places him 100th in the U15B national rankings.

Peterborough Grand Prix, Ferry Meadows, 7 Aug 2024

5k
4th James Orrell 15:44
6th Dave Hudson 15:54 (1st M40)
11th Simon Bowman 16:28 (PB by 6 secs)
19th Simon Mead 17:12 (1st M50)
26th Natty Clifford 17:40 (3rd U17M; PB by 14 secs)
30th Finnley Williams 17:52 (PB by 68 secs)
33rd Andy Stowe 18:00
71st Duane Tomaselli 19:20
75th Lewis Cummins 19:29
83rd Alison Stewart 19:40 (2nd W40; PB)
85th Rosie Mead 19:43 (2nd U20W)
113th Ieva Klavina 20:25 (3rd W40)
117th Amelia Darnell 20:29 (PB by 8 secs)
124th Gemma Bedford 20:42 (PB by 11 secs)
144th Olivia Mead 21:18
173rd Jim Stocker 22:45 (1st M70)
217th Joseph Reindel 24:02
225th Yvonne Nelson 24:18 (3rd W55)
229th Graham Williams 24:28 (3rd M70)
239th Iain Fletcher 24:50
258th Pauline Stocker 25:19 (3rd W60)
313th Alan Burgin 27:15
316th Jo Chatwood 27:19
343rd Lesley Jackson 28:54

356th Hilary McConville 29:57
404th Rosie Tomaselli 34:43 (414 finishers)
3k
1st Frankie Benstead 9:59
5th Boogie Gray 11:12
15th Jake Johnson 12:17
17th Immy Wood 12:31 (45 finishers)

Colchester Friday Night 5k, 9 Aug 2024

7th Ollie Mills 14:39
- PB by 50 secs
- Club U20M record, beating Aedan Lydon 15:20 2023
- Club SM record, beating Christopher Smith 14:48 2023
- 23rd U20M national rankings

BMC Grand Prix, Manchester, 10 Aug 2024

800m Race 4: 1st Tom Waterworth 1:51.73

Storey's Field Parkrun, 10 Aug 2024

Aaron Hawkins placed 9th with 17:17 which improved his best by 10 seconds and moved him from 19th to 18th in the club all-time rankings.

South of England U15/U17 Championships - Walton on Thames, 10/11 Aug 2024

Samuel Woodhall
10/08/24 300m Heat 2nd 38.82
11/08/24 300m Final 7th 38.44
PB
Noah Scott-Donkin won silver in the U17M 1500m by placing second in a new PB of 4:04.68 to go 70th in the U17M national rankings.

5M H'Cap Race, 11 Aug 2024

David Riley 29:36 (PB by 18 secs, 16th to 14th in all-time rankings)
Hilary McConville 51:33
Pauline Stocker 46:00

World Masters Athletics Championships, Gothenburg, Sweden, 13-25 Aug 2026

Richard Phelan
A safe first triple jump of 9.07; unfortunately followed by poor second and an excellent third, but a marginal foul, so 19th out of 30.
The pole vault went well despite the rain; a season's best of 2.80m to raise the M60 Irish record by 10cm; finished 11th out of 22.

Corby AC Open, 13 Aug 2024

Under 15 : Leah Graham ran a new personal best of 2.27.92 (PB by 1.48)
Under 13: Jake Henson in his first ever 800m ran 2.35.38

Parkruns, 17 Aug 2024

While Dave Hudson led all comers in the Huntingdon parkrun with 16:11, Zoe Mayo placed 49th (2nd SW25-29) with 23:33, a 55-sec PB, which puts her 36th all-time in the club rankings. At Ferry Meadows, Joseph Reindel equalled his PB of 16:42, placing 5th overall and 1st SM-18-19. In 66th place, Christina Cowles improved her best by 4:14 with 22:13 to finish as 1st SW30-34 and jump from 20th to 11th in the club rankings.

Southern Athletics League, Ware, 17 Aug 2024

Chris de Stefano improved on his own club veteran men's 400m record by 0.2 with 53.00 to strengthen his 6th place in the M40 national rankings.
Men
100m A 3rd Alessandro Pistilli 11.75 PB
100m B 5th Ryan Bullard 12.97 PB
200m A 6th Alessandro Pistilli 23.96 PB by 0.81

200m B 6th Ryan Bullard 27.17
PB
400m A 5th Chris de Stefano
53.00 Club VM Record, beating
his own 53.2; 6th M40 national
rankings
400m B 6th Ryan Bullard 60.03
PB, beating 60.4
800m A 2nd Brandon Ballard
2:00.08
800m B 3rd Bill Crowther
2:05.3
800m n/s Lewis Cummins
2:07.39; Simon Mead 2:22.36
(49th M50 national rankings);
Daniel Ryder 2:29.32; Jim
Stocker 3:04.29; Graham
Williams 3:23.78
1500m A 1st Christopher Smith
4:01.63
1500m B 2nd James Orrell
4:15.98 PB by 0.28
1500m n/s Graham Williams
6:56.32 24th M70 national
rankings
3000m A 1st Noah Scott-Donkin
8:54.7 PB by 5.1; 47th U17M
national rankings
3000m B 1st James Orrell 9:10.1
3000m n/s Mark Sampson
9:18.9 PB; 66th M35 national
rankings; Simon Bowman
9:51.5; Simon Mead 10:04.4 PB
by 4.6; 26th M50 national
rankings; Jim Stocker 13:26.1
110mH A 3rd Dan Steel 21.33
400mH A 4th Chris de Stefano
63.45 PB, beating 64.1; 5th M40
national rankings
400mH B 4th Dan Steel 77.11
2000mSC A 4th Chris de
Stefano 7:24.57 PB; 12th M40
national rankings
2000mSC B 3rd Ryan Bullard
8:28.95 PB
4x100m 4th Yinka, Chris,
Alessandro, Dan 47.58
Mixed 4x400m 6th James, Izzie,
Freya, Lewis 4:22.07
HJ A 4th Dan Steel 1.70
HJ B 5th Yinka Opaleye 1.45
LJ A 4th Dan Steel 5.75

LJ B 3rd Will Eason 5.58
PV A 3rd Dan Steel 3.05
PV B 1st Richard Phelan 2.65
TJ A 3rd Dan Steel 12.10
TJ B 4th Yinka Opaleye 9.37
SP A 3rd Steve Burke 9.74 PB
by 10 cms
SP B 4th Yinka Opaleye 8.55
SP n/s Kuldip Digtal 7.61
DT A 3rd Steve Burke 29.66
DT B 2nd Bob Ellingham 24.09
JT A 5th Kuldip Digtal 31.77
JT B 5th Steve Burke 28.73
HT A 2nd Steve Burke 37.41
HT B 1st Bob Ellingham 33.51

Women

100m A 5th Izzie Newman
14.03
200m A 6th Izzie Newman
29.26
400m A 5th Izzie Newman
67.29
400m B Amelia Darnell 73.30
800m A 5th Freya Harris
2:40.15
800m B 2nd Amelia Darnell
2:38.56
800m n/s Olivia Mead 2:36.43
1500m A 6th Olivia Mead
5:41.05
LJ A 5th Muna Mokah 3.90 PB
by 12 cms
HJ A 6th Freya Harris 1.13
PV A 1st Sandra Pedley 1.90
TJ A 5th Muna Mokah 8.49 PB
by 8 cms
SP A 3rd Tamzin Digtal-Race
8.55
SP B 6th Sandra Acton 3.17
DT A 5th Tamzin Digtal-Race
23.04
DT B 6th Sandra Acton 8.16
JT A 3rd Tamzin Digtal-Race
28.60
JT B 6th Sandra Acton 4.85
HT A 2nd Willow Bedding
45.50
HT B 1st Tamzin Digtal-Race
29.81

Jubilee Junior Parkrun,

18 Aug 2024

Iris Purser placed 2nd (1st girl)
with 8:06 to knock 25 secs off
her PB and jump from 6th to 4th
in the club all-time rankings.

Charnwood AC Open,

25 Aug 2024

1500m R1: 1st Jake Henson
(U13B) 5:13.48 (PB by 4.32)
1500m R2: 1st Boogie Gray
(U13B) 5:10.83 (PB by 2.55)
1500m R5: 1st Milo Gray
(U15B) 4:15.76 (fastest 1500m
of the 51 runners over the 5
races; awarded Star of the
Future trophy

Parkruns, 31 Aug 2024

The Huntingdon parkrun saw a
1-2-3 for Hunts AC with Dave
Hudson (15:58), James Orrell
(16:00) and Simon Mead
(17:07) filling those positions.
In 19th, and finishing as first
female, Rosie Mead ran a PB
21:13, improving her best by 5
seconds and consolidating her
16th place in the club all-time
rankings. Meanwhile, at Ferry
Meadows, Christina Cowles
clocked 21:47 for 52nd place
overall (and 1st SW30-34),
improving her PB by 26
seconds and moving up one
spot to 10th in the club all-time
rankings.

East Anglian League Final, Bury St Edmunds, 1 Sep 2024

Congratulations to our EAL
Final athletes.
Our final positions:
U13G – 2nd
U17W – 3rd
U15B – 3rd eq.
U17M – 5th
U15G – 7th
U13B – 7th
SM – 7th

Of the 17 clubs in the East Anglian League, 13 clubs had representation in at least one age group in the final. Adding all points across all age groups, the final tally was:
1st Norwich 998
2nd Ipswich 877.5
3rd Camb & Coleridge 651.5
4th Huntingdonshire AC 553.5
Congrats Hunts on a superb club effort.

Many, many thanks to those from our club who made it possible:

OFFICIALS & HELPERS

Sandra Pedley
Charlotte Bruce
Carol Darnell
Quinton Carroll
Sarah Newman
Jo Abel
Moji Opaleye
Lucy Waller
Dave Connell
Ellie Smith
Carl Rooney
Andi Pudney
James Wood
Emily Reddish
Sam Kelly
TEAM MANAGERS
Steve Burke
Amelia Darnell
Sam Darwin
Yinka Opaleye
Ryan Lydon
Wayne DuBose

A&B String Wins

U15B 100m A Kiyam Medina
U15B 1500m A Milo Gray
U15B 4x100m Harry Ward, Jacksen Hornagold, James Coleman, Kiyam Medina
U15B 300m B Jacksen Hornagold
U13G 1500m B Izzy Hilton
U15G SP B Eleanor Stewart
Highest-placed team
U13G 2nd

Results

U13B
100m A 7th Jamar Eason 15.2
100m B 7th Tobechei Mokah 15.6
200m A 6th Jamar Eason 31.5
200m B 4th Tobechei Mokah 32.0
1500m A 2nd Boogie Gray 5:19.7
1500m B 2nd Alastair Reddish 5:28.1
HJ A 7th Tobechei Mokah 1.25 (PB by 3 cms)
HJ B 2nd Owain Evans 1.25
SP A 8th James Peak 5.05 (PB by 45 cms)
SP B 6th Mark Lawson-Watkins 4.72 (PB by 12 cms)
DT A 8th Mark Lawson-Watkins 11.62
4x100m 6th James Peak, Tobechei Mokah, Alastair Reddish, Jamar Eason 60.7
Team result – 7th – 52 points
U15B
100m A 1st Kiyam Medina 11.9
100m B 2nd James Coleman 13.1
200m A 6th James Coleman 26.4
200m B 2nd Jacksen Hornagold 26.3
300m A 2nd Harry Ward 40.6
300m B 1st Jacksen Hornagold 41.2 PB by 1.12
800m A 3rd George Connell 2:16.9
800m B 2nd Charlie Irons 2:23.9
1500m A 1st Milo Gray 4:25.7
1500m B 4th Jake Johnson 5:43.3
HJ A 2nd Joshua Dawe 1.50 eq. PB
HJ B 2nd eq. Louis Spalding 1.10 PB
SP A 7th Joshua Dawe 7.81 PB by 43 cms
SP B 2nd Harry Ward 6.79
DT A 7th George Connell 14.04
JT A 7th Louis Spalding 17.44
PB by 3.96

JT B 6th George Connell 13.22
4x100m 1st Harry Ward, Jacksen Hornagold, James Coleman, Kiyam Medina 49.5
Team result – 3rd eq. – 103.5 points
U17M
100m A 5th Harry Exell 11.9
100m B 4th Benedict Scott 12.4
200m A 2nd Harry Exell 23.8
200m B 6th Alexander Scott 25.2
400m A 4th Liam Morris 58.1
800m A 3rd Daniel Brook 2:18.0
1500m A 3rd Ollie Albone 4:29.9
HJ A 3rd Benedict Scott 1.65 PB By 5 cms
LJ A 5th Alexander Scott 5.64 PB by 40 cms
LJ B 7th Zack Rodriquez 4.69 PB by 21 cms
SP A 5th Liam Morris 6.57 PB by 28 cms
JT A 2nd Daniel Butterworth 36.99
4x100m 4th Zack Rodriquez, Alexander Scott, Benedict Scott, Liam Morris 49.4
Team result – 5th – 64 points
SM
100m A 6th Chris de Stefano 12.4 PB
100m B 6th Yinka Opaleye 12.9
200m A 6th Zachary Dawe Bowes 25.2
200m B 4th Chris de Stefano 24.7
400m A 5th Zachary Bowes 54.5
400m B 2nd Chris de Stefano 54.0
HJ A 3rd Toby Carroll 1.60 PB by 5 cms
HJ B 4th Yinka Opaleye 1.45
LJ A 5th William Eason 5.52
LJ B 5th Yinka Opaleye 4.78
18th M50 national rankings
TJ A 5th Yinka Opaleye 9.13
23rd M50 national rankings
SP A 6th Toby Carroll 8.87 PB
SP B 4th Steve Burke 8.33

DT A 3rd Steve Burke 28.77
HT A 3rd Steve Burke 31.62
JT A 7th Steve Burke 28.88
JT B 4th Liam Campbell 26.71
Team result – 7th – 75 points

U13G

100m A 3rd Simone Scott 14.5
=PB
100m B 5th Tallulah-Mai
Jenkins 15.7
200m A 6th Kitty Kelly 30.5
200m B 2nd Simone Scott 30.9
PB
800m A 4th Kitty Kelly 2:41.7
800m B 2nd Isabella Smith
2:49.9 PB by 3.02
1500m A 2nd Iris Purser 5:22.1
1500m B 1st Izzy Hilton 5:58.9
70mH A 6th Hannah Darwin
15.0
70mH B 2nd Isabella Smith 14.9
PB by 0.3
HJ A 4th eq. Hannah Darwin
1.25 PB by 5 cms
HJ B 2nd eq. Talullah-Mai
Jenkins 1.20 PB by 5 cms
LJ A 5th Isabella Smith 3.84 PB
by 43 cms
LJ B 2nd Simone Scott 3.83 PB
by 50 cms
SP A 8th Tallulah-Mai Jenkins
5.16 PB by 40 cms
SP B 3rd Ellie Newman 4.84 PB
by 9 cms
DT A 7th Ellie Newman 12.58
PB by 2.83
JT A 6th Kitty Kelly 13.14
4x100m 3rd Kitty Kelly, Simone
Scott, Isabella Smith, Tallulah-
Mai Jenkins 58.4
Team result – 2nd – 97 points

U15G

100m A 6th Chloe Hays 14.5
100m B 3rd Freya Ambler 14.4
200m A 5th Chloe Hays 30.0
200m B 5th Summer Rooney
32.1
300m A 6th Annabel Lindsel
49.2

300m B 5th Summer Rooney
51.1
800m A 8th Immy Wood 2:54.1
800m B 6th Summer Rooney
3:02.5
1500m A 6th Imogen Reddish
6:17.9
HJ A 5th Anjola Opaleye 1.20
LJ A 5th Annabel Lindsell 3.80
LJ B 3rd Eleanor Stewart 3.65
SP A 4th Anjola Opaleye 8.93
PB by 26 cms
SP B 1st Eleanor Stewart 8.64
PB by 1.54
DT A 6th Anjola Opaleye 14.81
HT A 5th Eleanor Stewart 21.43
PB
4x100m 5th Anjola Opaleye,
Annabel Lindsell, Summer
Rooney, Chloe Hays 59.9
Team result – 7th – 69 points

U17W

100m A 4th Isla Wood 13.7
100m B 3rd Sarah-Renae Hall
13.8
200m A 6th Aimee Hays 28.7
200m B 2nd Isla Wood 28.4
300m A 4th Izzie Newman 45.9
800m A 5th Izzie Newman
2:43.3 PB by 1.4
1500m A 5th Freya Harris
5:53.0
80mH A 3rd Aimee Hays 18.1
HJ A 2nd Abi Pudney 1.40
LJ A 4th Abi Pudney 4.74
LJ B 3rd Molly Webster 4.31
TJ A 2nd Muna Mokah 8.38
SP A 5th Katie Gallacher 5.52
PB by 27 cms
DT A 3rd Abi Pudney 21.02 PB
by 9 cms
HT A 3rd Munah Mokah 31.06
PB by 4.28; 85th U17W national
rankings
JT A 4th Izzie Newman 15.56
PB by 1.74
4x100m 2nd Izzie Newman, Isla
Wood, Aimee Hays, Abi
Pudney 52.8
Team result – 3rd – 93 points

Storey's Field Parkrun,

7 Sep 2024

At Storey's Field Parkrun, 11-
year-old Alastair Reddish
placed 53rd with 20:05 which
improved his PB by 26 seconds
and moved him from 32nd to
30th in the club all-time
rankings.

Sawtry 10M, 8 Sep 2024

1st Dave Hudson 54:14.9 (13th
M40 national rankings)
2nd Mark Sampson 55:02.8 (PB
by 2:47; 90th M35 national
rankings)
6th Ty Farrer 59:01.8 (1st M50;
24th M50 national rankings)
7th Simon Mead 59:15.4 (2nd
M50; 26th M50 national
rankings)
16th Christopher Parson 61:46.6
(3rd M40)
56th Rosie Mead 71:42.0 (Club
U20W Record, beating Emma
Garwood 88:57 2005; 6th U20W
national rankings)
69th Jess Williams 73:56.7
82nd Harrison Evans 77:02.4
92nd Christina Cowles 78:20.3
(PB by 2:06)
113th Graham Williams 82:09.0
(1st M70; 32nd M70 national
rankings)
123rd Colette Guinea 83:46.8
PB
127th Yvonne Nelson 84:48.5
PB
167th Sunny Bulchandani
89:59.1 (PB by 1:18)
168th Pauline Stocker 90:38.6
(1st W60)
220th Adele Steele 1:44:30.9 PB
(281 finishers)
Men's Team Result
1st Hunts AC (Dave, Mark, Ty)
Women's Team Result
3rd Hunts AC (Rosie, Jess,
Christina)
Mixed Team Result
1st Hunts AC (Dave, Mark,
Rosie)